

Need another word that means the same as “trepidation”? Find 24 synonyms and 30 related words for “trepidation” in this overview.

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**The synonyms of “Trepidation” are: fear, apprehension, dread, fearfulness, apprehensiveness, agitation, anxiety, worry, nervousness, tension, misgivings, unease, uneasiness, foreboding, disquiet, disquietude, perturbation, discomposure, dismay, consternation, alarm, panic, trembling, jumpiness**

## Trepidation as a Noun

### Definitions of "Trepidation" as a noun

According to the [Oxford Dictionary of English](#), “trepidation” as a noun can have the following definitions:

- *Trembling movements or motion.*
- *A feeling of alarm or dread.*
- *A feeling of fear or anxiety about something that may happen.*



## Synonyms of "Trepidation" as a noun (24 Words)

- agitation** A state of agitation or turbulent change or development.  
*Widespread **agitation** for social reform.*
- alarm** An alarm clock.  
*Some experts view the plan with **alarm**.*
- anxiety** A nervous disorder marked by excessive uneasiness and apprehension, typically with compulsive behaviour or panic attacks.  
*The housekeeper's eager **anxiety** to please.*
- apprehension** Understanding; grasp.  
*The student looked around the examination room with **apprehension**.*
- apprehensiveness** Fearful expectation or anticipation.
- consternation** A feeling of anxiety or dismay, typically at something unexpected.  
*To her **consternation** her car wouldn't start.*

<b>discomposure</b>	Anxious embarrassment. <i>She laughed to mask her <b>discomposure</b>.</i>
<b>dismay</b>	Concern and distress caused by something unexpected. <i>To his <b>dismay</b> she left him.</i>
<b>disquiet</b>	The trait of seeming ill at ease. <i>Public <b>disquiet</b> about animal testing.</i>
<b>disquietude</b>	Feelings of anxiety that make you tense and irritable. <i>Such passages reflect a sense of <b>disquietude</b> of alienation even.</i>
<b><u>dread</u></b>	Dreadlocks. <i>Lyon combed his fingers through Curtis <b>dreads</b>.</i>
<b>fear</b>	A mixed feeling of dread and reverence. <i>They hushed it up out of <b>fear</b> of public reaction.</i>
<b>fearfulness</b>	The trait of being afraid.
<b><u>foreboding</u></b>	An unfavorable omen. <i>A steadily escalating sense of <b>foreboding</b>.</i>
<b>jumpiness</b>	The anxious feeling you have when you have the jitters.
<b>misgivings</b>	Uneasiness about the fitness of an action.
<b><u>nervousness</u></b>	The anxious feeling you have when you have the jitters. <i>There was a trace of <b>nervousness</b> in his voice.</i>
<b><u>panic</u></b>	Sudden mass fear and anxiety over anticipated events. <i><b>Panic</b> in the stock market.</i>
<b>perturbation</b>	Anxiety; mental uneasiness. <i>These shifts and swings in wildlife populations are possibly related to climatic <b>perturbations</b>.</i>
<b>tension</b>	A stress that produces an elongation of an elastic physical body. <i>The coup followed months of <b>tension</b> between the military and the government.</i>
<b><u>trembling</u></b>	A reflex motion caused by cold or fear or excitement. <i>The disease is a degenerative disorder that causes <b>trembling</b> of the hands arms or legs.</i>
<b><u>unease</u></b>	Anxiety or discontent. <i>Public <b>unease</b> about defence policy.</i>
<b>uneasiness</b>	The trait of seeming ill at ease. <i>I sensed the <b>uneasiness</b> of people around me.</i>
<b><u>worry</u></b>	A strong feeling of anxiety. <i>Her son had been a constant source of <b>worry</b> to her.</i>

## Usage Examples of "Trepidation" as a noun

- *The men set off in fear and trepidation.*

## Associations of "Trepidation" (30 Words)

<b>acrophobia</b>	Extreme or irrational fear of heights.
<b>agitation</b>	A state of agitation or turbulent change or development. <i>She was wringing her hands in <b>agitation</b>.</i>
<b>agoraphobia</b>	A morbid fear of open spaces (as fear of being caught alone in some public place.
<b>angst</b>	A feeling of persistent worry about something trivial. <i>The existential <b>angst</b> of the middle classes.</i>
<b>anxiety</b>	A relatively permanent state of worry and nervousness occurring in a variety of mental disorders, usually accompanied by compulsive behavior or attacks of panic. <i>The housekeeper s eager <b>anxiety</b> to please.</i>
<b>apprehension</b>	The cognitive condition of someone who understands. <i>The student looked around the examination room with <b>apprehension</b>.</i>
<b>claustrophobia</b>	A morbid fear of being closed in a confined space. <i>The small stuffy room had begun to give him <b>claustrophobia</b>.</i>
<b>delusion</b>	(psychology) an erroneous belief that is held in the face of evidence to the contrary. <i>The <b>delusion</b> of being watched.</i>
<b>disquiet</b>	The trait of seeming ill at ease. <i>World leaders are surely <b>disquieted</b> by the prospect of a global economic meltdown.</i>
<b>dread</b>	A person with dreadlocks. <i>The thought of returning to London filled her with <b>dread</b>.</i>
<b>fear</b>	A feeling of anxiety concerning the outcome of something or the safety of someone. <i>She observed the other guests without <b>fear</b> of attracting attention.</i>
<b>fright</b>	Frighten. <i>I jumped up in <b>fright</b>.</i>
<b>frighten</b>	Drive out by frightening. <i>At his age I guess he doesn t <b>frighten</b> any more.</i>

<b>horror</b>	A thing causing a feeling of horror. A <b>horror</b> film.
<b>malaise</b>	A general feeling of discomfort, illness, or unease whose exact cause is difficult to identify. A general air of <b>malaise</b> .
<b>misgiving</b>	Doubt about someone's honesty. We have <b>misgivings</b> about the way the campaign is being run.
<b>neurotic</b>	A neurotic person. He seemed a <b>neurotic</b> self-obsessed character.
<b>panic</b>	Cause sudden fear in or fill with sudden panic. Talk of love <b>panicked</b> her.
<b>paranoiac</b>	A person suffering from paranoia. Nonsensical <b>paranoiac</b> ramblings.
<b>phobia</b>	An anxiety disorder characterized by extreme and irrational fear of simple things or social situations. <i>Phobic disorder is a general term for all <b>phobias</b>.</i>
<b>phobic</b>	Having or involving an extreme or irrational fear of or aversion to something. She is <b>phobic</b> about spiders.
<b>qualm</b>	A mild state of nausea. Military regimes generally have no <b>qualms</b> about controlling the press.
<b>scare</b>	Become scared. She has been given the all clear after a breast cancer <b>scare</b> .
<b>scared</b>	Made afraid. I was <b>scared</b> that people were going to take pictures of me.
<b>terror</b>	Terrorism. People fled in <b>terror</b> .
<b>timidity</b>	Fearfulness in venturing into new and unknown places or activities. She believes everyone can overcome their <b>timidity</b> .
<b>turmoil</b>	A violent disturbance. He endured years of inner <b>turmoil</b> .
<b>uneasiness</b>	The trait of seeming ill at ease. The media often express a general <b>uneasiness</b> with animal research.
<b>unrest</b>	A feeling of disturbance and dissatisfaction in a person. Social <b>unrest</b> .

**upheaval**

A state of violent disturbance and disorder (as in politics or social conditions generally).

*The first **upheaval** produced a hill which was called Roof Mountain.*