

Need another word that means the same as “unease”? Find 15 synonyms for “unease” in this overview.

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The synonyms of “Unease” are: malaise, uneasiness, disquiet, terror, fright, fearfulness, horror, alarm, panic, agitation, trepidation, dread, consternation, dismay, distress

Unease as a Noun

Definitions of "Unease" as a noun

According to the [Oxford Dictionary of English](#), “unease” as a noun can have the following definitions:

- *Physical discomfort (as mild sickness or depression).*
- *The trait of seeming ill at ease.*
- *Anxiety or discontent.*



Synonyms of "Unease" as a noun (15 Words)

agitation	A state of agitation or turbulent change or development. <i>Widespread agitation for social reform.</i>
<u>alarm</u>	An alarm clock. <i>The boat tilted and the boatmen cried out in alarm.</i>
consternation	Fear resulting from the awareness of danger. <i>To her consternation her car wouldn't start.</i>
dismay	Concern and distress caused by something unexpected. <i>To his dismay she left him.</i>
disquiet	The trait of seeming ill at ease. <i>Public disquiet about animal testing.</i>
distress	Extreme anxiety, sorrow, or pain. <i>To his distress he saw that she was trembling.</i>
<u>dread</u>	A person with dreadlocks. <i>Lyon combed his fingers through Curtis dreads.</i>

fearfulness	An emotion experienced in anticipation of some specific pain or danger (usually accompanied by a desire to flee or fight).
fright	A sudden intense feeling of fear. <i>I got the fright of my life seeing her in the hotel.</i>
horror	A thing causing a feeling of horror. <i>Horrors two buttons were missing.</i>
malaise	A general feeling of discomfort, illness, or unease whose exact cause is difficult to identify. <i>A society afflicted by a deep cultural malaise.</i>
panic	Sudden uncontrollable fear or anxiety, often causing wildly unthinking behaviour. <i>Panic selling.</i>
terror	Terrorism. <i>His delivery is the terror of even world class batsmen.</i>
trepidation	A feeling of fear or anxiety about something that may happen. <i>The men set off in fear and trepidation.</i>
uneasiness	Embarrassment deriving from the feeling that others are critically aware of you. <i>The media often express a general uneasiness with animal research.</i>

Usage Examples of "Unease" as a noun

- *Public **unease** about defence policy.*