

Need another word that means the same as “uncomfortable”? Find 34 synonyms and 30 related words for “uncomfortable” in this overview.

Table Of Contents:

- [Uncomfortable as an Adjective](#)
- [Definitions of "Uncomfortable" as an adjective](#)
- [Synonyms of "Uncomfortable" as an adjective \(34 Words\)](#)
- [Usage Examples of "Uncomfortable" as an adjective](#)
- [Associations of "Uncomfortable" \(30 Words\)](#)

**The synonyms of “Uncomfortable” are: painful, not comfortable, intolerable, unbearable, disagreeable, excruciating, agonizing, confining, cramped, spartan, uneasy, awkward, ill at ease, nervous, tense, edgy, restless, self-conscious, embarrassed, discomfited, disturbed, troubled, upset, worried, anxious, apprehensive, unpleasant, distressing, disturbing, embarrassing, strained, charged, worrisome, fraught**

## Uncomfortable as an Adjective

### Definitions of "Uncomfortable" as an adjective

According to the [Oxford Dictionary of English](#), “uncomfortable” as an adjective can have the following definitions:

- *Causing or feeling unease or awkwardness.*
- *Causing or feeling slight pain or physical discomfort.*
- *Conducive to or feeling mental discomfort.*
- *Providing or experiencing physical discomfort.*



## Synonyms of "Uncomfortable" as an adjective (34 Words)

<b><u>agonizing</u></b>	Extremely painful. <i>An <b>agonizing</b> death.</i>
<b>anxious</b>	Very eager or concerned to do something or for something to happen. <i><b>Anxious</b> to see the new show at the museum.</i>
<b><u>apprehensive</u></b>	Anxious or fearful that something bad or unpleasant will happen. <i>Felt <b>apprehensive</b> about the consequences.</i>
<b>awkward</b>	Not smooth or graceful; ungainly. <i>Too <b>awkward</b> with a needle to make her own clothes.</i>
<b>charged</b>	Having an electric charge. <i>An atmosphere <b>charged</b> with excitement.</i>
<b>confining</b>	Restricting the scope or freedom of action.
<b><u>cramped</u></b>	Constricted in size. <i>Staff had to work in <b>cramped</b> conditions.</i>

<b><u>disagreeable</u></b>	Not agreeing with your tastes or expectations. A <b>disagreeable</b> old man.
<b>discomfited</b>	Disappointingly unsuccessful.
<b>distressing</b>	Bad; unfortunate. Some very <b>distressing</b> news.
<b>disturbed</b>	Emotionally unstable and having difficulty coping with personal relationships. Lapsed into <b>disturbed</b> sleep.
<b>disturbing</b>	Causing anxiety; worrying. Distressing or <b>disturbing</b> news.
<b><u>edgy</u></b>	At the forefront of a trend; experimental or avant-garde. Tremendously <b>edgy</b> brass playing.
<b><u>embarrassed</u></b>	Made to feel uncomfortable because of shame or wounded pride. Too <b>embarrassed</b> to say hello to his drunken father on the street.
<b>embarrassing</b>	Hard to deal with; especially causing pain or embarrassment. The <b>embarrassing</b> moment when she found her petticoat down around her ankles.
<b><u>excruciating</u></b>	Very embarrassing, awkward, or tedious. <b>Excruciating</b> back pain.
<b>fraught</b>	Filled with or attended with. Marketing any new product is <b>fraught</b> with danger.
<b>ill at ease</b>	Affected by an impairment of normal physical or mental function.
<b>intolerable</b>	Unable to be endured. The <b>intolerable</b> pressures of his work.
<b><u>nervous</u></b>	Of or relating to the nervous system. <b>Nervous</b> energy.
<b>not comfortable</b>	Free from stress or conducive to mental ease; having or affording peace of mind.
<b><u>painful</u></b>	Causing distress or trouble. A <b>painful</b> performance.
<b><u>restless</u></b>	Offering no physical or emotional rest; involving constant activity. The audience grew <b>restless</b> and inattentive.
<b>self-conscious</b>	Excessively and uncomfortably conscious of your appearance or behavior.
<b>spartan</b>	Showing or characterized by austerity or a lack of comfort or luxury. A <b>spartan</b> diet.

