

# sat

**The past tense of sit is sat**

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## The Forms of Sit

Infinitive	<b>to sit</b>
Present Tense	<b>sit / sits</b>
Past Tense	<b>sat</b>
Present Participle	<b>sitting</b>
Past Participle	<b>sitten (archaic, dialectal) or sat</b>

## Conjugate Sit

**Sit in Present Simple (Indefinite) Tense**

**Singular      Plural**

I **sit**                      We **sit**  
You **sit**                You **sit**  
He/She/It **sits**      They **sit**

**Sit in Present Continuous (Progressive) Tense**

**Singular                      Plural**

I **am sitting**              We **are sitting**  
You **are sitting**        You **are sitting**  
He/She/It **is sitting**    They **are sitting**

**Sit in Present Perfect Tense**

**Singular**

**Plural**

I **have sitten (archaic, dialectal) or sat**      We **have sitten (archaic, dialectal) or sat**  
You **have sitten (archaic, dialectal) or sat**    You **have sitten (archaic, dialectal) or sat**  
He/She/It **has sitten (archaic, dialectal) or sat**    They **have sitten (archaic, dialectal) or sat**

**Sit in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been sitting**              We **have been sitting**  
You **have been sitting**        You **have been sitting**  
He/She/It **has been sitting**    They **have been sitting**

**Sit in Past Simple (Indefinite) Tense**

**Singular      Plural**

I **sat**                      We **sat**  
You **sat**                You **sat**  
He/She/It **sat**      They **sat**

## Sit in Past Continuous (Progressive) Tense

### Singular

I **was sitting**

You **were sitting**

He/She/It **was sitting**

### Plural

We **were sitting**

You **were sitting**

They **were sitting**

## Sit in Past Perfect Tense

### Singular

I **had sitten (archaic, dialectal) or sat**

You **had sitten (archaic, dialectal) or sat**

He/She/It **had sitten (archaic, dialectal) or sat**

### Plural

We **had sitten (archaic, dialectal) or sat**

You **had sitten (archaic, dialectal) or sat**

They **had sitten (archaic, dialectal) or sat**

## Sit in Past Perfect Continuous Tense

### Singular

I **had been sitting**

You **had been sitting**

He/She/It **had been sitting**

### Plural

We **had been sitting**

You **had been sitting**

They **had been sitting**

## Sit in Future Simple (Indefinite) Tense

### Singular

I **will sit**

You **will sit**

He/She/It **will sit**

### Plural

We **will sit**

You **will sit**

They **will sit**

## Sit in Future Continuous (Progressive) Tense

### Singular

I **will be sitting**

You **will be sitting**

He/She/It **will be sitting**

### Plural

We **will be sitting**

You **will be sitting**

They **will be sitting**

## Sit in Future Perfect Tense

### Singular

I **will have sitten (archaic, dialectal) or sat**

You **will have sitten (archaic, dialectal) or sat**

He/She/It **will have sitten (archaic, dialectal) or sat**

### Plural

We **will have sitten (archaic, dialectal) or sat**

You **will have sitten (archaic, dialectal) or sat**

They **will have sitten (archaic, dialectal) or sat**

## Sit in Future Perfect Continuous Tense

### Singular

I **will have been sitting**

You **will have been sitting**

He/She/It **will have been sitting**

### Plural

We **will have been sitting**

You **will have been sitting**

They **will have been sitting**