

sophronized

The past tense of sophronize is sophronized

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The Forms of Sophronize

Infinitive	to sophronize
Present Tense	sophronize / sophronizes
Past Tense	sophronized
Present Participle	sophronizing
Past Participle	sophronized

Conjugate Sophronize

Sophronize in Present Simple (Indefinite) Tense

Singular

Plural

I **sophronize** We **sophronize**
You **sophronize** You **sophronize**
He/She/It **sophronizes** They **sophronize**

Sophronize in Present Continuous (Progressive) Tense

Singular

Plural

I **am sophronizing** We **are sophronizing**
You **are sophronizing** You **are sophronizing**
He/She/It **is sophronizing** They **are sophronizing**

Sophronize in Present Perfect Tense

Singular

Plural

I **have sophronized** We **have sophronized**
You **have sophronized** You **have sophronized**
He/She/It **has sophronized** They **have sophronized**

Sophronize in Present Perfect Continuous Tense

Singular

Plural

I **have been sophronizing** We **have been sophronizing**
You **have been sophronizing** You **have been sophronizing**
He/She/It **has been sophronizing** They **have been sophronizing**

Sophronize in Past Simple (Indefinite) Tense

Singular

Plural

I **sophronized** We **sophronized**
You **sophronized** You **sophronized**
He/She/It **sophronized** They **sophronized**

Sophronize in Past Continuous (Progressive) Tense

Singular

Plural

I **was sophronizing** We **were sophronizing**
You **were sophronizing** You **were sophronizing**
He/She/It **was sophronizing** They **were sophronizing**

Sophronize in Past Perfect Tense

Singular

Plural

I **had sophronized** We **had sophronized**
You **had sophronized** You **had sophronized**
He/She/It **had sophronized** They **had sophronized**

Sophronize in Past Perfect Continuous Tense

Singular

Plural

I **had been sophronizing** We **had been sophronizing**
You **had been sophronizing** You **had been sophronizing**
He/She/It **had been sophronizing** They **had been sophronizing**

Sophronize in Future Simple (Indefinite) Tense

Singular

Plural

I **will sophronize** We **will sophronize**
You **will sophronize** You **will sophronize**
He/She/It **will sophronize** They **will sophronize**

Sophronize in Future Continuous (Progressive) Tense

Singular

Plural

I **will be sophronizing** We **will be sophronizing**
You **will be sophronizing** You **will be sophronizing**
He/She/It **will be sophronizing** They **will be sophronizing**

Sophronize in Future Perfect Tense

Singular

Plural

I will have sophronized

We will have sophronized

You will have sophronized

You will have sophronized

He/She/It will have sophronized **They will have sophronized**

Sophronize in Future Perfect Continuous Tense

Singular

Plural

I will have been sophronizing

We will have been sophronizing

You will have been sophronizing

You will have been sophronizing

He/She/It will have been sophronizing **They will have been sophronizing**