<b><u>strained</u></b>	Of a mainly liquid substance having been strained to separate out any solid matter. <i>Jean s pale <b>strained</b> face.</i>
<b><u>tense</u></b>	Pronounced with relatively tense tongue muscles e g the vowel sound in beat. <i>He was <b>tense</b> with excitement.</i>
<b><u>troubled</u></b>	Characterized by unrest or disorder or insubordination. <i>These <b>troubled</b> areas.</i>
<b><u>unbearable</u></b>	Not able to be endured or tolerated. <i>The heat was getting <b>unbearable</b>.</i>
<b><u>uneasy</u></b>	Relating to bodily unease that causes discomfort. <i>She fell into an <b>uneasy</b> sleep.</i>
<b><u>unpleasant</u></b>	Causing discomfort, unhappiness, or revulsion; disagreeable. <i><b>Unpleasant</b> repercussions.</i>
<b>upset</b>	Afflicted with or marked by anxious uneasiness or trouble or grief. <i>She looked pale and <b>upset</b>.</i>
<b>worried</b>	Anxious or troubled about actual or potential problems. <i>Michelle knew that her friends were very <b>worried</b> about her.</i>
<b>worrisome</b>	Causing distress or worry or anxiety. <i>A <b>worrisome</b> problem.</i>



## Usage Examples of "Uncomfortable" as an adjective

- *An uncomfortable silence.*
- *This kind of life can prove disruptive and uncomfortable.*
- *An uncomfortable way of surprising me just when I felt surest.*
- *The uncomfortable truth.*
- *His hard, uncomfortable bed.*
- *Grew uncomfortable beneath his appraising eye.*
- *An uncomfortable day in the hot sun.*
- *He began to feel uncomfortable at the man's hard stare.*
- *The teacher's presence at the conference made the child very uncomfortable.*
- *An uncomfortable chair.*



## Associations of "Uncomfortable" (30 Words)

- adverse** In an opposing direction.  
*Adverse* weather conditions.
- aggravate** Make worse.  
*This drug **aggravates** the pain.*
- aggravating** Making a problem or offence worse or more serious.  
*She found him thoroughly **aggravating** and unprofessional.*
- annoyance** A thing that annoys someone; a nuisance.  
*He turned his charm on Tara much to Hegarty's **annoyance**.*
- annoying** The act of troubling or annoying someone.  
*Unsolicited calls are **annoying**.*
- bother** Make nervous or agitated.  
*He wasn't to **bother** himself with day to day things.*

<b>bothersome</b>	Causing irritation or annoyance. <i>Most childhood stomach aches though <b>bothersome</b> aren't serious.</i>
<b><u>burden</u></b>	Impose a task upon, assign a responsibility to. <i>The schooner Wyoming of about 6 000 tons <b>burden</b>.</i>
<b><u>disagreeable</u></b>	Not to your liking. <i>Aspects of his work are <b>disagreeable</b> to him.</i>
<b>galling</b>	Causing irritation or annoyance. <i>Found it <b>galling</b> to have to ask permission.</i>
<b>hard</b>	Causing great damage or hardship. <i><b>Hard</b> water requires much more soap shampoo or detergent than soft water.</i>
<b>inconvenience</b>	To cause inconvenience or discomfort to. <i>Noise and fumes from traffic would <b>inconvenience</b> residents.</i>
<b>inconvenient</b>	Causing trouble, difficulties, or discomfort. <i>The back hall is an <b>inconvenient</b> place for the telephone.</i>
<b>irritate</b>	Excite to an abnormal condition, or chafe or inflame. <i><b>Irritate</b> the glands of a leaf.</i>
<b>irritating</b>	Serving to stimulate or excite. <i>The substance may be <b>irritating</b> to eyes and skin.</i>
<b><u>irritation</u></b>	A sudden outburst of anger. <i>The minor <b>irritations</b> of life.</i>
<b>nuisance</b>	A bothersome annoying person. <i>I hope you're not going to make a <b>nuisance</b> of yourself.</i>
<b>obstacle</b>	An obstruction that stands in the way (and must be removed or surmounted or circumvented). <i>The poverty of a district is an <b>obstacle</b> to good education.</i>
<b>offensive</b>	Morally offensive. <i>The allegations made are deeply <b>offensive</b> to us.</i>
<b><u>pesky</u></b>	Causing irritation or annoyance. <i>A <b>pesky</b> younger brother.</i>
<b><u>teasing</u></b>	The act of removing tangles from your hair with a comb. <i>The parody was just a form of <b>teasing</b>.</i>
<b>trouble</b>	Take the trouble to do something concerning oneself. <i>Sorry to <b>trouble</b> you but.</i>
<b><u>troublesome</u></b>	Causing difficulty or annoyance. <i>Schools are removing <b>troublesome</b> pupils.</i>

<b>umbrage</b>	Offence or annoyance. <i>She took <b>umbrage</b> at his remarks.</i>
<b>uneasy</b>	Socially uncomfortable; unsure and constrained in manner. <i>An <b>uneasy</b> coalition government.</i>
<b>untoward</b>	Contrary to your interests or welfare. <i>Both tried to behave as if nothing <b>untoward</b> had happened.</i>
<b>vex</b>	Be a mystery or bewildering to. <i>I ain't <b>vex</b> with you.</i>
<b>vexation</b>	Anger produced by some annoying irritation. <i>The <b>vexations</b> of life under canvas.</i>
<b>vexing</b>	Causing irritation or annoyance. <i>It is <b>vexing</b> to have to admit you are wrong.</i>
<b>wretched</b>	Of poor quality; very bad. <i>I felt so <b>wretched</b> because I thought I might never see you again.</i>



