

Need another word that means the same as “sedentary”? Find 6 synonyms and 30 related words for “sedentary” in this overview.

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**The synonyms of “Sedentary” are: sitting, seated, desk-bound, inactive, still, stationary**

## **Sedentary as an Adjective**

### **Definitions of "Sedentary" as an adjective**

According to the [Oxford Dictionary of English](#), “sedentary” as an adjective can have the following definitions:

- *(of an animal) sessile.*
- *(of work or a way of life) characterized by much sitting and little physical exercise.*
- *Inhabiting the same locality throughout life; not migratory or nomadic.*
- *(of a position) sitting; seated.*
- *Requiring sitting or little activity.*
- *(of a person) tending to spend much time seated; somewhat inactive.*



## Synonyms of "Sedentary" as an adjective (6 Words)

**desk-bound** Restricted to working in an office rather than in an active physical capacity.

**inactive** Not participating in a chemical reaction; chemically inert.  
*Inactive accounts.*

**seated** Sitting down.  
*The audience remained **seated**.*

**sitting** (of a hen or other bird) settled on eggs for the purpose of incubating them.  
*A **sitting** position.*

**stationary** Standing still.  
*The car remained **stationary** with the engine running.*

**still** (of a body of water) free from disturbance by heavy waves.  
*She sat very **still** her eyes closed.*



## Usage Examples of "Sedentary" as an adjective

- *We all walk a certain amount every day even if we are sedentary.*
- *Forced by illness to lead a sedentary life.*
- *He spoke from a sedentary position.*
- *A tribe of sedentary agriculturists.*
- *A sedentary lifestyle spells bad news for hips and thighs.*

## Associations of "Sedentary" (30 Words)

- already** Prior to a specified or implied time.  
*It was **already** past four o'clock.*
- complacency** The feeling you have when you are satisfied with yourself.  
*His **complacency** was absolutely disgusting.*
- constancy** The quality of being enduring and free from change or variation.  
*Early mariners relied on the **constancy** of the trade winds.*



<b>dormant</b>	In a condition of biological rest or suspended animation. <i>That <b>dormant</b> urge to write fiction has re emerged.</i>
<b>fixed</b>	Of a number having a fixed and unchanging value. <i>A <b>fixed</b> smile.</i>
<b>idleness</b>	The trait of being idle out of a reluctance to work. <i>We suffered a period of enforced <b>idleness</b>.</i>
<b>immobile</b>	Not capable of movement or of being moved. <i>She sat <b>immobile</b> for a long time.</i>
<b>immobility</b>	The quality of not moving. <i>The disorder is caused by long periods of <b>immobility</b>.</i>
<b>immovable</b>	Immovable property. <i>The <b>immovable</b> hills.</i>
<b>inaction</b>	The state of being inactive. <i>Future generations will condemn us for <b>inaction</b>.</i>
<b>inactive</b>	Not exerting influence or change. <i>The <b>inactive</b> X chromosome.</i>
<b>inactivity</b>	A disposition to remain inactive or inert. <i>Don't suddenly take up violent exercise after years of <b>inactivity</b>.</i>
<b>inert</b>	Unable to move or resist motion. <i>An <b>inert</b> political system.</i>
<b>lull</b>	Calm by deception. <i>Conversation <b>lulled</b> for an hour.</i>
<b>motionless</b>	Not in physical motion. <i>An eagle hung almost <b>motionless</b> close to the ground.</i>
<b>nonetheless</b>	Despite anything to the contrary (usually following a concession). <i>The rally which the government had declared illegal was <b>nonetheless</b> attended by some 6 000.</i>
<b>quiescence</b>	Inactivity or dormancy. <i>This method has been shown to induce sleep like <b>quiescence</b> in adult animals.</i>
<b>quiescent</b>	Marked by a state of tranquil repose. <i>The <b>quiescent</b> melancholy of the town.</i>
<b>ready</b>	Make ready or suitable or equip in advance for a particular purpose or for some use event etc. <i><b>Ready</b> to learn to read.</i>
<b>settled</b>	Not changeable. <i>A period of <b>settled</b> weather.</i>

<b><u>stable</u></b>	Shelter in a stable. <i>Prices have remained relatively <b>stable</b>.</i>
<b>standing</b>	Executed in or initiated from a standing position. <i>A <b>standing</b> army.</i>
<b><u>static</u></b>	Concerned with or producing or caused by static electricity. <i>The reception was going sour breaking up into <b>static</b>.</i>
<b>statics</b>	The branch of mechanics concerned with forces in equilibrium.
<b><u>stationary</u></b>	Not moving or not intended to be moved. <i><b>Stationary</b> machinery.</i>
<b>steadfast</b>	Resolutely or dutifully firm and unwavering. <i><b>Steadfast</b> loyalty.</i>
<b>still</b>	A plant and works where alcoholic drinks are made by distillation. <i>Film <b>stills</b>.</i>
<b>torpid</b>	In a condition of biological rest or suspended animation. <i><b>Torpid</b> frogs.</i>
<b>tranquelize</b>	Cause to be calm or quiet as by administering a sedative to.
<b>unmoving</b>	Not stirring any emotion. <i>This must be the most <b>unmoving</b> performance of Verdi's opera ever recorded.</i>