

# trained

**The past tense of train is trained**

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## The Forms of Train

Infinitive	<b>to train</b>
Present Tense	<b>train / trains</b>
Past Tense	<b>trained</b>
Present Participle	<b>training</b>
Past Participle	<b>trained</b>

## Conjugate Train

**Train in Present Simple (Indefinite) Tense**

**Singular          Plural**

I **train**                  We **train**  
You **train**              You **train**  
He/She/It **trains**    They **train**

**Train in Present Continuous (Progressive) Tense**

**Singular                  Plural**

I **am training**          We **are training**  
You **are training**      You **are training**  
He/She/It **is training**    They **are training**

**Train in Present Perfect Tense**

**Singular                  Plural**

I **have trained**          We **have trained**  
You **have trained**      You **have trained**  
He/She/It **has trained**    They **have trained**

**Train in Present Perfect Continuous Tense**

**Singular                  Plural**

I **have been training**      We **have been training**  
You **have been training**    You **have been training**  
He/She/It **has been training**    They **have been training**

**Train in Past Simple (Indefinite) Tense**

**Singular                  Plural**

I **trained**                  We **trained**  
You **trained**              You **trained**  
He/She/It **trained**      They **trained**

**Train in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was training                      We were training  
You were training                You were training  
He/She/It was training        They were training

**Train in Past Perfect Tense**

**Singular**

**Plural**

I had trained                      We had trained  
You had trained                You had trained  
He/She/It had trained        They had trained

**Train in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been training              We had been training  
You had been training          You had been training  
He/She/It had been training    They had been training

**Train in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will train                      We will train  
You will train                You will train  
He/She/It will train        They will train

**Train in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be training              We will be training  
You will be training          You will be training  
He/She/It will be training    They will be training

**Train in Future Perfect Tense**

**Singular**

**Plural**

**I will have trained**

**We will have trained**

**You will have trained**

**You will have trained**

**He/She/It will have trained**

**They will have trained**

**Train in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been training**

**We will have been training**

**You will have been training**

**You will have been training**

**He/She/It will have been training**

**They will have been training**