

Need another word that means the same as “uncomfortable”? Find 34 synonyms and 30 related words for “uncomfortable” in this overview.

Table Of Contents:

- [Uncomfortable as an Adjective](#)
- [Definitions of "Uncomfortable" as an adjective](#)
- [Synonyms of "Uncomfortable" as an adjective \(34 Words\)](#)
- [Usage Examples of "Uncomfortable" as an adjective](#)
- [Associations of "Uncomfortable" \(30 Words\)](#)

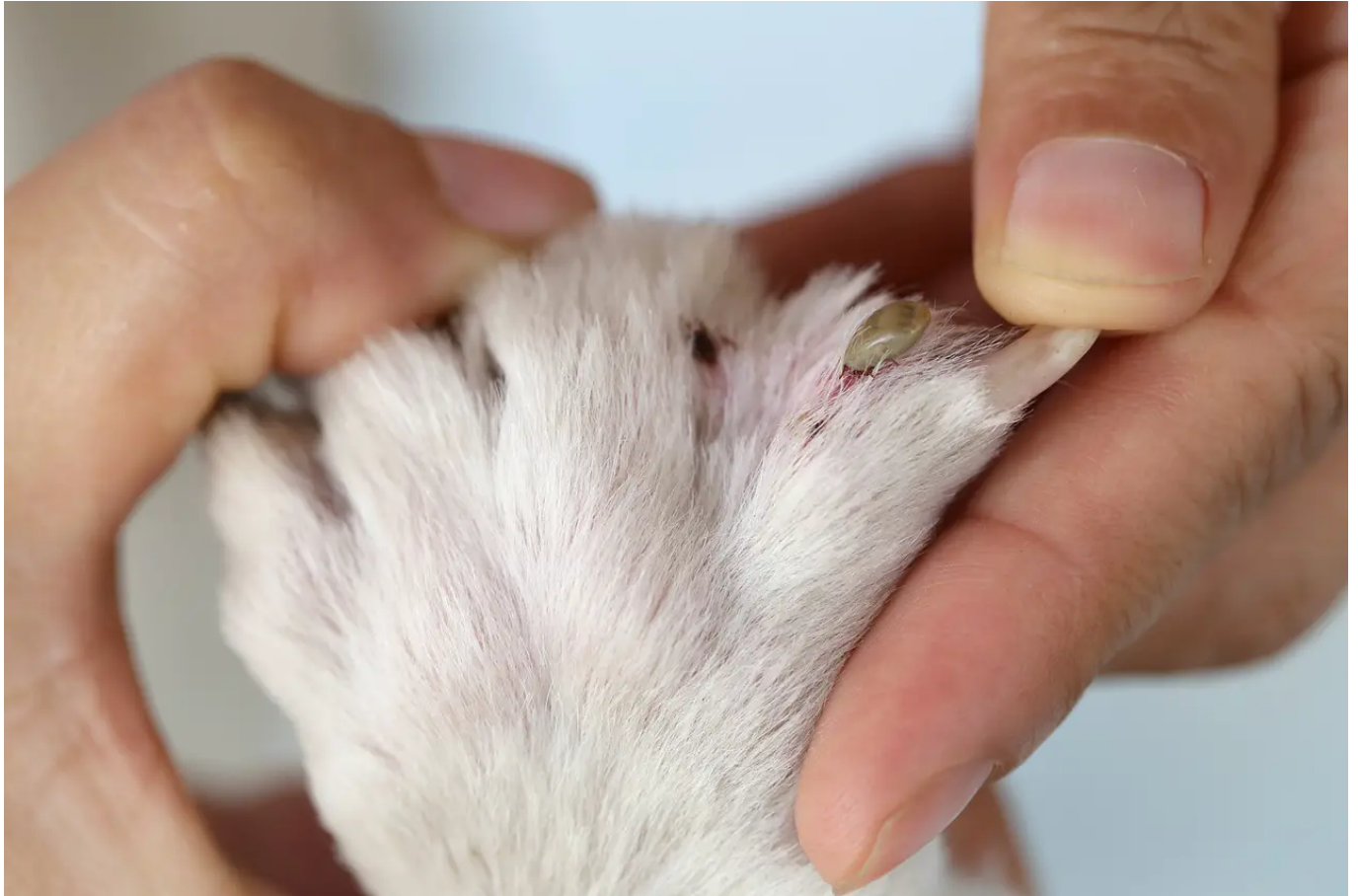
The synonyms of “Uncomfortable” are: painful, not comfortable, intolerable, unbearable, disagreeable, excruciating, agonizing, confining, cramped, spartan, uneasy, awkward, ill at ease, nervous, tense, edgy, restless, self-conscious, embarrassed, discomfited, disturbed, troubled, upset, worried, anxious, apprehensive, unpleasant, distressing, disturbing, embarrassing, strained, charged, worrisome, fraught

