

Need another word that means the same as “sorrow”? Find 66 synonyms and 30 related words for “sorrow” in this overview.

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**The synonyms of “Sorrow” are: grief, regret, rue, ruefulness, sadness, sorrowfulness, unhappiness, dejection, depression, misery, cheerlessness, downheartedness, despondency, despair, desolation, wretchedness, glumness, gloom, gloominess, heaviness of heart, dolefulness, melancholy, low spirits, mournfulness, woe, heartache, trouble, difficulty, problem, adversity, affliction, trial, tribulation, misfortune, reverse of fortune, misadventure, mishap, stroke of bad luck, setback, reverse, blow, failure, accident, disaster, tragedy, catastrophe, calamity, grieve, be sad, feel sad, be miserable, be despondent, suffer, ache, agonize, anguish, be wretched, be dejected, be heavy of heart, pine, weep, shed tears, mourn, lament, wail**

## Sorrow as a Noun

### Definitions of "Sorrow" as a noun

According to the [Oxford Dictionary of English](#), “sorrow” as a noun can have the following definitions:

- *Sadness associated with some wrong done or some disappointment.*
- *The state of being sad.*
- *A feeling of deep distress caused by loss, disappointment, or other misfortune suffered by oneself or others.*

- *The outward expression of grief; lamentation.*
- *Something that causes great unhappiness.*
- *An event or circumstance that causes sorrow.*
- *An emotion of great sadness associated with loss or bereavement.*



## Synonyms of "Sorrow" as a noun (47 Words)

### [accident](#)

A crash involving road or other vehicles.  
*He had a little **accident** but I washed his shorts out.*

### [adversity](#)

A stroke of ill fortune; a calamitous event.  
*Resilience in the face of **adversity**.*

### **affliction**

An instance of one celestial body afflicting another.  
*Poor people in great **affliction**.*

### **blow**

An act of blowing an instrument.  
*He gave his nose a loud **blow**.*

<b>calamity</b>	An event causing great and often sudden damage or distress; a disaster. <i>Emergency measures may be necessary in order to avert a <b>calamity</b>.</i>
<b>catastrophe</b>	Something very unfortunate or unsuccessful. <i>Inaction will only bring us closer to <b>catastrophe</b>.</i>
<b>cheerlessness</b>	A feeling of dreary or pessimistic sadness.
<b>dejection</b>	A state of melancholy depression. <i>He was slumped in deep <b>dejection</b>.</i>
<b>depression</b>	A period during the 1930s when there was a worldwide economic depression and mass unemployment. <i>Hurricanes start off as loose regions of bad weather known as tropical <b>depressions</b>.</i>
<b>desolation</b>	The state of being decayed or destroyed. <i>The stony <b>desolation</b> of the desert.</i>
<b>despair</b>	The complete loss or absence of hope. <i>A voice full of self hatred and <b>despair</b>.</i>
<b>despondency</b>	Low spirits from loss of hope or courage; dejection. <i>An air of <b>despondency</b>.</i>
<b>difficulty</b>	A condition or state of affairs almost beyond one's ability to deal with and requiring great effort to bear or overcome. <i>Had <b>difficulty</b> walking.</i>
<b>disaster</b>	Denoting a genre of films that use natural or accidental catastrophe as the mainspring of plot and setting. <i>Reduced legal aid could spell financial <b>disaster</b>.</i>
<b>dolefulness</b>	Sadness caused by grief or affliction.
<b>downheartedness</b>	A feeling of low spirits.
<b>failure</b>	A person with a record of failing; someone who loses consistently. <i>That year there was a crop <b>failure</b>.</i>
<b>gloom</b>	A dark or shady place. <i><b>Gloom</b> pervaded the office.</i>
<b>gloominess</b>	An atmosphere of depression and melancholy.
<b>glumness</b>	An atmosphere of depression and melancholy.
<b>grief</b>	Something that causes great unhappiness. <i>Time heals <b>griefs</b> and quarrels.</i>
<b>heartache</b>	Emotional anguish or grief, typically caused by the loss or absence of someone loved. <i>The familiar pang of <b>heartache</b>.</i>

