

Need another word that means the same as “turmoil”? Find 26 synonyms and 30 related words for “turmoil” in this overview.

Table Of Contents:

- [Turmoil as a Noun](#)
- [Definitions of "Turmoil" as a noun](#)
- [Synonyms of "Turmoil" as a noun \(26 Words\)](#)
- [Usage Examples of "Turmoil" as a noun](#)
- [Associations of "Turmoil" \(30 Words\)](#)

**The synonyms of “Turmoil” are: convulsion, upheaval, tumult, agitation, excitement, hullabaloo, confusion, upheavals, turbulence, disorder, commotion, disturbance, ferment, unrest, trouble, disruption, upset, convulsions, chaos, mayhem, pandemonium, bedlam, uproar, in confusion, in a whirl, at sixes and sevens**

## Turmoil as a Noun

### Definitions of "Turmoil" as a noun

According to the [Oxford Dictionary of English](#), “turmoil” as a noun can have the following definitions:

- *A violent disturbance.*
- *Violent agitation.*
- *Disturbance usually in protest.*
- *A state of great disturbance, confusion, or uncertainty.*



## Synonyms of "Turmoil" as a noun (26 Words)

<b>agitation</b>	A state of agitation or turbulent change or development. <i>She was wringing her hands in <b>agitation</b>.</i>
<b>at sixes and sevens</b>	A highly unstable radioactive element (the heaviest of the halogen series); a decay product of uranium and thorium.
<b>bedlam</b>	A scene of uproar and confusion. <i>There was <b>bedlam</b> in the courtroom.</i>
<b>chaos</b>	The most ancient of gods; the personification of the infinity of space preceding creation of the universe. <i>Snow caused <b>chaos</b> in the region.</i>
<b><u>commotion</u></b>	A state of confused and noisy disturbance. <i>She was distracted by a <b>commotion</b> across the street.</i>

<b>confusion</b>	An act causing a disorderly combination of elements with identities lost and distinctions blended. <i>He changed his name in order to avoid <b>confusion</b> with the notorious outlaw.</i>
<b>convulsion</b>	An earthquake or other violent or major movement of the earth's crust. <i><b>Convulsions</b> of laughter.</i>
<b>convulsions</b>	A violent disturbance. <i><b>Convulsions</b> of laughter.</i>
<b>disorder</b>	A disturbance of the peace or of public order. <i>Skin <b>disorders</b>.</i>
<b>disruption</b>	Radical change to an existing industry or market due to technological innovation. <i>No industry is immune to digital <b>disruption</b>.</i>
<u><b>disturbance</b></u>	An unhappy and worried mental state. <i>There was a <b>disturbance</b> of neural function.</i>
<b>excitement</b>	Something that arouses a feeling of excitement. <i>He could hardly conceal his <b>excitement</b> when she agreed.</i>
<b>ferment</b>	A fermenting agent or enzyme. <i>A period of political and religious <b>ferment</b>.</i>
<b>hullabaloo</b>	A commotion; a fuss. <i>Remember all the <b>hullabaloo</b> over the golf ball.</i>
<b>in a whirl</b>	A unit of length equal to one twelfth of a foot.
<b>in confusion</b>	A unit of length equal to one twelfth of a foot.
<u><b>mayhem</b></u>	The willful and unlawful crippling or mutilation of another person. <i>Complete <b>mayhem</b> broke out.</i>
<b>pandemonium</b>	Wild and noisy disorder or confusion; uproar. <i>There was complete <b>pandemonium</b> everyone just panicked.</i>
<b>trouble</b>	A cause of worry or inconvenience. <i>He won without any <b>trouble</b>.</i>
<b>tumult</b>	Violent agitation. <i>His personal <b>tumult</b> ended when he began writing songs.</i>
<u><b>turbulence</b></u>	Unstable flow of a liquid or gas. <i>The industrial revolution was a period of great <b>turbulence</b>.</i>
<u><b>unrest</b></u>	A feeling of restless agitation. <i>Social <b>unrest</b>.</i>

**upheaval**

(geology) a rise of land to a higher elevation (as in the process of mountain building).

*Times of political **upheaval**.*

**upheavals**

(geology) a rise of land to a higher elevation (as in the process of mountain building).

**uproar**

A state of commotion and noise and confusion.

*It caused an **uproar** in the press.*

**upset**

The act of upsetting something.