Uncomfortable as an Adjective

Definitions of "Uncomfortable" as an adjective

According to the [Oxford Dictionary of English](#), “uncomfortable” as an adjective can have the following definitions:

- *Causing or feeling unease or awkwardness.*
- *Causing or feeling slight pain or physical discomfort.*
- *Conducive to or feeling mental discomfort.*
- *Providing or experiencing physical discomfort.*



Synonyms of "Uncomfortable" as an adjective (34 Words)

<u>agonizing</u>	Extremely painful. <i>An agonizing death.</i>
anxious	Very eager or concerned to do something or for something to happen. <i>Anxious to see the new show at the museum.</i>
<u>apprehensive</u>	Anxious or fearful that something bad or unpleasant will happen. <i>Felt apprehensive about the consequences.</i>
awkward	Not smooth or graceful; ungainly. <i>Too awkward with a needle to make her own clothes.</i>
charged	Having an electric charge. <i>An atmosphere charged with excitement.</i>
confining	Restricting the scope or freedom of action.
<u>cramped</u>	Constricted in size. <i>Staff had to work in cramped conditions.</i>

<u>disagreeable</u>	Not agreeing with your tastes or expectations. <i>A disagreeable old man.</i>
discomfited	Disappointingly unsuccessful.
distressing	Bad; unfortunate. <i>Some very distressing news.</i>
disturbed	Emotionally unstable and having difficulty coping with personal relationships. <i>Lapsed into disturbed sleep.</i>
disturbing	Causing anxiety; worrying. <i>Distressing or disturbing news.</i>
<u>edgy</u>	At the forefront of a trend; experimental or avant-garde. <i>Tremendously edgy brass playing.</i>
<u>embarrassed</u>	Made to feel uncomfortable because of shame or wounded pride. <i>Too embarrassed to say hello to his drunken father on the street.</i>
embarrassing	Hard to deal with; especially causing pain or embarrassment. <i>The embarrassing moment when she found her petticoat down around her ankles.</i>
<u>excruciating</u>	Very embarrassing, awkward, or tedious. <i>Excruciating back pain.</i>
fraught	Filled with or attended with. <i>Marketing any new product is fraught with danger.</i>
ill at ease	Affected by an impairment of normal physical or mental function.
intolerable	Unable to be endured. <i>The intolerable pressures of his work.</i>
<u>nervous</u>	Of or relating to the nervous system. <i>Nervous energy.</i>
not comfortable	Free from stress or conducive to mental ease; having or affording peace of mind.
<u>painful</u>	Causing distress or trouble. <i>A painful performance.</i>
<u>restless</u>	Offering no physical or emotional rest; involving constant activity. <i>The audience grew restless and inattentive.</i>
self-conscious	Excessively and uncomfortably conscious of your appearance or behavior.
spartan	Showing or characterized by austerity or a lack of comfort or luxury. <i>A spartan diet.</i>

<u>strained</u>	Of a mainly liquid substance having been strained to separate out any solid matter. <i>Jean s pale strained face.</i>
<u>tense</u>	Pronounced with relatively tense tongue muscles e g the vowel sound in beat. <i>He was tense with excitement.</i>
<u>troubled</u>	Characterized by unrest or disorder or insubordination. <i>These troubled areas.</i>
<u>unbearable</u>	Not able to be endured or tolerated. <i>The heat was getting unbearable.</i>
<u>uneasy</u>	Relating to bodily unease that causes discomfort. <i>She fell into an uneasy sleep.</i>
<u>unpleasant</u>	Causing discomfort, unhappiness, or revulsion; disagreeable. <i>Unpleasant repercussions.</i>
upset	Afflicted with or marked by anxious uneasiness or trouble or grief. <i>She looked pale and upset.</i>
worried	Anxious or troubled about actual or potential problems. <i>Michelle knew that her friends were very worried about her.</i>
worrisome	Causing distress or worry or anxiety. <i>A worrisome problem.</i>



