

Need another word that means the same as “spasm”? Find 15 synonyms and 30 related words for “spasm” in this overview.

Table Of Contents:

- [Spasm as a Noun](#)
- [Definitions of "Spasm" as a noun](#)
- [Synonyms of "Spasm" as a noun \(15 Words\)](#)
- [Usage Examples of "Spasm" as a noun](#)
- [Associations of "Spasm" \(30 Words\)](#)

**The synonyms of “Spasm” are: cramp, muscle spasm, convulsion, contraction, throes, fit, paroxysm, attack, burst, bout, seizure, outburst, outbreak, explosion, access**

## Spasm as a Noun

### Definitions of "Spasm" as a noun

According to the [Oxford Dictionary of English](#), “spasm” as a noun can have the following definitions:

- *A painful and involuntary muscular contraction.*
- *Prolonged involuntary muscle contraction.*
- *A sudden involuntary muscular contraction or convulsive movement.*
- *(pathology) sudden constriction of a hollow organ (as a blood vessel.*
- *Sudden constriction of a hollow organ (as a blood vessel.*
- *A sudden and brief spell of an activity or sensation.*

### Synonyms of "Spasm" as a noun (15 Words)

<a href="#">access</a>	The means or opportunity to approach or enter a place. <i>Wheelchair <b>access</b>.</i>
<b>attack</b>	The act of attacking. <i>The tissue is open to <b>attack</b> by fungus.</i>
<a href="#">bout</a>	A division during which one team is on the offensive. <i>A drinking <b>bout</b>.</i>

<b>burst</b>	The act of exploding or bursting. <i>The mortar <b>bursts</b> were further away than before.</i>
<u><b>contraction</b></u>	(physiology) a shortening or tensing of a part or organ (especially of a muscle or muscle fiber). <i>The <b>contraction</b> of a gas on cooling.</i>
<b>convulsion</b>	A sudden, violent, irregular movement of the body, caused by involuntary contraction of muscles and associated especially with brain disorders such as epilepsy, the presence of certain toxins or other agents in the blood, or fever in children. <i><b>Convulsions</b> of laughter.</i>
<b>cramp</b>	Abdominal pain caused by menstruation. <i>An attack of <b>cramp</b>.</i>
<u><b>explosion</b></u>	The noise caused by an explosion. <i>The <b>explosion</b> was heard a mile away.</i>
<b>fit</b>	The manner in which something fits. <i>He had a <b>fit</b>.</i>
<b>muscle spasm</b>	Animal tissue consisting predominantly of contractile cells.
<u><b>outbreak</b></u>	A sudden occurrence of something unwelcome, such as war or disease. <i>The <b>outbreak</b> of World War II.</i>
<b>outburst</b>	A sudden release of strong emotion. <i>A very dramatic <b>outburst</b> of neutrons.</i>
<b>paroxysm</b>	A sudden uncontrollable attack. <i>A <b>paroxysm</b> of weeping.</i>
<b>seizure</b>	A sudden occurrence (or recurrence) of a disease. <i>He suffered an epileptic <b>seizure</b>.</i>
<u><b>throes</b></u>	Violent pangs of suffering. <i>Death <b>throes</b>.</i>

## Usage Examples of "Spasm" as a noun

- *A spasm of coughing woke him.*
- *Shifting heavy loads without help brought on muscular back spasms.*
- *The airways in the lungs go into spasm.*

## Associations of "Spasm" (30 Words)

<u><b>ache</b></u>	A dull persistent (usually moderately intense) pain. <i>She <b>ached</b> for a cigarette.</i>
--------------------	--

<b>bungee</b>	A long nylon cased rubber band used for securing luggage and in bungee jumping. <i>He <b>bungeed</b> 111 metres from the bridge over the Victoria Falls.</i>
<b>convalescence</b>	Gradual healing (through rest) after sickness or injury. <i>A period of <b>convalescence</b>.</i>
<b>convulsion</b>	Uncontrollable laughter. <i>Febrile <b>convulsions</b>.</i>
<b>cramp</b>	Affect with or as if with a cramp. <i><b>Cramp</b> the wood.</i>
<u><b>displacement</b></u>	Act of taking the place of another especially using underhanded tactics. <i>This phobia was linked with the <b>displacement</b> of fear of his father.</i>
<u><b>fidget</b></u>	A person who fidgets. <i>The audience began to <b>fidget</b> and whisper.</i>
<b>hop</b>	The act of hopping jumping upward or forward especially on one foot. <i>Ex soldiers looking for work <b>hopped</b> freights heading west.</i>
<u><b>hurdle</b></u>	Take part in a hurdle race. <i>The last <b>hurdle</b> before graduation.</i>
<u><b>illness</b></u>	A disease or period of sickness affecting the body or mind. <i>I've never missed a day's work through <b>illness</b>.</i>
<b>impact</b>	Press or wedge together; pack together. <i>The animals feet do not <b>impact</b> and damage the soil as cows hooves do.</i>
<u><b>jolt</b></u>	Give a surprise or shock to (someone) in order to make them act or change. <i>The door closed with a <b>jolt</b>.</i>
<b>jump</b>	Move or jump suddenly as if in surprise or alarm. <i><b>Jump</b> from one thing to another.</i>
<u><b>leap</b></u>	A thing to be leaped over or from. <i>Polly <b>leapt</b> to her feet.</i>
<b>move</b>	Have a turn make one's move in a game. <i>She intends to <b>move</b> an amendment to the Bill.</i>
<u><b>muscle</b></u>	A muscle or muscles when well developed or prominently visible under the skin. <i>An ex marine of enormous proportions who'd been brought along as <b>muscle</b>.</i>
<u><b>muscular</b></u>	Having a robust muscular body build characterized by predominance of structures bone and muscle and connective tissue developed from the embryonic mesodermal layer. <i>A <b>muscular</b> economy.</i>

<b>outburst</b>	A volcanic eruption. <i>A very dramatic <b>outburst</b> of neutrons.</i>
<b>pain</b>	Cause mental or physical pain to. <i>Chest <b>pains</b>.</i>
<b>paroxysm</b>	A sudden uncontrollable attack. <i>A <b>paroxysm</b> of weeping.</i>
<b>puissance</b>	A competitive test of a horse's ability to jump large obstacles in showjumping. <i>The <b>puissance</b> of the labor vote.</i>
<u><b>shift</b></u>	The group of people who work during a particular shift. <i>The partial remainder is <b>shifted</b> left.</i>
<u><b>skip</b></u>	Cause to skip over a surface. <i>The children used to <b>skip</b> the puddles.</i>
<u><b>startle</b></u>	A sudden involuntary movement. <i>The loud noise <b>startled</b> him awake.</i>
<b>sudden</b>	Suddenly. <i><b>Sudden</b> there swooped an eagle downward.</i>
<u><b>turmoil</b></u>	A state of great disturbance, confusion, or uncertainty. <i>He endured years of inner <b>turmoil</b>.</i>
<u><b>twitch</b></u>	Use a twitch to subdue a horse. <i>He gave a <b>twitch</b> at his moustache.</i>
<u><b>upheaval</b></u>	(geology) a rise of land to a higher elevation (as in the process of mountain building). <i>Times of political <b>upheaval</b>.</i>
<b>variable</b>	A symbol like x or y that is used in mathematical or logical expressions to represent a variable quantity. <i><b>Variable</b> winds.</i>