

Need another word that means the same as “uneasy”? Find 43 synonyms and 30 related words for “uneasy” in this overview.

Table Of Contents:

- [Uneasy as an Adjective](#)
- [Definitions of "Uneasy" as an adjective](#)
- [Synonyms of "Uneasy" as an adjective \(43 Words\)](#)
- [Usage Examples of "Uneasy" as an adjective](#)
- [Associations of "Uneasy" \(30 Words\)](#)

The synonyms of “Uneasy” are: restless, awkward, ill at ease, anxious, nervous, queasy, unquiet, worried, troubled, disturbed, agitated, tense, overwrought, keyed up, edgy, apprehensive, restive, fidgety, discomposed, discomfited, perturbed, alarmed, fearful, fraught, upset, worrying, disturbing, troubling, agitating, alarming, dismaying, perturbing, disquieting, concerning, unsettling, disconcerting, upsetting, strained, constrained, forced, precarious, unstable, insecure

Uneasy as an Adjective

Definitions of "Uneasy" as an adjective

According to the [Oxford Dictionary of English](#), “uneasy” as an adjective can have the following definitions:

- *Causing or fraught with or showing anxiety.*
- *Relating to bodily unease that causes discomfort.*
- *Lacking or not affording physical or mental rest.*
- *Lacking a sense of security or affording no ease or reassurance.*
- *Causing or feeling anxiety; troubled or uncomfortable.*
- *(of a situation or relationship) not settled; liable to change.*
- *Socially uncomfortable; unsure and constrained in manner.*



Synonyms of "Uneasy" as an adjective (43 Words)

agitated	Troubled emotionally and usually deeply. <i>There s no point getting agitated.</i>
agitating	Causing or tending to cause anger or resentment.
alarmed	Experiencing a sudden sense of danger.
alarming	Frightening because of an awareness of danger. <i>Our countryside is disappearing at an alarming rate.</i>
anxious	(of a situation or period of time) causing or characterized by worry or nervousness. <i>Spent an anxious night waiting for the test results.</i>
apprehensive	Anxious or fearful that something bad or unpleasant will happen. <i>Apprehensive about her job.</i>
awkward	Hard to deal with; especially causing pain or embarrassment. <i>An awkward gesture.</i>
concerning	Causing anxiety; worrying. <i>A concerning breach of security.</i>
constrained	Lacking spontaneity; not natural. <i>A constrained smile.</i>
discomfited	Disappointingly unsuccessful.
discomposed	Having your composure disturbed. <i>Looked about with a wandering and discomposed air.</i>
disconcerting	Causing an emotional disturbance. <i>He had a disconcerting habit of offering jobs to people he met at dinner parties.</i>
dismaying	Causing consternation. <i>The list of complaints was dismaying.</i>
disquieting	Inducing feelings of anxiety or worry. <i>The disquieting sounds of nearby gunfire.</i>
disturbed	Having or resulting from emotional and mental problems. <i>Disturbed behaviour.</i>
disturbing	Causing distress or worry or anxiety. <i>Distressing or disturbing news.</i>
edgy	At the forefront of a trend; experimental or avant-garde. <i>He became edgy and defensive.</i>
fearful	Lacking courage; ignobly timid and faint-hearted- P.B.Shelley. <i>A fearful glance.</i>

fidgety	Inclined to fidget; restless or uneasy. <i>I get nervous and fidgety at the dentist.</i>
forced	Forced or compelled. <i>A forced landing.</i>
fraught	Filled with or attended with. <i>She sounded a bit fraught.</i>
ill at ease	Resulting in suffering or adversity.
<u>insecure</u>	Lacking self-confidence or assurance. <i>A top model who is notoriously insecure about her looks.</i>
keyed up	Serving as an essential component.
<u>nervous</u>	Of or relating to the nervous system. <i>A nervous addict.</i>
overwrought	Deeply agitated especially from emotion. <i>She was too overwrought to listen to reason.</i>
perturbed	Thrown into a state of agitated confusion; (‘rattled’ is an informal term). <i>She didn't seem perturbed about the noises around her.</i>
perturbing	Causing anxiety or concern; unsettling. <i>There were two scenes that I think would be perturbing to small children.</i>
<u>precarious</u>	Not secure; beset with difficulties. <i>The precarious life of an undersea diver.</i>
queasy	Causing or able to cause nausea. <i>In the morning he was still pale and queasy.</i>
restive	Impatient especially under restriction or delay. <i>He reiterated his determination to hold the restive republics together.</i>
<u>restless</u>	Worried and uneasy. <i>A restless night.</i>
<u>strained</u>	Of a mainly liquid substance having been strained to separate out any solid matter. <i>My example may seem a little strained.</i>
<u>tense</u>	Pronounced with relatively tense tongue muscles e.g. the vowel sound in beat. <i>They waited in tense silence.</i>
<u>troubled</u>	Showing distress or anxiety. <i>His troubled face.</i>
<u>troubling</u>	Causing distress or worry or anxiety. <i>The lack of attention to security is equally troubling.</i>

