

superstrained

The past tense of superstrain is superstrained

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The Forms of Superstrain

Infinitive	to superstrain
Present Tense	superstrain / superstrains
Past Tense	superstrained
Present Participle	superstraining
Past Participle	superstrained

Conjugate Superstrain

Superstrain in Present Simple (Indefinite) Tense

Singular

Plural

I **superstrain** We **superstrain**
You **superstrain** You **superstrain**
He/She/It **superstrains** They **superstrain**

Superstrain in Present Continuous (Progressive) Tense

Singular

Plural

I **am superstraining** We **are superstraining**
You **are superstraining** You **are superstraining**
He/She/It **is superstraining** They **are superstraining**

Superstrain in Present Perfect Tense

Singular

Plural

I **have superstrained** We **have superstrained**
You **have superstrained** You **have superstrained**
He/She/It **has superstrained** They **have superstrained**

Superstrain in Present Perfect Continuous Tense

Singular

Plural

I **have been superstraining** We **have been superstraining**
You **have been superstraining** You **have been superstraining**
He/She/It **has been superstraining** They **have been superstraining**

Superstrain in Past Simple (Indefinite) Tense

Singular

Plural

I **superstrained** We **superstrained**
You **superstrained** You **superstrained**
He/She/It **superstrained** They **superstrained**

Superstrain in Past Continuous (Progressive) Tense

Singular

Plural

I was superstraining

We were superstraining

You were superstraining

You were superstraining

He/She/It was superstraining **They were superstraining**

Superstrain in Past Perfect Tense

Singular

Plural

I had superstrained

We had superstrained

You had superstrained

You had superstrained

He/She/It had superstrained **They had superstrained**

Superstrain in Past Perfect Continuous Tense

Singular

Plural

I had been superstraining

We had been superstraining

You had been superstraining

You had been superstraining

He/She/It had been superstraining **They had been superstraining**

Superstrain in Future Simple (Indefinite) Tense

Singular

Plural

I will superstrain

We will superstrain

You will superstrain

You will superstrain

He/She/It will superstrain **They will superstrain**

Superstrain in Future Continuous (Progressive) Tense

Singular

Plural

I will be superstraining

We will be superstraining

You will be superstraining

You will be superstraining

He/She/It will be superstraining **They will be superstraining**

Superstrain in Future Perfect Tense

Singular

Plural

I will have superstrained

We will have superstrained

You will have superstrained

You will have superstrained

He/She/It will have superstrained

They will have superstrained

Superstrain in Future Perfect Continuous Tense

Singular

Plural

I will have been superstraining

We will have been superstraining

You will have been superstraining

You will have been superstraining

He/She/It will have been superstraining

They will have been superstraining