

# sophronized

**The past tense of sophronize is sophronized**

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## The Forms of Sophronize

Infinitive	<b>to sophronize</b>
Present Tense	<b>sophronize / sophronizes</b>
Past Tense	<b>sophronized</b>
Present Participle	<b>sophronizing</b>
Past Participle	<b>sophronized</b>

## Conjugate Sophronize

**Sophronize in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **sophronize**                      We **sophronize**  
You **sophronize**                You **sophronize**  
He/She/It **sophronizes**      They **sophronize**

**Sophronize in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am sophronizing**              We **are sophronizing**  
You **are sophronizing**        You **are sophronizing**  
He/She/It **is sophronizing**    They **are sophronizing**

**Sophronize in Present Perfect Tense**

**Singular**

**Plural**

I **have sophronized**              We **have sophronized**  
You **have sophronized**        You **have sophronized**  
He/She/It **has sophronized**    They **have sophronized**

**Sophronize in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been sophronizing**      We **have been sophronizing**  
You **have been sophronizing**    You **have been sophronizing**  
He/She/It **has been sophronizing**    They **have been sophronizing**

**Sophronize in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **sophronized**                      We **sophronized**  
You **sophronized**                You **sophronized**  
He/She/It **sophronized**        They **sophronized**

**Sophronize in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was **sophronizing**      We were **sophronizing**  
You were **sophronizing**      You were **sophronizing**  
He/She/It was **sophronizing**      They were **sophronizing**

**Sophronize in Past Perfect Tense**

**Singular**

**Plural**

I had **sophronized**      We had **sophronized**  
You had **sophronized**      You had **sophronized**  
He/She/It had **sophronized**      They had **sophronized**

**Sophronize in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been **sophronizing**      We had been **sophronizing**  
You had been **sophronizing**      You had been **sophronizing**  
He/She/It had been **sophronizing**      They had been **sophronizing**

**Sophronize in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will **sophronize**      We will **sophronize**  
You will **sophronize**      You will **sophronize**  
He/She/It will **sophronize**      They will **sophronize**

**Sophronize in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be **sophronizing**      We will be **sophronizing**  
You will be **sophronizing**      You will be **sophronizing**  
He/She/It will be **sophronizing**      They will be **sophronizing**

**Sophronize in Future Perfect Tense**

**Singular**

**Plural**

**I will have sophronized**

**We will have sophronized**

**You will have sophronized**

**You will have sophronized**

**He/She/It will have sophronized**

**They will have sophronized**

**Sophronize in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been sophronizing**

**We will have been sophronizing**

**You will have been sophronizing**

**You will have been sophronizing**

**He/She/It will have been sophronizing**

**They will have been sophronizing**