

Need another word that means the same as “trepidation”? Find 24 synonyms and 30 related words for “trepidation” in this overview.

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The synonyms of “Trepidation” are: fear, apprehension, dread, fearfulness, apprehensiveness, agitation, anxiety, worry, nervousness, tension, misgivings, unease, uneasiness, foreboding, disquiet, disquietude, perturbation, discomposure, dismay, consternation, alarm, panic, trembling, jumpiness

Trepidation as a Noun

Definitions of "Trepidation" as a noun

According to the [Oxford Dictionary of English](#), “trepidation” as a noun can have the following definitions:

- *Trembling movements or motion.*
- *A feeling of alarm or dread.*
- *A feeling of fear or anxiety about something that may happen.*



Synonyms of "Trepidation" as a noun (24 Words)

- agitation** A state of agitation or turbulent change or development.
*Widespread **agitation** for social reform.*
- alarm** An alarm clock.
*Some experts view the plan with **alarm**.*
- anxiety** A nervous disorder marked by excessive uneasiness and apprehension, typically with compulsive behaviour or panic attacks.
*The housekeeper's eager **anxiety** to please.*
- apprehension** Understanding; grasp.
*The student looked around the examination room with **apprehension**.*
- apprehensiveness** Fearful expectation or anticipation.
- consternation** A feeling of anxiety or dismay, typically at something unexpected.
*To her **consternation** her car wouldn't start.*

discomposure	Anxious embarrassment. <i>She laughed to mask her discomposure.</i>
dismay	Concern and distress caused by something unexpected. <i>To his dismay she left him.</i>
disquiet	The trait of seeming ill at ease. <i>Public disquiet about animal testing.</i>
disquietude	Feelings of anxiety that make you tense and irritable. <i>Such passages reflect a sense of disquietude of alienation even.</i>
<u>dread</u>	Dreadlocks. <i>Lyon combed his fingers through Curtis dreads.</i>
fear	A mixed feeling of dread and reverence. <i>They hushed it up out of fear of public reaction.</i>
fearfulness	The trait of being afraid.
<u>foreboding</u>	An unfavorable omen. <i>A steadily escalating sense of foreboding.</i>
jumpiness	The anxious feeling you have when you have the jitters.
misgivings	Uneasiness about the fitness of an action.
<u>nervousness</u>	The anxious feeling you have when you have the jitters. <i>There was a trace of nervousness in his voice.</i>
<u>panic</u>	Sudden mass fear and anxiety over anticipated events. <i>Panic in the stock market.</i>
perturbation	Anxiety; mental uneasiness. <i>These shifts and swings in wildlife populations are possibly related to climatic perturbations.</i>
tension	A stress that produces an elongation of an elastic physical body. <i>The coup followed months of tension between the military and the government.</i>
<u>trembling</u>	A reflex motion caused by cold or fear or excitement. <i>The disease is a degenerative disorder that causes trembling of the hands arms or legs.</i>
<u>unease</u>	Anxiety or discontent. <i>Public unease about defence policy.</i>
uneasiness	The trait of seeming ill at ease. <i>I sensed the uneasiness of people around me.</i>
<u>worry</u>	A strong feeling of anxiety. <i>Her son had been a constant source of worry to her.</i>

Usage Examples of "Trepidation" as a noun

- *The men set off in fear and trepidation.*

Associations of "Trepidation" (30 Words)

acrophobia	Extreme or irrational fear of heights.
agitation	A state of agitation or turbulent change or development. <i>She was wringing her hands in agitation.</i>
agoraphobia	A morbid fear of open spaces (as fear of being caught alone in some public place.
angst	A feeling of persistent worry about something trivial. <i>The existential angst of the middle classes.</i>
anxiety	A relatively permanent state of worry and nervousness occurring in a variety of mental disorders, usually accompanied by compulsive behavior or attacks of panic. <i>The housekeeper's eager anxiety to please.</i>
apprehension	The cognitive condition of someone who understands. <i>The student looked around the examination room with apprehension.</i>
claustrophobia	A morbid fear of being closed in a confined space. <i>The small stuffy room had begun to give him claustrophobia.</i>
delusion	(psychology) an erroneous belief that is held in the face of evidence to the contrary. <i>The delusion of being watched.</i>
disquiet	The trait of seeming ill at ease. <i>World leaders are surely disquieted by the prospect of a global economic meltdown.</i>
dread	A person with dreadlocks. <i>The thought of returning to London filled her with dread.</i>
fear	A feeling of anxiety concerning the outcome of something or the safety of someone. <i>She observed the other guests without fear of attracting attention.</i>
fright	Frighten. <i>I jumped up in fright.</i>
frighten	Drive out by frightening. <i>At his age I guess he doesn't frighten any more.</i>

horror	A thing causing a feeling of horror. A horror film.
malaise	A general feeling of discomfort, illness, or unease whose exact cause is difficult to identify. A general air of malaise .
misgiving	Doubt about someone's honesty. We have misgivings about the way the campaign is being run.
neurotic	A neurotic person. He seemed a neurotic self-obsessed character.
panic	Cause sudden fear in or fill with sudden panic. Talk of love panicked her.
paranoiac	A person suffering from paranoia. Nonsensical paranoiac ramblings.
phobia	An anxiety disorder characterized by extreme and irrational fear of simple things or social situations. <i>Phobic disorder is a general term for all phobias.</i>
phobic	Having or involving an extreme or irrational fear of or aversion to something. She is phobic about spiders.
qualm	A mild state of nausea. Military regimes generally have no qualms about controlling the press.
scare	Become scared. She has been given the all clear after a breast cancer scare .
scared	Made afraid. I was scared that people were going to take pictures of me.
terror	Terrorism. People fled in terror .
timidity	Fearfulness in venturing into new and unknown places or activities. She believes everyone can overcome their timidity .
turmoil	A violent disturbance. He endured years of inner turmoil .
uneasiness	The trait of seeming ill at ease. The media often express a general uneasiness with animal research.
unrest	A feeling of disturbance and dissatisfaction in a person. Social unrest .

upheaval

A state of violent disturbance and disorder (as in politics or social conditions generally).

*The first **upheaval** produced a hill which was called Roof Mountain.*