

Need another word that means the same as “turmoil”? Find 26 synonyms and 30 related words for “turmoil” in this overview.

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The synonyms of “Turmoil” are: convulsion, upheaval, tumult, agitation, excitement, hullabaloo, confusion, upheavals, turbulence, disorder, commotion, disturbance, ferment, unrest, trouble, disruption, upset, convulsions, chaos, mayhem, pandemonium, bedlam, uproar, in confusion, in a whirl, at sixes and sevens

Turmoil as a Noun

Definitions of "Turmoil" as a noun

According to the [Oxford Dictionary of English](#), “turmoil” as a noun can have the following definitions:

- *A violent disturbance.*
- *Violent agitation.*
- *Disturbance usually in protest.*
- *A state of great disturbance, confusion, or uncertainty.*



Synonyms of "Turmoil" as a noun (26 Words)

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| agitation | A state of agitation or turbulent change or development. <i>She was wringing her hands in agitation.</i> |
| at sixes and sevens | A highly unstable radioactive element (the heaviest of the halogen series); a decay product of uranium and thorium. |
| bedlam | A scene of uproar and confusion. <i>There was bedlam in the courtroom.</i> |
| chaos | The most ancient of gods; the personification of the infinity of space preceding creation of the universe. <i>Snow caused chaos in the region.</i> |
| <u>commotion</u> | A state of confused and noisy disturbance. <i>She was distracted by a commotion across the street.</i> |

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| confusion | An act causing a disorderly combination of elements with identities lost and distinctions blended. <i>He changed his name in order to avoid confusion with the notorious outlaw.</i> |
| convulsion | An earthquake or other violent or major movement of the earth's crust. <i>Convulsions of laughter.</i> |
| convulsions | A violent disturbance. <i>Convulsions of laughter.</i> |
| disorder | A disturbance of the peace or of public order. <i>Skin disorders.</i> |
| disruption | Radical change to an existing industry or market due to technological innovation. <i>No industry is immune to digital disruption.</i> |
| <u>disturbance</u> | An unhappy and worried mental state. <i>There was a disturbance of neural function.</i> |
| excitement | Something that arouses a feeling of excitement. <i>He could hardly conceal his excitement when she agreed.</i> |
| ferment | A fermenting agent or enzyme. <i>A period of political and religious ferment.</i> |
| hullabaloo | A commotion; a fuss. <i>Remember all the hullabaloo over the golf ball.</i> |
| in a whirl | A unit of length equal to one twelfth of a foot. |
| in confusion | A unit of length equal to one twelfth of a foot. |
| <u>mayhem</u> | The willful and unlawful crippling or mutilation of another person. <i>Complete mayhem broke out.</i> |
| pandemonium | Wild and noisy disorder or confusion; uproar. <i>There was complete pandemonium everyone just panicked.</i> |
| trouble | A cause of worry or inconvenience. <i>He won without any trouble.</i> |
| tumult | Violent agitation. <i>His personal tumult ended when he began writing songs.</i> |
| <u>turbulence</u> | Unstable flow of a liquid or gas. <i>The industrial revolution was a period of great turbulence.</i> |
| <u>unrest</u> | A feeling of restless agitation. <i>Social unrest.</i> |

upheaval

(geology) a rise of land to a higher elevation (as in the process of mountain building).

*Times of political **upheaval**.*

upheavals

(geology) a rise of land to a higher elevation (as in the process of mountain building).

uproar

A state of commotion and noise and confusion.

*It caused an **uproar** in the press.*

upset

The act of upsetting something.

*A stomach **upset**.*



Usage Examples of "Turmoil" as a noun

- *He endured years of inner turmoil.*
- *The country was in turmoil.*



Associations of "Turmoil" (30 Words)

- agitation** A state of agitation or turbulent change or development.
*Widespread **agitation** for social reform.*
- brouhaha** A noisy and overexcited reaction or response to something.
*The **brouhaha** over those infamous commercials.*
- cataclysmic** Causing sudden and violent upheaval.
*A **cataclysmic** earthquake.*

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| chaos | The property of a complex system whose behaviour is so unpredictable as to appear random, owing to great sensitivity to small changes in conditions. <i>Snow caused chaos in the region.</i> |
| <u>commotion</u> | Civil insurrection. <i>Damage caused by civil commotion.</i> |
| confuse | Make unclear, indistinct, or blurred. <i>Her remarks confused the debate.</i> |
| confusion | A situation of panic or disorder. <i>There is some confusion between unlawful and illegal.</i> |
| convulsion | A sudden, violent, irregular movement of the body, caused by involuntary contraction of muscles and associated especially with brain disorders such as epilepsy, the presence of certain toxins or other agents in the blood, or fever in children. <i>The violent convulsions of tectonic plates.</i> |
| cramp | Secure with a cramp. <i>An attack of cramp.</i> |
| disorder | Bring disorder to. <i>The doctor prescribed some medicine for the disorder.</i> |
| disruption | Disturbance or problems which interrupt an event, activity, or process. <i>There had been no delays or disruptions to flights.</i> |
| <u>disturbance</u> | A psychological disorder of thought or emotion; a more neutral term than mental illness. <i>There was too much anger and disturbance.</i> |
| <u>flutter</u> | An act of fluttering. <i>The seagulls fluttered overhead.</i> |
| hubbub | Loud confused noise from many sources. <i>A hubbub of laughter and shouting.</i> |
| <u>instability</u> | Unreliability attributable to being unstable. <i>Political and economic instability.</i> |
| <u>mayhem</u> | The willful and unlawful crippling or mutilation of another person. <i>Complete mayhem broke out.</i> |
| mess | A meal eaten in a mess hall by service personnel. <i>My hair was a mess.</i> |
| midst | The middle part or point. <i>He left his flat in the midst of a rainstorm.</i> |
| pandemonium | A state of extreme confusion and disorder. <i>There was complete pandemonium everyone just panicked.</i> |

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| paranoiac | A person showing unjustified suspicion and mistrust of other people. <i>Nonsensical paranoiac ramblings.</i> |
| perturbation | An unhappy and worried mental state. <i>Frank's atheism was more than a perturbation to Michael.</i> |
| riot | Take part in a riot disturb the public peace by engaging in a riot. <i>An unrepentant prodigal son rioting off to far countries.</i> |
| shakeup | The imposition of a new organization; organizing differently (often involving extensive and drastic changes). <i>Top officials were forced out in the cabinet shakeup.</i> |
| spasm | Prolonged involuntary muscle contraction. <i>My body spasmed violently.</i> |
| trepidation | Trembling movements or motion. <i>The men set off in fear and trepidation.</i> |
| tumult | A state of confusion or disorder. <i>The whole neighbourhood was in a state of fear and tumult.</i> |
| turbulence | Instability in the atmosphere. <i>The industrial revolution was a period of great turbulence.</i> |
| unrest | A state of dissatisfaction, disturbance, and agitation, typically involving public demonstrations or disorder. <i>Social unrest.</i> |
| upheaval | Disturbance usually in protest. <i>The first upheaval produced a hill which was called Roof Mountain.</i> |
| uproar | A state of commotion and noise and confusion. <i>It caused an uproar in the press.</i> |

