

Need another word that means the same as “unease”? Find 15 synonyms for “unease” in this overview.

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**The synonyms of “Unease” are: malaise, uneasiness, disquiet, terror, fright, fearfulness, horror, alarm, panic, agitation, trepidation, dread, consternation, dismay, distress**

## Unease as a Noun

### Definitions of "Unease" as a noun

According to the [Oxford Dictionary of English](#), “unease” as a noun can have the following definitions:

- *Physical discomfort (as mild sickness or depression).*
- *The trait of seeming ill at ease.*
- *Anxiety or discontent.*



## Synonyms of "Unease" as a noun (15 Words)

- agitation** A state of agitation or turbulent change or development.  
*Widespread **agitation** for social reform.*
- alarm** An alarm clock.  
*The boat tilted and the boatmen cried out in **alarm**.*
- consternation** Fear resulting from the awareness of danger.  
*To her **consternation** her car wouldn't start.*
- dismay** Concern and distress caused by something unexpected.  
*To his **dismay** she left him.*
- disquiet** The trait of seeming ill at ease.  
*Public **disquiet** about animal testing.*
- distress** Extreme anxiety, sorrow, or pain.  
*To his **distress** he saw that she was trembling.*
- dread** A person with dreadlocks.  
*Lyon combed his fingers through Curtis **dreads**.*

<b>fearfulness</b>	An emotion experienced in anticipation of some specific pain or danger (usually accompanied by a desire to flee or fight).
<b>fright</b>	A sudden intense feeling of fear. <i>I got the <b>fright</b> of my life seeing her in the hotel.</i>
<b>horror</b>	A thing causing a feeling of horror. <i><b>Horrors</b> two buttons were missing.</i>
<b>malaise</b>	A general feeling of discomfort, illness, or unease whose exact cause is difficult to identify. <i>A society afflicted by a deep cultural <b>malaise</b>.</i>
<b>panic</b>	Sudden uncontrollable fear or anxiety, often causing wildly unthinking behaviour. <i><b>Panic</b> selling.</i>
<b>terror</b>	Terrorism. <i>His delivery is the <b>terror</b> of even world class batsmen.</i>
<b>trepidation</b>	A feeling of fear or anxiety about something that may happen. <i>The men set off in fear and <b>trepidation</b>.</i>
<b>uneasiness</b>	Embarrassment deriving from the feeling that others are critically aware of you. <i>The media often express a general <b>uneasiness</b> with animal research.</i>

### Usage Examples of "Unease" as a noun

- *Public unease about defence policy.*