

sprinted or (nonstandard or humorous) sprant

The past tense of sprint is **sprinted or (nonstandard or humorous) sprant**

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The Forms of Sprint

Infinitive	to sprint
Present Tense	sprint / sprints
Past Tense	sprinted or (nonstandard or humorous) sprant
Present Participle	sprinting
Past Participle	sprinted or sprunt

Conjugate Sprint

Sprint in Present Simple (Indefinite) Tense

Singular Plural

I **sprint** We **sprint**
You **sprint** You **sprint**
He/She/It **sprints** They **sprint**

Sprint in Present Continuous (Progressive) Tense

Singular Plural

I **am sprinting** We **are sprinting**
You **are sprinting** You **are sprinting**
He/She/It **is sprinting** They **are sprinting**

Sprint in Present Perfect Tense

Singular Plural

I **have sprinted or sprunt** We **have sprinted or sprunt**
You **have sprinted or sprunt** You **have sprinted or sprunt**
He/She/It **has sprinted or sprunt** They **have sprinted or sprunt**

Sprint in Present Perfect Continuous Tense

Singular Plural

I **have been sprinting** We **have been sprinting**
You **have been sprinting** You **have been sprinting**
He/She/It **has been sprinting** They **have been sprinting**

Sprint in Past Simple (Indefinite) Tense

Singular Plural

I **sprinted or (nonstandard or humorous) sprant** We **sprinted or (nonstandard or humorous) sprant**
You **sprinted or (nonstandard or humorous) sprant** You **sprinted or (nonstandard or humorous) sprant**
He/She/It **sprinted or (nonstandard or humorous) sprant** They **sprinted or (nonstandard or humorous) sprant**

Sprint in Past Continuous (Progressive) Tense

Singular

Plural

I was sprinting We were sprinting
You were sprinting You were sprinting
He/She/It was sprinting They were sprinting

Sprint in Past Perfect Tense

Singular

Plural

I had sprinted or sprunt We had sprinted or sprunt
You had sprinted or sprunt You had sprinted or sprunt
He/She/It had sprinted or sprunt They had sprinted or sprunt

Sprint in Past Perfect Continuous Tense

Singular

Plural

I had been sprinting We had been sprinting
You had been sprinting You had been sprinting
He/She/It had been sprinting They had been sprinting

Sprint in Future Simple (Indefinite) Tense

Singular

Plural

I will sprint We will sprint
You will sprint You will sprint
He/She/It will sprint They will sprint

Sprint in Future Continuous (Progressive) Tense

Singular

Plural

I will be sprinting We will be sprinting
You will be sprinting You will be sprinting
He/She/It will be sprinting They will be sprinting

Sprint in Future Perfect Tense

Singular

I will have sprinted or sprunt

You will have sprinted or sprunt

He/She/It will have sprinted or sprunt

Plural

We will have sprinted or sprunt

You will have sprinted or sprunt

They will have sprinted or sprunt

Sprint in Future Perfect Continuous Tense

Singular

I will have been sprinting

You will have been sprinting

He/She/It will have been sprinting

Plural

We will have been sprinting

You will have been sprinting

They will have been sprinting