

Need another word that means the same as “unrest”? Find 15 synonyms and 30 related words for “unrest” in this overview.

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**The synonyms of “Unrest” are: agitation, ferment, fermentation, tempestuousness, disruption, disturbance, upset, trouble, turmoil, tumult, disorder, chaos, anarchy, turbulence, uproar**

## Unrest as a Noun

### Definitions of "Unrest" as a noun

According to the [Oxford Dictionary of English](#), “unrest” as a noun can have the following definitions:

- *A state of agitation or turbulent change or development.*
- *A feeling of restless agitation.*
- *A feeling of disturbance and dissatisfaction in a person.*
- *A state of dissatisfaction, disturbance, and agitation, typically involving public demonstrations or disorder.*



## Synonyms of "Unrest" as a noun (15 Words)

<b>agitation</b>	A state of agitation or turbulent change or development. <i>She was wringing her hands in <b>agitation</b>.</i>
<a href="#"><u>anarchy</u></a>	A state of disorder due to absence or non-recognition of authority or other controlling systems. <i>He must ensure public order in a country threatened with <b>anarchy</b>.</i>
<b>chaos</b>	Complete disorder and confusion. <i>Snow caused <b>chaos</b> in the region.</i>
<b>disorder</b>	A state of confusion. <i>The doctor prescribed some medicine for the <b>disorder</b>.</i>
<b>disruption</b>	Radical change to an existing industry or market due to technological innovation. <i>There had been no delays or <b>disruptions</b> to flights.</i>
<a href="#"><u>disturbance</u></a>	The interruption of a settled and peaceful condition. <i>Children with learning difficulty and personality <b>disturbance</b>.</i>
<b>ferment</b>	A fermenting agent or enzyme. <i>The political <b>ferment</b> produced new leadership.</i>
<b>fermentation</b>	The fermentation process involved in the making of beers wines and spirits in which sugars are converted to ethyl alcohol. <i>The <b>fermentation</b> of organic matter by microorganisms in the gut.</i>
<b>tempestuousness</b>	A state of wild storminess.
<b>trouble</b>	Difficulty or problems. <i>One <b>trouble</b> after another delayed the job.</i>
<b>tumult</b>	A state of commotion and noise and confusion. <i>The whole neighbourhood was in a state of fear and <b>tumult</b>.</i>
<a href="#"><u>turbulence</u></a>	Instability in the atmosphere. <i>The industrial revolution was a period of great <b>turbulence</b>.</i>
<a href="#"><u>turmoil</u></a>	A state of great disturbance, confusion, or uncertainty. <i>The country was in <b>turmoil</b>.</i>
<a href="#"><u>uproar</u></a>	A loud and impassioned noise or disturbance. <i>The assembly dissolved in <b>uproar</b>.</i>
<b>upset</b>	The act of upsetting something. <i>Everyone gets stomach <b>upsets</b> from time to time.</i>





## Usage Examples of "Unrest" as a noun

- *Social unrest.*
- *The frenzy and unrest of her own life.*
- *Years of industrial unrest.*



## Associations of "Unrest" (30 Words)

<b>agitation</b>	A state of agitation or turbulent change or development. <i>Widespread <b>agitation</b> for social reform.</i>
<b>apprehension</b>	Fearful expectation or anticipation. <i>She had some <b>apprehensions</b> about the filming.</i>
<b>asymmetry</b>	Lack of equality or equivalence between parts or aspects of something; lack of symmetry. <i>The global system is marked by great <b>asymmetry</b> the most important goods are controlled by groups in a relatively small number of countries.</i>
<b>cataclysmic</b>	Causing sudden and violent upheaval. <i>A <b>cataclysmic</b> earthquake.</i>
<b>chaos</b>	Complete disorder and confusion. <i>Snow caused <b>chaos</b> in the region.</i>

<b>convulsion</b>	An earthquake or other violent or major movement of the earth's crust. <i>Toxic side effects like <b>convulsions</b>.</i>
<b>disorder</b>	Bring disorder to. <i>The doctor prescribed some medicine for the <b>disorder</b>.</i>
<b>disruption</b>	Disturbance or problems which interrupt an event, activity, or process. <i>No industry is immune to digital <b>disruption</b>.</i>
<u><b>disturbance</b></u>	A disorderly outburst or tumult. <i>The <b>disturbances</b> were precipitated when four men were refused bail.</i>
<u><b>excite</b></u>	Cause to be agitated excited or roused. <i>The energy of an electron is sufficient to <b>excite</b> the atom.</i>
<b>excitement</b>	Something that arouses a feeling of excitement. <i>He could hardly conceal his <b>excitement</b> when she agreed.</i>
<b>fickle</b>	Liable to sudden unpredictable change. <i>Celebs trying to appeal to an increasingly <b>fickle</b> public.</i>
<b>fluctuation</b>	The quality of being unsteady and subject to changes. <i><b>Fluctuations</b> in the yearly values could be caused by a variety of factors.</i>
<b>foment</b>	Bathe with warm water or medicated lotions. <i>His legs should be <b>fomented</b>.</i>
<u><b>instability</b></u>	A lack of balance or state of disequilibrium. <i>She showed increasing signs of mental <b>instability</b>.</i>
<b>midst</b>	The location of something surrounded by other things. <i>In the <b>midst</b> of the crowd.</i>
<b>paranoiac</b>	Suffering from or relating to paranoia. <i>The violent defensiveness of the <b>paranoiac</b> is directed against all who challenge his power.</i>
<b>perturbation</b>	A disposition that is confused or nervous and upset. <i>Frank's atheism was more than a <b>perturbation</b> to Michael.</i>
<u><b>precarious</b></u>	Not secure; beset with difficulties. <i>He made a <b>precarious</b> living as a painter.</i>
<u><b>provoke</b></u>	Evoke or provoke to appear or occur. <i>Her behavior <b>provoked</b> a quarrel between the couple.</i>
<u><b>shaky</b></u>	Not secure; beset with difficulties. <i>Seemed <b>shaky</b> on her feet.</i>
<b>stir</b>	Stir the feelings emotions or peace of. <i><b>Stir</b> my drink.</i>
<u><b>trepidation</b></u>	A feeling of fear or anxiety about something that may happen. <i>The men set off in fear and <b>trepidation</b>.</i>



<b>tumult</b>	The act of making a noisy disturbance. <i>The whole neighbourhood was in a state of fear and <b>tumult</b>.</i>
<b>turbulence</b>	Instability in the atmosphere. <i>The industrial revolution was a period of great <b>turbulence</b>.</i>
<b>turmoil</b>	Violent agitation. <i>The country was in <b>turmoil</b>.</i>
<b>unstable</b>	Prone to psychiatric problems or sudden changes of mood. <i>The <b>unstable</b> cliff tops.</i>
<b>unsteady</b>	Not regular in pitch or rhythm. <i>Her <b>unsteady</b> walk.</i>
<b>upheaval</b>	A violent or sudden change or disruption to something. <i>Times of political <b>upheaval</b>.</i>
<b>vex</b>	Change the arrangement or position of. <i><b>Vex</b> the subject of the death penalty.</i>