Usage Examples of "Uncomfortable" as an adjective

- *An uncomfortable silence.*
- *This kind of life can prove disruptive and uncomfortable.*
- *An uncomfortable way of surprising me just when I felt surest.*
- *The uncomfortable truth.*
- *His hard, uncomfortable bed.*
- *Grew uncomfortable beneath his appraising eye.*
- *An uncomfortable day in the hot sun.*
- *He began to feel uncomfortable at the man's hard stare.*
- *The teacher's presence at the conference made the child very uncomfortable.*
- *An uncomfortable chair.*



Associations of "Uncomfortable" (30 Words)

adverse	In an opposing direction. <i>Adverse weather conditions.</i>
aggravate	Make worse. <i>This drug aggravates the pain.</i>
aggravating	Making a problem or offence worse or more serious. <i>She found him thoroughly aggravating and unprofessional.</i>
annoyance	A thing that annoys someone; a nuisance. <i>He turned his charm on Tara much to Hegarty's annoyance.</i>
annoying	The act of troubling or annoying someone. <i>Unsolicited calls are annoying.</i>
bother	Make nervous or agitated. <i>He wasn't to bother himself with day to day things.</i>

bothersome	Causing irritation or annoyance. <i>Most childhood stomach aches though bothersome aren't serious.</i>
burden	Impose a task upon, assign a responsibility to. <i>The schooner Wyoming of about 6 000 tons burden.</i>
disagreeable	Not to your liking. <i>Aspects of his work are disagreeable to him.</i>
galling	Causing irritation or annoyance. <i>Found it galling to have to ask permission.</i>
hard	Causing great damage or hardship. <i>Hard water requires much more soap shampoo or detergent than soft water.</i>
inconvenience	To cause inconvenience or discomfort to. <i>Noise and fumes from traffic would inconvenience residents.</i>
inconvenient	Causing trouble, difficulties, or discomfort. <i>The back hall is an inconvenient place for the telephone.</i>
irritate	Excite to an abnormal condition, or chafe or inflame. <i>Irritate the glands of a leaf.</i>
irritating	Serving to stimulate or excite. <i>The substance may be irritating to eyes and skin.</i>
irritation	A sudden outburst of anger. <i>The minor irritations of life.</i>
nuisance	A bothersome annoying person. <i>I hope you're not going to make a nuisance of yourself.</i>
obstacle	An obstruction that stands in the way (and must be removed or surmounted or circumvented). <i>The poverty of a district is an obstacle to good education.</i>
offensive	Morally offensive. <i>The allegations made are deeply offensive to us.</i>
pesky	Causing irritation or annoyance. <i>A pesky younger brother.</i>
teasing	The act of removing tangles from your hair with a comb. <i>The parody was just a form of teasing.</i>
trouble	Take the trouble to do something concerning oneself. <i>Sorry to trouble you but.</i>
troublesome	Causing difficulty or annoyance. <i>Schools are removing troublesome pupils.</i>

umbrage	Offence or annoyance. <i>She took umbrage at his remarks.</i>
uneasy	Socially uncomfortable; unsure and constrained in manner. <i>An uneasy coalition government.</i>
untoward	Contrary to your interests or welfare. <i>Both tried to behave as if nothing untoward had happened.</i>
vex	Be a mystery or bewildering to. <i>I ain t vex with you.</i>
vexation	Anger produced by some annoying irritation. <i>The vexations of life under canvas.</i>
vexing	Causing irritation or annoyance. <i>It is vexing to have to admit you are wrong.</i>
wretched	Of poor quality; very bad. <i>I felt so wretched because I thought I might never see you again.</i>

