

# self-sabotaged

**The past tense of self-sabotage is self-sabotaged**

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## The Forms of Self-sabotage

Infinitive	<b>to self-sabotage</b>
Present Tense	<b>self-sabotage / self-sabotages</b>
Past Tense	<b>self-sabotaged</b>
Present Participle	<b>self-sabotaging</b>
Past Participle	<b>self-sabotaged</b>

## Conjugate Self-sabotage

**Self-sabotage in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **self-sabotage**                      We **self-sabotage**  
You **self-sabotage**                  You **self-sabotage**  
He/She/It **self-sabotages**      They **self-sabotage**

**Self-sabotage in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am self-sabotaging**              We **are self-sabotaging**  
You **are self-sabotaging**        You **are self-sabotaging**  
He/She/It **is self-sabotaging**    They **are self-sabotaging**

**Self-sabotage in Present Perfect Tense**

**Singular**

**Plural**

I **have self-sabotaged**              We **have self-sabotaged**  
You **have self-sabotaged**        You **have self-sabotaged**  
He/She/It **has self-sabotaged**    They **have self-sabotaged**

**Self-sabotage in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been self-sabotaging**      We **have been self-sabotaging**  
You **have been self-sabotaging**    You **have been self-sabotaging**  
He/She/It **has been self-sabotaging**    They **have been self-sabotaging**

**Self-sabotage in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **self-sabotaged**                      We **self-sabotaged**  
You **self-sabotaged**                  You **self-sabotaged**  
He/She/It **self-sabotaged**        They **self-sabotaged**

**Self-sabotage in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I **was self-sabotaging**      We **were self-sabotaging**  
You **were self-sabotaging**      You **were self-sabotaging**  
He/She/It **was self-sabotaging**      They **were self-sabotaging**

**Self-sabotage in Past Perfect Tense**

**Singular**

**Plural**

I **had self-sabotaged**      We **had self-sabotaged**  
You **had self-sabotaged**      You **had self-sabotaged**  
He/She/It **had self-sabotaged**      They **had self-sabotaged**

**Self-sabotage in Past Perfect Continuous Tense**

**Singular**

**Plural**

I **had been self-sabotaging**      We **had been self-sabotaging**  
You **had been self-sabotaging**      You **had been self-sabotaging**  
He/She/It **had been self-sabotaging**      They **had been self-sabotaging**

**Self-sabotage in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I **will self-sabotage**      We **will self-sabotage**  
You **will self-sabotage**      You **will self-sabotage**  
He/She/It **will self-sabotage**      They **will self-sabotage**

**Self-sabotage in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I **will be self-sabotaging**      We **will be self-sabotaging**  
You **will be self-sabotaging**      You **will be self-sabotaging**  
He/She/It **will be self-sabotaging**      They **will be self-sabotaging**

**Self-sabotage in Future Perfect Tense**

**Singular**

**Plural**

**I will have self-sabotaged**

**We will have self-sabotaged**

**You will have self-sabotaged**

**You will have self-sabotaged**

**He/She/It will have self-sabotaged** **They will have self-sabotaged**

**Self-sabotage in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been self-sabotaging**

**We will have been self-sabotaging**

**You will have been self-sabotaging**

**You will have been self-sabotaging**

**He/She/It will have been self-sabotaging** **They will have been self-sabotaging**