

## sprinted or (nonstandard or humorous) sprant

The past tense of sprint is **sprinted or (nonstandard or humorous) sprant**

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## The Forms of Sprint

Infinitive	<b>to sprint</b>
Present Tense	<b>sprint / sprints</b>
Past Tense	<b>sprinted or (nonstandard or humorous) sprant</b>
Present Participle	<b>sprinting</b>
Past Participle	<b>sprinted or sprunt</b>

## Conjugate Sprint

### Sprint in Present Simple (Indefinite) Tense

**Singular                  Plural**

I **sprint**                  We **sprint**  
You **sprint**              You **sprint**  
He/She/It **sprints**    They **sprint**

### **Sprint in Present Continuous (Progressive) Tense**

**Singular                  Plural**

I **am sprinting**              We **are sprinting**  
You **are sprinting**        You **are sprinting**  
He/She/It **is sprinting**    They **are sprinting**

### **Sprint in Present Perfect Tense**

**Singular    Plural**

I **have sprinted or sprunt**              We **have sprinted or sprunt**  
You **have sprinted or sprunt**        You **have sprinted or sprunt**  
He/She/It **has sprinted or sprunt**    They **have sprinted or sprunt**

### **Sprint in Present Perfect Continuous Tense**

**Singular    Plural**

I **have been sprinting**              We **have been sprinting**  
You **have been sprinting**        You **have been sprinting**  
He/She/It **has been sprinting**    They **have been sprinting**

### **Sprint in Past Simple (Indefinite) Tense**

**Singular    Plural**

I **sprinted or (nonstandard or humorous) sprant**    We **sprinted or (nonstandard or humorous) sprant**  
You **sprinted or (nonstandard or humorous) sprant**    You **sprinted or (nonstandard or humorous) sprant**  
He/She/It **sprinted or (nonstandard or humorous) sprant**    They **sprinted or (nonstandard or humorous) sprant**

## **Sprint in Past Continuous (Progressive) Tense**

### **Singular**

### **Plural**

I was sprinting                      We were sprinting  
You were sprinting                You were sprinting  
He/She/It was sprinting        They were sprinting

## **Sprint in Past Perfect Tense**

### **Singular**

### **Plural**

I had sprinted or sprunt            We had sprinted or sprunt  
You had sprinted or sprunt        You had sprinted or sprunt  
He/She/It had sprinted or sprunt    They had sprinted or sprunt

## **Sprint in Past Perfect Continuous Tense**

### **Singular**

### **Plural**

I had been sprinting                We had been sprinting  
You had been sprinting            You had been sprinting  
He/She/It had been sprinting    They had been sprinting

## **Sprint in Future Simple (Indefinite) Tense**

### **Singular**

### **Plural**

I will sprint                          We will sprint  
You will sprint                      You will sprint  
He/She/It will sprint                They will sprint

## **Sprint in Future Continuous (Progressive) Tense**

### **Singular**

### **Plural**

I will be sprinting                 We will be sprinting  
You will be sprinting              You will be sprinting  
He/She/It will be sprinting        They will be sprinting

## **Sprint in Future Perfect Tense**

### **Singular**

**I will have sprinted or sprunt**

**You will have sprinted or sprunt**

**He/She/It will have sprinted or sprunt**

### **Plural**

**We will have sprinted or sprunt**

**You will have sprinted or sprunt**

**They will have sprinted or sprunt**

## **Sprint in Future Perfect Continuous Tense**

### **Singular**

**I will have been sprinting**

**You will have been sprinting**

**He/She/It will have been sprinting**

### **Plural**

**We will have been sprinting**

**You will have been sprinting**

**They will have been sprinting**