

Need another word that means the same as “sedentary”? Find 6 synonyms and 30 related words for “sedentary” in this overview.

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The synonyms of “Sedentary” are: sitting, seated, desk-bound, inactive, still, stationary

Sedentary as an Adjective

Definitions of "Sedentary" as an adjective

According to the [Oxford Dictionary of English](#), “sedentary” as an adjective can have the following definitions:

- *(of an animal) sessile.*
- *(of work or a way of life) characterized by much sitting and little physical exercise.*
- *Inhabiting the same locality throughout life; not migratory or nomadic.*
- *(of a position) sitting; seated.*
- *Requiring sitting or little activity.*
- *(of a person) tending to spend much time seated; somewhat inactive.*



Synonyms of "Sedentary" as an adjective (6 Words)

desk-bound Restricted to working in an office rather than in an active physical capacity.

inactive Not participating in a chemical reaction; chemically inert.
Inactive accounts.

seated Sitting down.
*The audience remained **seated**.*

sitting (of a hen or other bird) settled on eggs for the purpose of incubating them.
*A **sitting** position.*

stationary Standing still.
*The car remained **stationary** with the engine running.*

still (of a body of water) free from disturbance by heavy waves.
*She sat very **still** her eyes closed.*



Usage Examples of "Sedentary" as an adjective

- *We all walk a certain amount every day even if we are sedentary.*
- *Forced by illness to lead a sedentary life.*
- *He spoke from a sedentary position.*
- *A tribe of sedentary agriculturists.*
- *A sedentary lifestyle spells bad news for hips and thighs.*

Associations of "Sedentary" (30 Words)

- already** Prior to a specified or implied time.
*It was **already** past four o'clock.*
- complacency** The feeling you have when you are satisfied with yourself.
*His **complacency** was absolutely disgusting.*
- constancy** The quality of being enduring and free from change or variation.
*Early mariners relied on the **constancy** of the trade winds.*

dormant	In a condition of biological rest or suspended animation. <i>That dormant urge to write fiction has re emerged.</i>
fixed	Of a number having a fixed and unchanging value. <i>A fixed smile.</i>
idleness	The trait of being idle out of a reluctance to work. <i>We suffered a period of enforced idleness.</i>
immobile	Not capable of movement or of being moved. <i>She sat immobile for a long time.</i>
immobility	The quality of not moving. <i>The disorder is caused by long periods of immobility.</i>
immovable	Immovable property. <i>The immovable hills.</i>
inaction	The state of being inactive. <i>Future generations will condemn us for inaction.</i>
inactive	Not exerting influence or change. <i>The inactive X chromosome.</i>
inactivity	A disposition to remain inactive or inert. <i>Don t suddenly take up violent exercise after years of inactivity.</i>
inert	Unable to move or resist motion. <i>An inert political system.</i>
lull	Calm by deception. <i>Conversation lulled for an hour.</i>
motionless	Not in physical motion. <i>An eagle hung almost motionless close to the ground.</i>
nonetheless	Despite anything to the contrary (usually following a concession). <i>The rally which the government had declared illegal was nonetheless attended by some 6 000.</i>
quiescence	Inactivity or dormancy. <i>This method has been shown to induce sleep like quiescence in adult animals.</i>
quiescent	Marked by a state of tranquil repose. <i>The quiescent melancholy of the town.</i>
ready	Make ready or suitable or equip in advance for a particular purpose or for some use event etc. <i>Ready to learn to read.</i>
settled	Not changeable. <i>A period of settled weather.</i>

<u>stable</u>	Shelter in a stable. <i>Prices have remained relatively stable.</i>
standing	Executed in or initiated from a standing position. <i>A standing army.</i>
<u>static</u>	Concerned with or producing or caused by static electricity. <i>The reception was going sour breaking up into static.</i>
statics	The branch of mechanics concerned with forces in equilibrium.
<u>stationary</u>	Not moving or not intended to be moved. <i>Stationary machinery.</i>
steadfast	Resolutely or dutifully firm and unwavering. <i>Steadfast loyalty.</i>
still	A plant and works where alcoholic drinks are made by distillation. <i>Film stills.</i>
torpid	In a condition of biological rest or suspended animation. <i>Torpid frogs.</i>
tranquelize	Cause to be calm or quiet as by administering a sedative to.
unmoving	Not stirring any emotion. <i>This must be the most unmoving performance of Verdi's opera ever recorded.</i>