unquiet	Characterized by unrest or disorder. <i>Following the assassination of Martin Luter King ours was an unquiet nation.</i>
unsettling	Causing anxiety or uneasiness; disturbing. <i>The finale may come as an unsettling shock.</i>
unstable	Disposed to psychological variability. <i>His rather unstable religious convictions.</i>
upset	Thrown into a state of disarray or confusion. <i>She looked pale and upset.</i>
upsetting	Causing unhappiness, disappointment, or worry. <i>An upsetting experience.</i>
worried	Mentally upset over possible misfortune or danger etc. <i>Not used to a city and worried about small things.</i>
worrying	Causing anxiety about actual or potential problems; alarming. <i>A worrying time.</i>

Usage Examples of "Uneasy" as an adjective

- *She fell into an uneasy sleep.*
- *Uneasy about his health.*
- *Was always uneasy with strangers.*
- *An uneasy calm.*
- *Farmers were uneasy until rain finally came.*
- *An uneasy silence.*
- *An uneasy silence fell on the group.*
- *She lived in a state of uneasy truce with her strict father.*
- *She felt guilty now and a little uneasy.*
- *An uneasy coalition government.*
- *Gave an uneasy laugh.*
- *Uneasy lies the head that wears the crown.*

Associations of "Uneasy" (30 Words)

afraid	Feeling worry or concern or insecurity. <i>Afraid of hard work.</i>
anguished	Experiencing intense pain especially mental pain. <i>He gave an anguished cry.</i>

anxiety	A feeling of worry, nervousness, or unease about something with an uncertain outcome. <i>The housekeeper's eager anxiety to please.</i>
anxious	Eagerly desirous. <i>Cast anxious glances behind her.</i>
<u>apprehensive</u>	Relating to perception or understanding. <i>A kind and apprehensive friend.</i>
concerned	Involved in or affected by or having a claim to or share in. <i>We feel concerned about accomplishing the task at hand.</i>
distressed	(of furniture or clothing) having simulated marks of age and wear. <i>I was distressed at the news of his death.</i>
disturbed	Affected with madness or insanity. <i>The disturbed books and papers on her desk.</i>
excitability	Excessive sensitivity of an organ or body part.
fraught	(of a situation or course of action) filled with or likely to result in (something undesirable). <i>Marketing any new product is fraught with danger.</i>
harried	Feeling strained as a result of having demands persistently made on one; harassed. <i>Harried detectives answer ringing phones.</i>
<u>hazardous</u>	Involving risk or danger. <i>We work in hazardous conditions.</i>
inconvenient	Not conveniently timed. <i>It is inconvenient not to have a telephone in the kitchen.</i>
incubus	A situation resembling a terrifying dream. <i>Debt is a big incubus in developing countries.</i>
<u>insecure</u>	Not firm or firmly fixed; likely to fail or give way. <i>A rather gauche insecure young man.</i>
<u>insecurity</u>	The state of being subject to danger or injury. <i>Growing job insecurity.</i>
<u>nervous</u>	Of or relating to the nervous system. <i>Those nervous moments before takeoff.</i>
nervy	Showing or requiring courage and contempt of danger. <i>The nervy feats of mountaineers.</i>
neurotically	In a neurotic manner.
<u>precarious</u>	Dependent on chance; uncertain. <i>He made a precarious living as a painter.</i>

solicitude	A feeling of excessive concern. <i>I was touched by his solicitude.</i>
stressed	Strengthened by the application of stress during manufacture prestressed. <i>An iambic foot consists of an unstressed syllable followed by a stressed syllable as in delay.</i>
<u>tense</u>	Cause to be tense and uneasy or nervous or anxious. <i>Carefully stretch and then tense your muscles.</i>
<u>troubled</u>	Beset by problems or difficulties. <i>His troubled face.</i>
<u>uncomfortable</u>	Causing or feeling unease or awkwardness. <i>The teacher's presence at the conference made the child very uncomfortable.</i>
upset	The act of upsetting something. <i>His carelessness could have caused an ecological upset.</i>
<u>uptight</u>	Anxious or angry in a tense and overly controlled way. <i>He is so uptight about everything.</i>
volatility	The property of changing readily from a solid or liquid to a vapor. <i>The children have been exposed to the full force of her volatility.</i>
worried	Mentally upset over possible misfortune or danger etc. <i>Michelle knew that her friends were very worried about her.</i>
<u>worry</u>	Be on the mind of. <i>It's a major worry.</i>