<b>heaviness of heart</b>	Persisting sadness.
<b>low spirits</b>	An air mass of lower pressure; often brings precipitation.
<b><u>melancholy</u></b>	A humor that was once believed to be secreted by the kidneys or spleen and to cause sadness and melancholy. <i>He had an ability to convey a sense of deep <b>melancholy</b> and yearning through much of his work.</i>
<b>misadventure</b>	An instance of misfortune. <i>The coroner recorded a verdict of death by <b>misadventure</b>.</i>
<b><u>misery</u></b>	A state or feeling of great physical or mental distress or discomfort. <i>The <b>misery</b> of the miner's existence.</i>
<b><u>misfortune</u></b>	An unfortunate condition or event. <i>Never laugh at other people's <b>misfortunes</b>.</i>
<b><u>mishap</u></b>	An instance of misfortune. <i>The event passed without <b>mishap</b>.</i>
<b>mournfulness</b>	The passionate and demonstrative activity of expressing grief.
<b>problem</b>	A source of difficulty. <i>Urban <b>problems</b> such as traffic congestion and smog.</i>
<b>regret</b>	A feeling of sadness, repentance, or disappointment over an occurrence or something that one has done or failed to do. <i>Please give your grandmother my <b>regrets</b>.</i>
<b>reverse</b>	A play in which a player reverses the direction of attack by passing the ball to a teammate moving in the opposite direction. <i>The gall actuates a <b>reverse</b> of photosynthesis.</i>
<b>reverse of fortune</b>	Turning in the opposite direction.
<b>rue</b>	Compassion; pity. <i>Tears of pitying <b>rue</b>.</i>
<b>ruefulness</b>	Sadness associated with some wrong done or some disappointment.
<b>sadness</b>	Emotions experienced when not in a state of well-being. <i>She tired of his perpetual <b>sadness</b>.</i>
<b>setback</b>	An unfortunate happening that hinders or impedes; something that is thwarting or frustrating. <i>They had to get permission to overlap the city's <b>setback</b> lines.</i>
<b>sorrowfulness</b>	An emotion of great sadness associated with loss or bereavement.
<b>stroke of bad luck</b>	A light touch.
<b><u>tragedy</u></b>	An event causing great suffering, destruction, and distress, such as a serious accident, crime, or natural catastrophe. <i>Greek <b>tragedy</b>.</i>

<b>trial</b>	(law) the determination of a person's innocence or guilt by due process of law. <i>He called each flip of the coin a new <b>trial</b>.</i>
<b>tribulation</b>	An annoying or frustrating or catastrophic event. <i>The <b>tribulations</b> of being a megastar.</i>
<b>trouble</b>	An effort that is inconvenient. <i>She s not the first girl who s got herself into <b>trouble</b>.</i>
<b>unhappiness</b>	State characterized by emotions ranging from mild discontentment to deep grief. <i>I ve seen too much <b>unhappiness</b> caused by broken marriages.</i>
<b>woe</b>	Intense mournfulness. <i>The Everton tale of <b>woe</b> continued.</i>
<b>wretchedness</b>	The character of being uncomfortable and unpleasant. <i>The grey <b>wretchedness</b> of the rain.</i>



## Usage Examples of "Sorrow" as a noun

- *It was a great sorrow to her when they separated.*
- *He tried to express his sorrow at her loss.*
- *A bereaved person needs time to work through their sorrow.*
- *He drank to drown his sorrows.*



## Sorrow as a Verb

### Definitions of "Sorrow" as a verb

According to the [Oxford Dictionary of English](#), "sorrow" as a verb can have the following definitions:

- *Feel or display deep distress.*
- *Feel grief.*



## Synonyms of "Sorrow" as a verb (19 Words)

<b><u>ache</u></b>	Feel physical pain. <i>My legs <b>ached</b> from the previous day s exercise.</i>
<b>agonize</b>	Cause to agonize. <i>I didn t <b>agonize</b> over the problem.</i>
<b><u>anguish</u></b>	Cause emotional anguish or make miserable. <i>I spent the next two weeks <b>anguishing</b> about whether I d made the right decision.</i>
<b>be dejected</b>	Have an existence, be extant.
<b>be despondent</b>	Work in a specific place, with a specific subject, or in a specific function.
<b>be heavy of heart</b>	Happen, occur, take place.
<b>be miserable</b>	Be priced at.
<b>be sad</b>	Have life, be alive.

