

Need another word that means the same as “stringent”? Find 16 synonyms and 30 related words for “stringent” in this overview.

Table Of Contents:

- [Stringent as an Adjective](#)
- [Definitions of "Stringent" as an adjective](#)
- [Synonyms of "Stringent" as an adjective \(16 Words\)](#)
- [Usage Examples of "Stringent" as an adjective](#)
- [Associations of "Stringent" \(30 Words\)](#)

The synonyms of “Stringent” are: **rigorous, tight, strict, firm, rigid, severe, harsh, tough, exacting, demanding, inflexible, stiff, hard and fast, uncompromising, draconian, extreme**

Stringent as an Adjective

Definitions of "Stringent" as an adjective

According to the [Oxford Dictionary of English](#), “stringent” as an adjective can have the following definitions:

- *Demanding strict attention to rules and procedures.*
- *(of regulations, requirements, or conditions) strict, precise, and exacting.*

Synonyms of "Stringent" as an adjective (16 Words)

demanding	(of a person) making others work hard or meet high standards; not easily satisfied. <i>Found the job very demanding.</i>
draconian	Of or relating to Draco or his harsh code of laws. <i>The Nazis destroyed the independence of the press by a series of draconian laws.</i>
exacting	Severe and unremitting in making demands. <i>An exacting instructor.</i>
extreme	Far beyond a norm in quantity or amount or degree; to an utmost degree. <i>Extreme cold.</i>

firm	Marked by firm determination or resolution not shakable. <i>Firm muscles.</i>
hard and fast	Very strong or vigorous.
harsh	Unpleasantly rough or jarring to the senses. <i>She finds soap too harsh and drying.</i>
inflexible	Incapable of change. <i>An inflexible iron bar.</i>
rigid	Incapable of compromise or flexibility. <i>A rigid disciplinarian.</i>
rigorous	(of a person) adhering strictly to a belief or system. <i>The rigorous testing of consumer products.</i>
severe	Severely simple. <i>A severe attack of asthma.</i>
stiff	(of a semi-liquid substance) viscous; thick. <i>A stiff hinge.</i>
strict	Characterized by strictness severity or restraint. <i>A strict vegetarian.</i>
tight	Pulled or drawn tight. <i>A tight feeling in his chest.</i>
tough	Feeling physical discomfort or pain tough is occasionally used colloquially for bad. <i>Some plastics are as tough as metal.</i>
uncompromising	Showing an unwillingness to make concessions to others, especially by changing one's ways or opinions. <i>Uncompromising honesty.</i>

Usage Examples of "Stringent" as an adjective

- *Stringent safety measures.*
- *Stringent guidelines on air pollution.*

Associations of "Stringent" (30 Words)

asperity	Something hard to endure. <i>He pointed this out with some asperity.</i>
austere	(of living conditions or a way of life) having no comforts or luxuries. <i>An austere expression.</i>

demanding	(of a person) making others work hard or meet high standards; not easily satisfied. <i>He was a demanding baby and rarely slept through the night.</i>
doctrinaire	A doctrinaire person. <i>The administration s doctrinaire economic policy.</i>
exacting	Severe and unremitting in making demands. <i>Certain highly specialized xerophytes are extremely exacting in their requirements.</i>
<u>fastidious</u>	Giving careful attention to detail; hard to please; excessively concerned with cleanliness. <i>Fastidious microorganisms.</i>
formalism	The practice of scrupulous adherence to prescribed or external forms. <i>There is a formalism which expresses the idea of superposition.</i>
hard	Unfortunate or hard to bear. <i>He can be such a hard taskmaster.</i>
harsh	Disagreeable to the senses. <i>Harsh cognac.</i>
hidebound	Unwilling or unable to change because of tradition or convention. <i>They are working to change hidebound corporate cultures.</i>
inelasticity	The lack of elasticity.
inflexible	Not able to be bent; stiff. <i>A man of inflexible purpose.</i>
obduracy	Resoluteness by virtue of being unyielding and inflexible.
prim	Assume a prim appearance. <i>A very prim and proper lady.</i>
resolved	Firmly determined to do something. <i>Mysteries solved and unsolved problems resolved and unresolved.</i>
rigid	Fixed and unmoving. <i>The College had not wanted to be too rigid in imposing teaching methods.</i>
rigor	The quality of being valid and rigorous. <i>The rigors of boot camp.</i>
<u>rigorous</u>	Extremely thorough and careful. <i>The rigorous testing of consumer products.</i>
rigour	Severity or strictness. <i>The full rigour of the law.</i>

<u>seriousness</u>	The quality of arousing fear or distress. <i>He learned the seriousness of his illness.</i>
severity	Extreme plainness. Severity of character.
solidity	The quality of being reliable in character. <i>The sheer strength and solidity of Romanesque architecture.</i>
spartan	Resolute in the face of pain or danger or adversity. <i>The accommodation was fairly spartan.</i>
stern	Of a stern or strict bearing or demeanor forbidding in aspect. <i>Mama looked stern.</i>
strict	Characterized by strictness severity or restraint. <i>My father was very strict.</i>
strictly	In a rigorous manner. <i>His attitude and manner were strictly professional.</i>
stringency	A state occasioned by scarcity of money and a shortage of credit.
unbending	Reserved, formal, or strict in one's behaviour or attitudes; austere and inflexible. <i>His output is prodigious and springs from the unbending control he exercises over every aspect of his life.</i>
<u>uncompromising</u>	Not making concessions. <i>The uncompromising ugliness of the era's buildings.</i>
unyielding	Stubbornly unyielding T S Eliot. <i>The Atlantic hurled its waves at the unyielding rocks.</i>