

Need another word that means the same as “sanity”? Find 22 synonyms for “sanity” in this overview.

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**The synonyms of “Sanity” are: saneness, soundness of mind, balance, balance of mind, stability, reason, rationality, lucidity, lucidness, sense, senses, wits, normality, common sense, good sense, wisdom, prudence, judiciousness, practicality, reasonableness, soundness, sensibleness**

## Sanity as a Noun

### Definitions of "Sanity" as a noun

According to the [Oxford Dictionary of English](#), “sanity” as a noun can have the following definitions:

- *Reasonable and rational behaviour.*
- *Normal or sound powers of mind.*
- *The ability to think and behave in a normal and rational manner; sound mental health.*

### Synonyms of "Sanity" as a noun (22 Words)

<b>balance</b>	A weight that balances another weight. <i>He accumulated a healthy <b>balance</b> with the savings bank.</i>
<b>balance of mind</b>	A state of equilibrium.
<b>common sense</b>	A piece of open land for recreational use in an urban area.
<b>good sense</b>	Moral excellence or admirableness.
<b>judiciousness</b>	The trait of forming opinions by distinguishing and evaluating.
<b>lucidity</b>	Brightness; luminosity. <i>His lecture combined intellectual <b>lucidity</b> and passion.</i>

<b>lucidness</b>	Free from obscurity and easy to understand; the comprehensibility of clear expression.
<b>normality</b>	Something regarded as a normative example. <i>The office gradually returned to a semblance of <b>normality</b>.</i>
<b>practicality</b>	The aspects of a situation that involve the actual doing or experience of something rather than theories or ideas. <i>There are still major doubts about the <b>practicality</b> of the proposal.</i>
<b>prudence</b>	Knowing how to avoid embarrassment or distress. <i>We need to exercise <b>prudence</b> in such important matters.</i>
<b>rationality</b>	The quality of being based on or in accordance with reason or logic. <i>Like any phobia <b>rationality</b> plays only a small role.</i>
<b>reason</b>	What is right, practical, or possible; common sense. <i>I resigned for personal <b>reasons</b>.</i>
<b>reasonableness</b>	Goodness of reason and judgment. <i>Without greater <b>reasonableness</b> by both parties we will never settle this matter.</i>
<b>saneness</b>	Normal or sound powers of mind.
<b>sense</b>	Relating to or denoting a coding sequence of nucleotides complementary to an antisense sequence. <i>A <b>sense</b> of happiness.</i>
<b>senses</b>	A natural appreciation or ability. <i>In the dark he had to depend on touch and on his <b>senses</b> of smell and hearing.</i>
<b>sensibleness</b>	The quality of showing good sense or practical judgment.
<b>soundness</b>	The quality of being prudent and sensible. <i>You really have to question the <b>soundness</b> of these measures.</i>
<b>soundness of mind</b>	The muscle tone of healthy tissue.
<b>stability</b>	The quality or attribute of being firm and steadfast. <i>There are fears for the political <b>stability</b> of the area.</i>
<b>wisdom</b>	An Apocryphal book consisting mainly of a meditation on wisdom although ascribed to Solomon it was probably written in the first century BC. <i>Eastern <b>wisdom</b>.</i>
<b>wits</b>	The basic human power of intelligent thought and perception. <i>I was scared out of my <b>wits</b>.</i>

## Usage Examples of "Sanity" as a noun

- *The next few years saw several appeals for sanity from top scientists.*
- *I began to doubt my own sanity.*