

Need another word that means the same as “stringent”? Find 16 synonyms and 30 related words for “stringent” in this overview.

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**The synonyms of “Stringent” are: rigorous, tight, strict, firm, rigid, severe, harsh, tough, exacting, demanding, inflexible, stiff, hard and fast, uncompromising, draconian, extreme**

## Stringent as an Adjective

### Definitions of "Stringent" as an adjective

According to the [Oxford Dictionary of English](#), “stringent” as an adjective can have the following definitions:

- *Demanding strict attention to rules and procedures.*
- *(of regulations, requirements, or conditions) strict, precise, and exacting.*

### Synonyms of "Stringent" as an adjective (16 Words)

<b>demanding</b>	(of a person) making others work hard or meet high standards; not easily satisfied. <i>Found the job very <b>demanding</b>.</i>
<b>draconian</b>	Of or relating to Draco or his harsh code of laws. <i>The Nazis destroyed the independence of the press by a series of <b>draconian</b> laws.</i>
<b>exacting</b>	Severe and unremitting in making demands. <i>An <b>exacting</b> instructor.</i>
<b>extreme</b>	Far beyond a norm in quantity or amount or degree; to an utmost degree. <i><b>Extreme</b> cold.</i>

<b>firm</b>	Marked by firm determination or resolution not shakable. <i><b>Firm</b> muscles.</i>
<b>hard and fast</b>	Very strong or vigorous.
<b>harsh</b>	Unpleasantly rough or jarring to the senses. <i>She finds soap too <b>harsh</b> and drying.</i>
<b>inflexible</b>	Incapable of change. <i>An <b>inflexible</b> iron bar.</i>
<b>rigid</b>	Incapable of compromise or flexibility. <i>A <b>rigid</b> disciplinarian.</i>
<b>rigorous</b>	(of a person) adhering strictly to a belief or system. <i>The <b>rigorous</b> testing of consumer products.</i>
<b>severe</b>	Severely simple. <i>A <b>severe</b> attack of asthma.</i>
<b>stiff</b>	(of a semi-liquid substance) viscous; thick. <i>A <b>stiff</b> hinge.</i>
<b>strict</b>	Characterized by strictness severity or restraint. <i>A <b>strict</b> vegetarian.</i>
<b>tight</b>	Pulled or drawn tight. <i>A <b>tight</b> feeling in his chest.</i>
<b>tough</b>	Feeling physical discomfort or pain tough is occasionally used colloquially for bad. <i>Some plastics are as <b>tough</b> as metal.</i>
<b>uncompromising</b>	Showing an unwillingness to make concessions to others, especially by changing one's ways or opinions. <i><b>Uncompromising</b> honesty.</i>

## Usage Examples of "Stringent" as an adjective

- *Stringent safety measures.*
- *Stringent guidelines on air pollution.*

## Associations of "Stringent" (30 Words)

<b>asperity</b>	Something hard to endure. <i>He pointed this out with some <b>asperity</b>.</i>
<b>austere</b>	(of living conditions or a way of life) having no comforts or luxuries. <i>An <b>austere</b> expression.</i>

<b>demanding</b>	(of a person) making others work hard or meet high standards; not easily satisfied. <i>He was a <b>demanding</b> baby and rarely slept through the night.</i>
<b>doctrinaire</b>	A doctrinaire person. <i>The administration s <b>doctrinaire</b> economic policy.</i>
<b>exacting</b>	Severe and unremitting in making demands. <i>Certain highly specialized xerophytes are extremely <b>exacting</b> in their requirements.</i>
<b><u>fastidious</u></b>	Giving careful attention to detail; hard to please; excessively concerned with cleanliness. <i><b>Fastidious</b> microorganisms.</i>
<b>formalism</b>	The practice of scrupulous adherence to prescribed or external forms. <i>There is a <b>formalism</b> which expresses the idea of superposition.</i>
<b>hard</b>	Unfortunate or hard to bear. <i>He can be such a <b>hard</b> taskmaster.</i>
<b>harsh</b>	Disagreeable to the senses. <i><b>Harsh</b> cognac.</i>
<b>hidebound</b>	Unwilling or unable to change because of tradition or convention. <i>They are working to change <b>hidebound</b> corporate cultures.</i>
<b>inelasticity</b>	The lack of elasticity.
<b>inflexible</b>	Not able to be bent; stiff. <i>A man of <b>inflexible</b> purpose.</i>
<b>obduracy</b>	Resoluteness by virtue of being unyielding and inflexible.
<b>prim</b>	Assume a prim appearance. <i>A very <b>prim</b> and proper lady.</i>
<b>resolved</b>	Firmly determined to do something. <i>Mysteries solved and unsolved problems <b>resolved</b> and <b>unresolved</b>.</i>
<b>rigid</b>	Fixed and unmoving. <i>The College had not wanted to be too <b>rigid</b> in imposing teaching methods.</i>
<b>rigor</b>	The quality of being valid and rigorous. <i>The <b>rigors</b> of boot camp.</i>
<b><u>rigorous</u></b>	Extremely thorough and careful. <i>The <b>rigorous</b> testing of consumer products.</i>
<b>rigour</b>	Severity or strictness. <i>The full <b>rigour</b> of the law.</i>

<b><u>seriousness</u></b>	The quality of arousing fear or distress. <i>He learned the <b>seriousness</b> of his illness.</i>
<b>severity</b>	Extreme plainness. <b>Severity</b> of character.
<b>solidity</b>	The quality of being reliable in character. <i>The sheer strength and <b>solidity</b> of Romanesque architecture.</i>
<b>spartan</b>	Resolute in the face of pain or danger or adversity. <i>The accommodation was fairly <b>spartan</b>.</i>
<b>stern</b>	Of a stern or strict bearing or demeanor forbidding in aspect. <i>Mama looked <b>stern</b>.</i>
<b>strict</b>	Characterized by strictness severity or restraint. <i>My father was very <b>strict</b>.</i>
<b>strictly</b>	In a rigorous manner. <i>His attitude and manner were <b>strictly</b> professional.</i>
<b>stringency</b>	A state occasioned by scarcity of money and a shortage of credit.
<b>unbending</b>	Reserved, formal, or strict in one's behaviour or attitudes; austere and inflexible. <i>His output is prodigious and springs from the <b>unbending</b> control he exercises over every aspect of his life.</i>
<b><u>uncompromising</u></b>	Not making concessions. <i>The <b>uncompromising</b> ugliness of the era's buildings.</i>
<b>unyielding</b>	Stubbornly unyielding T S Eliot. <i>The Atlantic hurled its waves at the <b>unyielding</b> rocks.</i>