

sustained

The past tense of sustain is sustained

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The Forms of Sustain

Infinitive	to sustain
Present Tense	sustain / sustains
Past Tense	sustained
Present Participle	sustaining
Past Participle	sustained

Conjugate Sustain

Sustain in Present Simple (Indefinite) Tense

Singular

Plural

I **sustain**
You **sustain**
He/She/It **sustains** They **sustain**

We **sustain**
You **sustain**

Sustain in Present Continuous (Progressive) Tense

Singular

Plural

I **am sustaining**
You **are sustaining**
He/She/It **is sustaining** They **are sustaining**

We **are sustaining**

You **are sustaining**

They **are sustaining**

Sustain in Present Perfect Tense

Singular

Plural

I **have sustained**
You **have sustained**
He/She/It **has sustained** They **have sustained**

We **have sustained**

You **have sustained**

They **have sustained**

Sustain in Present Perfect Continuous Tense

Singular

Plural

I **have been sustaining**
You **have been sustaining**
He/She/It **has been sustaining** They **have been sustaining**

We **have been sustaining**

You **have been sustaining**

They **have been sustaining**

Sustain in Past Simple (Indefinite) Tense

Singular

Plural

I **sustained**
You **sustained**
He/She/It **sustained** They **sustained**

We **sustained**

You **sustained**

They **sustained**

Sustain in Past Continuous (Progressive) Tense

Singular

Plural

I was sustaining We were sustaining
You were sustaining You were sustaining
He/She/It was sustaining They were sustaining

Sustain in Past Perfect Tense

Singular

Plural

I had sustained We had sustained
You had sustained You had sustained
He/She/It had sustained They had sustained

Sustain in Past Perfect Continuous Tense

Singular

Plural

I had been sustaining We had been sustaining
You had been sustaining You had been sustaining
He/She/It had been sustaining They had been sustaining

Sustain in Future Simple (Indefinite) Tense

Singular

Plural

I will sustain We will sustain
You will sustain You will sustain
He/She/It will sustain They will sustain

Sustain in Future Continuous (Progressive) Tense

Singular

Plural

I will be sustaining We will be sustaining
You will be sustaining You will be sustaining
He/She/It will be sustaining They will be sustaining

Sustain in Future Perfect Tense

Singular

Plural

I will have sustained

We will have sustained

You will have sustained

You will have sustained

He/She/It will have sustained

They will have sustained

Sustain in Future Perfect Continuous Tense

Singular

Plural

I will have been sustaining

We will have been sustaining

You will have been sustaining

You will have been sustaining

He/She/It will have been sustaining

They will have been sustaining