

# ran

**The past tense of run is ran**

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## The Forms of Run

|                    |                   |
|--------------------|-------------------|
| Infinitive         | <b>to run</b>     |
| Present Tense      | <b>run / runs</b> |
| Past Tense         | <b>ran</b>        |
| Present Participle | <b>running</b>    |
| Past Participle    | <b>run</b>        |

## Conjugate Run

### Run in Present Simple (Indefinite) Tense

**Singular      Plural**

I **run**                      We **run**  
You **run**                  You **run**  
He/She/It **runs**      They **run**

**Run in Present Continuous (Progressive) Tense**

**Singular                      Plural**

I **am running**              We **are running**  
You **are running**          You **are running**  
He/She/It **is running**      They **are running**

**Run in Present Perfect Tense**

**Singular                      Plural**

I **have run**                  We **have run**  
You **have run**              You **have run**  
He/She/It **has run**      They **have run**

**Run in Present Perfect Continuous Tense**

**Singular                      Plural**

I **have been running**          We **have been running**  
You **have been running**      You **have been running**  
He/She/It **has been running**      They **have been running**

**Run in Past Simple (Indefinite) Tense**

**Singular      Plural**

I **ran**                      We **ran**  
You **ran**                  You **ran**  
He/She/It **ran**      They **ran**

**Run in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was running            We were running  
You were running        You were running  
He/She/It was running    They were running

**Run in Past Perfect Tense**

**Singular**

**Plural**

I had run                We had run  
You had run            You had run  
He/She/It had run    They had run

**Run in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been running        We had been running  
You had been running      You had been running  
He/She/It had been running    They had been running

**Run in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will run                We will run  
You will run            You will run  
He/She/It will run    They will run

**Run in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be running        We will be running  
You will be running      You will be running  
He/She/It will be running    They will be running

**Run in Future Perfect Tense**

**Singular**

**Plural**

**I will have run**

**We will have run**

**You will have run**

**You will have run**

**He/She/It will have run**

**They will have run**

**Run in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been running**

**We will have been running**

**You will have been running**

**You will have been running**

**He/She/It will have been running**

**They will have been running**