

# sustained

**The past tense of sustain is sustained**

Table Of Contents:

- [sustained](#)
- [The Forms of Sustain](#)
- [Conjugate Sustain](#)
- [Sustain in Present Simple \(Indefinite\) Tense](#)
- [Sustain in Present Continuous \(Progressive\) Tense](#)
- [Sustain in Present Perfect Tense](#)
- [Sustain in Present Perfect Continuous Tense](#)
- [Sustain in Past Simple \(Indefinite\) Tense](#)
- [Sustain in Past Continuous \(Progressive\) Tense](#)
- [Sustain in Past Perfect Tense](#)
- [Sustain in Past Perfect Continuous Tense](#)
- [Sustain in Future Simple \(Indefinite\) Tense](#)
- [Sustain in Future Continuous \(Progressive\) Tense](#)
- [Sustain in Future Perfect Tense](#)
- [Sustain in Future Perfect Continuous Tense](#)

## The Forms of Sustain

Infinitive	<b>to sustain</b>
Present Tense	<b>sustain / sustains</b>
Past Tense	<b>sustained</b>
Present Participle	<b>sustaining</b>
Past Participle	<b>sustained</b>

## Conjugate Sustain

**Sustain in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **sustain**                      We **sustain**  
You **sustain**                  You **sustain**  
He/She/It **sustains**      They **sustain**

**Sustain in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am sustaining**              We **are sustaining**  
You **are sustaining**        You **are sustaining**  
He/She/It **is sustaining**    They **are sustaining**

**Sustain in Present Perfect Tense**

**Singular**

**Plural**

I **have sustained**              We **have sustained**  
You **have sustained**        You **have sustained**  
He/She/It **has sustained**    They **have sustained**

**Sustain in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been sustaining**        We **have been sustaining**  
You **have been sustaining**    You **have been sustaining**  
He/She/It **has been sustaining**    They **have been sustaining**

**Sustain in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **sustained**                      We **sustained**  
You **sustained**                  You **sustained**  
He/She/It **sustained**        They **sustained**

**Sustain in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was sustaining                      We were sustaining  
You were sustaining                You were sustaining  
He/She/It was sustaining        They were sustaining

**Sustain in Past Perfect Tense**

**Singular**

**Plural**

I had sustained                      We had sustained  
You had sustained                You had sustained  
He/She/It had sustained        They had sustained

**Sustain in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been sustaining                We had been sustaining  
You had been sustaining            You had been sustaining  
He/She/It had been sustaining    They had been sustaining

**Sustain in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will sustain                      We will sustain  
You will sustain                You will sustain  
He/She/It will sustain        They will sustain

**Sustain in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be sustaining                We will be sustaining  
You will be sustaining            You will be sustaining  
He/She/It will be sustaining    They will be sustaining

**Sustain in Future Perfect Tense**

**Singular**

**Plural**

**I will have sustained**

**We will have sustained**

**You will have sustained**

**You will have sustained**

**He/She/It will have sustained**

**They will have sustained**

**Sustain in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been sustaining**

**We will have been sustaining**

**You will have been sustaining**

**You will have been sustaining**

**He/She/It will have been sustaining**

**They will have been sustaining**