*A stomach **upset**.*





## Usage Examples of "Turmoil" as a noun

- *He endured years of inner turmoil.*
- *The country was in turmoil.*



## Associations of "Turmoil" (30 Words)

- agitation**      A state of agitation or turbulent change or development.  
*Widespread **agitation** for social reform.*
- brouhaha**      A noisy and overexcited reaction or response to something.  
*The **brouhaha** over those infamous commercials.*
- cataclysmic**      Causing sudden and violent upheaval.  
*A **cataclysmic** earthquake.*



<b>chaos</b>	The property of a complex system whose behaviour is so unpredictable as to appear random, owing to great sensitivity to small changes in conditions. <i>Snow caused <b>chaos</b> in the region.</i>
<b><u>commotion</u></b>	Civil insurrection. <i>Damage caused by civil <b>commotion</b>.</i>
<b>confuse</b>	Make unclear, indistinct, or blurred. <i>Her remarks <b>confused</b> the debate.</i>
<b>confusion</b>	A situation of panic or disorder. <i>There is some <b>confusion</b> between unlawful and illegal.</i>
<b>convulsion</b>	A sudden, violent, irregular movement of the body, caused by involuntary contraction of muscles and associated especially with brain disorders such as epilepsy, the presence of certain toxins or other agents in the blood, or fever in children. <i>The violent <b>convulsions</b> of tectonic plates.</i>
<b>cramp</b>	Secure with a cramp. <i>An attack of <b>cramp</b>.</i>
<b>disorder</b>	Bring disorder to. <i>The doctor prescribed some medicine for the <b>disorder</b>.</i>
<b>disruption</b>	Disturbance or problems which interrupt an event, activity, or process. <i>There had been no delays or <b>disruptions</b> to flights.</i>
<b><u>disturbance</u></b>	A psychological disorder of thought or emotion; a more neutral term than mental illness. <i>There was too much anger and <b>disturbance</b>.</i>
<b><u>flutter</u></b>	An act of fluttering. <i>The seagulls <b>fluttered</b> overhead.</i>
<b>hubbub</b>	Loud confused noise from many sources. <i>A <b>hubbub</b> of laughter and shouting.</i>
<b><u>instability</u></b>	Unreliability attributable to being unstable. <i>Political and economic <b>instability</b>.</i>
<b><u>mayhem</u></b>	The willful and unlawful crippling or mutilation of another person. <i>Complete <b>mayhem</b> broke out.</i>
<b>mess</b>	A meal eaten in a mess hall by service personnel. <i>My hair was a <b>mess</b>.</i>
<b>midst</b>	The middle part or point. <i>He left his flat in the <b>midst</b> of a rainstorm.</i>
<b>pandemonium</b>	A state of extreme confusion and disorder. <i>There was complete <b>pandemonium</b> everyone just panicked.</i>

<b>paranoiac</b>	A person showing unjustified suspicion and mistrust of other people. <i>Nonsensical <b>paranoiac</b> ramblings.</i>
<b>perturbation</b>	An unhappy and worried mental state. <i>Frank's atheism was more than a <b>perturbation</b> to Michael.</i>
<b>riot</b>	Take part in a riot disturb the public peace by engaging in a riot. <i>An unrepentant prodigal son <b>rioting</b> off to far countries.</i>
<b>shakeup</b>	The imposition of a new organization; organizing differently (often involving extensive and drastic changes). <i>Top officials were forced out in the cabinet <b>shakeup</b>.</i>
<b>spasm</b>	Prolonged involuntary muscle contraction. <i>My body <b>spasmed</b> violently.</i>
<b>trepidation</b>	Trembling movements or motion. <i>The men set off in fear and <b>trepidation</b>.</i>
<b>tumult</b>	A state of confusion or disorder. <i>The whole neighbourhood was in a state of fear and <b>tumult</b>.</i>
<b>turbulence</b>	Instability in the atmosphere. <i>The industrial revolution was a period of great <b>turbulence</b>.</i>
<b>unrest</b>	A state of dissatisfaction, disturbance, and agitation, typically involving public demonstrations or disorder. <i>Social <b>unrest</b>.</i>
<b>upheaval</b>	Disturbance usually in protest. <i>The first <b>upheaval</b> produced a hill which was called Roof Mountain.</i>
<b>uproar</b>	A state of commotion and noise and confusion. <i>It caused an <b>uproar</b> in the press.</i>



