

# sophronized

**The past tense of sophronize is sophronized**

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## The Forms of Sophronize

Infinitive	<b>to sophronize</b>
Present Tense	<b>sophronize / sophronizes</b>
Past Tense	<b>sophronized</b>
Present Participle	<b>sophronizing</b>
Past Participle	<b>sophronized</b>

## Conjugate Sophronize

**Sophronize in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **sophronize**                      We **sophronize**  
You **sophronize**                You **sophronize**  
He/She/It **sophronizes**      They **sophronize**

**Sophronize in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am sophronizing**              We **are sophronizing**  
You **are sophronizing**        You **are sophronizing**  
He/She/It **is sophronizing**    They **are sophronizing**

**Sophronize in Present Perfect Tense**

**Singular**

**Plural**

I **have sophronized**              We **have sophronized**  
You **have sophronized**        You **have sophronized**  
He/She/It **has sophronized**    They **have sophronized**

**Sophronize in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been sophronizing**        We **have been sophronizing**  
You **have been sophronizing**    You **have been sophronizing**  
He/She/It **has been sophronizing**    They **have been sophronizing**

**Sophronize in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **sophronized**                      We **sophronized**  
You **sophronized**                You **sophronized**  
He/She/It **sophronized**        They **sophronized**

**Sophronize in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I **was sophronizing**      We **were sophronizing**  
You **were sophronizing**      You **were sophronizing**  
He/She/It **was sophronizing**      They **were sophronizing**

**Sophronize in Past Perfect Tense**

**Singular**

**Plural**

I **had sophronized**      We **had sophronized**  
You **had sophronized**      You **had sophronized**  
He/She/It **had sophronized**      They **had sophronized**

**Sophronize in Past Perfect Continuous Tense**

**Singular**

**Plural**

I **had been sophronizing**      We **had been sophronizing**  
You **had been sophronizing**      You **had been sophronizing**  
He/She/It **had been sophronizing**      They **had been sophronizing**

**Sophronize in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I **will sophronize**      We **will sophronize**  
You **will sophronize**      You **will sophronize**  
He/She/It **will sophronize**      They **will sophronize**

**Sophronize in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I **will be sophronizing**      We **will be sophronizing**  
You **will be sophronizing**      You **will be sophronizing**  
He/She/It **will be sophronizing**      They **will be sophronizing**

**Sophronize in Future Perfect Tense**

**Singular**

**Plural**

**I will have sophronized**

**We will have sophronized**

**You will have sophronized**

**You will have sophronized**

**He/She/It will have sophronized**

**They will have sophronized**

**Sophronize in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been sophronizing**

**We will have been sophronizing**

**You will have been sophronizing**

**You will have been sophronizing**

**He/She/It will have been sophronizing**

**They will have been sophronizing**