

sained

The past tense of sain is sained

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The Forms of Sain

Infinitive	to sain
Present Tense	sain / sains
Past Tense	sained
Present Participle	saining
Past Participle	sained

Conjugate Sain

Sain in Present Simple (Indefinite) Tense

Singular Plural

I **sain** We **sain**
You **sain** You **sain**
He/She/It **sains** They **sain**

Sain in Present Continuous (Progressive) Tense

Singular Plural

I **am saining** We **are saining**
You **are saining** You **are saining**
He/She/It **is saining** They **are saining**

Sain in Present Perfect Tense

Singular Plural

I **have sained** We **have sained**
You **have sained** You **have sained**
He/She/It **has sained** They **have sained**

Sain in Present Perfect Continuous Tense

Singular Plural

I **have been saining** We **have been saining**
You **have been saining** You **have been saining**
He/She/It **has been saining** They **have been saining**

Sain in Past Simple (Indefinite) Tense

Singular Plural

I **sained** We **sained**
You **sained** You **sained**
He/She/It **sained** They **sained**

Sain in Past Continuous (Progressive) Tense

Singular

Plural

I **was saining** We **were saining**
You **were saining** You **were saining**
He/She/It **was saining** They **were saining**

Sain in Past Perfect Tense

Singular

Plural

I **had sained** We **had sained**
You **had sained** You **had sained**
He/She/It **had sained** They **had sained**

Sain in Past Perfect Continuous Tense

Singular

Plural

I **had been saining** We **had been saining**
You **had been saining** You **had been saining**
He/She/It **had been saining** They **had been saining**

Sain in Future Simple (Indefinite) Tense

Singular

Plural

I **will sain** We **will sain**
You **will sain** You **will sain**
He/She/It **will sain** They **will sain**

Sain in Future Continuous (Progressive) Tense

Singular

Plural

I **will be saining** We **will be saining**
You **will be saining** You **will be saining**
He/She/It **will be saining** They **will be saining**

Sain in Future Perfect Tense

Singular

Plural

I will have sained

We will have sained

You will have sained

You will have sained

He/She/It will have sained

They will have sained

Sain in Future Perfect Continuous Tense

Singular

Plural

I will have been saining

We will have been saining

You will have been saining

You will have been saining

He/She/It will have been saining

They will have been saining