<b>be wretched</b>	Be priced at.
<b>despair</b>	Lose or be without hope. <i>We should not <b>despair</b>.</i>
<b>feel sad</b>	Examine by touch.
<b>grieve</b>	Feel intense sorrow about. <i>It <b>grieves</b> me to think of you in that house alone.</i>
<b>lament</b>	Regret strongly. <i>We <b>lamented</b> the death of the child.</i>
<b><u>mourn</u></b>	Observe the customs of mourning after the death of a loved one. <i>Isobel <b>mourned</b> her husband.</i>
<b>pine</b>	Have a desire for something or someone who is not present.
<b>shed tears</b>	Get rid of.
<b>suffer</b>	Undergo or suffer. <i>His relationship with Anne did <b>suffer</b>.</i>
<b>wail</b>	Utter a wail. <i>But why she <b>wailed</b>.</i>
<b><u>weep</u></b>	Mourn for; shed tears over. <i>She rubbed the sore making it <b>weep</b>.</i>





### **Usage Examples of "Sorrow" as a verb**

- *A woman had cried all night, sorrowing over the death of her husband.*



## Associations of "Sorrow" (30 Words)

<b>affliction</b>	An instance of one celestial body afflicting another. <i>A crippling <b>affliction</b> of the nervous system.</i>
<b>bemoan</b>	Express discontent or sorrow over (something). <i>It was no use <b>bemoaning</b> her lot.</i>
<b>deplorable</b>	Deserving strong condemnation; completely unacceptable. <i>A <b>deplorable</b> act of violence.</i>
<b>deplore</b>	Regret strongly. <i>We <b>deplore</b> the government's treatment of political prisoners.</i>
<b>despair</b>	Abandon hope; give up hope; lose heart. <i>In <b>despair</b> I hit the bottle.</i>
<b>dirge</b>	A lament for the dead, especially one forming part of a funeral rite. <i>The wind howled <b>dirges</b> around the chimney.</i>
<b>dithyramb</b>	A wildly enthusiastic speech or piece of writing.
<b>doleful</b>	Filled with or evoking sadness. <i>He could be struck off with <b>doleful</b> consequences.</i>

<b>elegiac</b>	Verses in an elegiac metre. <i>She watched repeat serials fixed on their moody and <b>elegiac</b> characterization.</i>
<b>elegy</b>	(in Greek and Latin verse) a poem written in elegiac couplets, as notably by Catullus and Propertius.
<b><u>grief</u></b>	Intense sorrow, especially caused by someone's death. <i>Her death was a great <b>grief</b> to John.</i>
<b>grieve</b>	Cause great distress to (someone). <i>It <b>grieves</b> me to think of you in that house alone.</i>
<b>grievous</b>	Shockingly brutal or cruel. <i>His death was a <b>grievous</b> blow.</i>
<b>lament</b>	A mournful poem a lament for the dead. <i>We <b>lamented</b> the death of the child.</i>
<b>lamentable</b>	(of circumstances or conditions) very bad; deplorable. <i>Her open prejudice showed <b>lamentable</b> immaturity.</i>
<b>lamentation</b>	The passionate expression of grief or sorrow; weeping. <i>Scenes of <b>lamentation</b>.</i>
<b><u>melancholy</u></b>	Having a feeling of melancholy sad and pensive. <i>The <b>melancholy</b> tone of her writing.</i>
<b><u>mourn</u></b>	Observe the customs of mourning after the death of a loved one. <i>Publishers <b>mourned</b> declining sales of hardback fiction.</i>
<b>mournful</b>	Filled with or evoking sadness. <i>Stared with <b>mournful</b> eyes.</i>
<b>mourning</b>	The passionate and demonstrative activity of expressing grief. <i>She s still in <b>mourning</b> after the death of her husband.</i>
<b><u>nostalgia</u></b>	Something done or presented in order to evoke feelings of nostalgia. <i>An evening of TV <b>nostalgia</b>.</i>
<b><u>pitiful</u></b>	Very small or poor; inadequate. <i><b>Pitiful</b> exhibition of cowardice.</i>
<b>requiem</b>	A musical composition setting parts of a requiem Mass or of a similar character. <i>He designed the epic as a <b>requiem</b> for his wife.</i>
<b>rue</b>	Compassion; pity. <i>To his <b>rue</b> the error cost him the game.</i>
<b>sad</b>	Of things that make you feel sad. <i>A <b>sad</b> day for us all.</i>

<b>sadness</b>	Emotions experienced when not in a state of well-being. <i>A source of great <b>sadness</b>.</i>
<b><u>sorrowful</u></b>	Causing grief. <i>The <b>sorrowful</b> news of his father s death.</i>
<b><u>sorry</u></b>	Bad; unfortunate. <i>A <b>sorry</b> horse.</i>
<b>threnody</b>	A lament. <i>A brooding <b>threnody</b> to urban desolation.</i>
<b>wail</b>	Utter a wail. <i>But why she <b>wailed</b>.</i>

