

# sained

**The past tense of sain is sained**

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## The Forms of Sain

Infinitive	<b>to sain</b>
Present Tense	<b>sain / sains</b>
Past Tense	<b>sained</b>
Present Participle	<b>saining</b>
Past Participle	<b>sained</b>

## Conjugate Sain

### Sain in Present Simple (Indefinite) Tense

**Singular      Plural**

I **sain**                  We **sain**  
You **sain**              You **sain**  
He/She/It **sains**    They **sain**

**Sain in Present Continuous (Progressive) Tense**

**Singular                  Plural**

I **am saining**              We **are saining**  
You **are saining**        You **are saining**  
He/She/It **is saining**    They **are saining**

**Sain in Present Perfect Tense**

**Singular                  Plural**

I **have sained**              We **have sained**  
You **have sained**        You **have sained**  
He/She/It **has sained**    They **have sained**

**Sain in Present Perfect Continuous Tense**

**Singular                  Plural**

I **have been saining**        We **have been saining**  
You **have been saining**    You **have been saining**  
He/She/It **has been saining**    They **have been saining**

**Sain in Past Simple (Indefinite) Tense**

**Singular                  Plural**

I **sained**                  We **sained**  
You **sained**              You **sained**  
He/She/It **sained**        They **sained**

**Sain in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I **was saining**                      We **were saining**  
You **were saining**                You **were saining**  
He/She/It **was saining**        They **were saining**

**Sain in Past Perfect Tense**

**Singular**

**Plural**

I **had sained**                      We **had sained**  
You **had sained**                You **had sained**  
He/She/It **had sained**        They **had sained**

**Sain in Past Perfect Continuous Tense**

**Singular**

**Plural**

I **had been saining**                We **had been saining**  
You **had been saining**            You **had been saining**  
He/She/It **had been saining**    They **had been saining**

**Sain in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I **will sain**                      We **will sain**  
You **will sain**                You **will sain**  
He/She/It **will sain**        They **will sain**

**Sain in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I **will be saining**                We **will be saining**  
You **will be saining**            You **will be saining**  
He/She/It **will be saining**    They **will be saining**

**Sain in Future Perfect Tense**

**Singular**

**Plural**

**I will have sained**

**We will have sained**

**You will have sained**

**You will have sained**

**He/She/It will have sained**

**They will have sained**

**Sain in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been saining**

**We will have been saining**

**You will have been saining**

**You will have been saining**

**He/She/It will have been saining**

**They will have been saining**