

self-harmed

The past tense of self-harm is self-harmed

Table Of Contents:

- [self-harmed](#)
- [The Forms of Self-harm](#)
- [Conjugate Self-harm](#)
- [Self-harm in Present Simple \(Indefinite\) Tense](#)
- [Self-harm in Present Continuous \(Progressive\) Tense](#)
- [Self-harm in Present Perfect Tense](#)
- [Self-harm in Present Perfect Continuous Tense](#)
- [Self-harm in Past Simple \(Indefinite\) Tense](#)
- [Self-harm in Past Continuous \(Progressive\) Tense](#)
- [Self-harm in Past Perfect Tense](#)
- [Self-harm in Past Perfect Continuous Tense](#)
- [Self-harm in Future Simple \(Indefinite\) Tense](#)
- [Self-harm in Future Continuous \(Progressive\) Tense](#)
- [Self-harm in Future Perfect Tense](#)
- [Self-harm in Future Perfect Continuous Tense](#)

The Forms of Self-harm

Infinitive	to self-harm
Present Tense	self-harm / self-harms
Past Tense	self-harmed
Present Participle	self-harming
Past Participle	self-harmed

Conjugate Self-harm

Self-harm in Present Simple (Indefinite) Tense

Singular

Plural

I **self-harm** We **self-harm**
You **self-harm** You **self-harm**
He/She/It **self-harms** They **self-harm**

Self-harm in Present Continuous (Progressive) Tense

Singular

Plural

I **am self-harming** We **are self-harming**
You **are self-harming** You **are self-harming**
He/She/It **is self-harming** They **are self-harming**

Self-harm in Present Perfect Tense

Singular

Plural

I **have self-harmed** We **have self-harmed**
You **have self-harmed** You **have self-harmed**
He/She/It **has self-harmed** They **have self-harmed**

Self-harm in Present Perfect Continuous Tense

Singular

Plural

I **have been self-harming** We **have been self-harming**
You **have been self-harming** You **have been self-harming**
He/She/It **has been self-harming** They **have been self-harming**

Self-harm in Past Simple (Indefinite) Tense

Singular

Plural

I **self-harmed** We **self-harmed**
You **self-harmed** You **self-harmed**
He/She/It **self-harmed** They **self-harmed**

Self-harm in Past Continuous (Progressive) Tense

Singular

Plural

I was self-harming We were self-harming
You were self-harming You were self-harming
He/She/It was self-harming They were self-harming

Self-harm in Past Perfect Tense

Singular

Plural

I had self-harmed We had self-harmed
You had self-harmed You had self-harmed
He/She/It had self-harmed They had self-harmed

Self-harm in Past Perfect Continuous Tense

Singular

Plural

I had been self-harming We had been self-harming
You had been self-harming You had been self-harming
He/She/It had been self-harming They had been self-harming

Self-harm in Future Simple (Indefinite) Tense

Singular

Plural

I will self-harm We will self-harm
You will self-harm You will self-harm
He/She/It will self-harm They will self-harm

Self-harm in Future Continuous (Progressive) Tense

Singular

Plural

I will be self-harming We will be self-harming
You will be self-harming You will be self-harming
He/She/It will be self-harming They will be self-harming

Self-harm in Future Perfect Tense

Singular

Plural

I will have self-harmed

We will have self-harmed

You will have self-harmed

You will have self-harmed

He/She/It will have self-harmed

They will have self-harmed

Self-harm in Future Perfect Continuous Tense

Singular

Plural

I will have been self-harming

We will have been self-harming

You will have been self-harming

You will have been self-harming

He/She/It will have been self-harming

They will have been self-harming