

Need another word that means the same as “unrest”? Find 15 synonyms and 30 related words for “unrest” in this overview.

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The synonyms of “Unrest” are: agitation, ferment, fermentation, tempestuousness, disruption, disturbance, upset, trouble, turmoil, tumult, disorder, chaos, anarchy, turbulence, uproar

Unrest as a Noun

Definitions of "Unrest" as a noun

According to the [Oxford Dictionary of English](#), “unrest” as a noun can have the following definitions:

- *A state of agitation or turbulent change or development.*
- *A feeling of restless agitation.*
- *A feeling of disturbance and dissatisfaction in a person.*
- *A state of dissatisfaction, disturbance, and agitation, typically involving public demonstrations or disorder.*



Synonyms of "Unrest" as a noun (15 Words)

agitation	A state of agitation or turbulent change or development. <i>She was wringing her hands in agitation.</i>
<u>anarchy</u>	A state of disorder due to absence or non-recognition of authority or other controlling systems. <i>He must ensure public order in a country threatened with anarchy.</i>
chaos	Complete disorder and confusion. <i>Snow caused chaos in the region.</i>
disorder	A state of confusion. <i>The doctor prescribed some medicine for the disorder.</i>
disruption	Radical change to an existing industry or market due to technological innovation. <i>There had been no delays or disruptions to flights.</i>
<u>disturbance</u>	The interruption of a settled and peaceful condition. <i>Children with learning difficulty and personality disturbance.</i>
ferment	A fermenting agent or enzyme. <i>The political ferment produced new leadership.</i>
fermentation	The fermentation process involved in the making of beers wines and spirits in which sugars are converted to ethyl alcohol. <i>The fermentation of organic matter by microorganisms in the gut.</i>
tempestuousness	A state of wild storminess.
trouble	Difficulty or problems. <i>One trouble after another delayed the job.</i>
tumult	A state of commotion and noise and confusion. <i>The whole neighbourhood was in a state of fear and tumult.</i>
<u>turbulence</u>	Instability in the atmosphere. <i>The industrial revolution was a period of great turbulence.</i>
<u>turmoil</u>	A state of great disturbance, confusion, or uncertainty. <i>The country was in turmoil.</i>
<u>uproar</u>	A loud and impassioned noise or disturbance. <i>The assembly dissolved in uproar.</i>
upset	The act of upsetting something. <i>Everyone gets stomach upsets from time to time.</i>



Usage Examples of "Unrest" as a noun

- *Social unrest.*
- *The frenzy and unrest of her own life.*
- *Years of industrial unrest.*



Associations of "Unrest" (30 Words)

- agitation** A state of agitation or turbulent change or development.
*Widespread **agitation** for social reform.*
- apprehension** Fearful expectation or anticipation.
*She had some **apprehensions** about the filming.*
- asymmetry** Lack of equality or equivalence between parts or aspects of something; lack of symmetry.
*The global system is marked by great **asymmetry** the most important goods are controlled by groups in a relatively small number of countries.*
- cataclysmic** Causing sudden and violent upheaval.
*A **cataclysmic** earthquake.*
- chaos** Complete disorder and confusion.
*Snow caused **chaos** in the region.*

convulsion	An earthquake or other violent or major movement of the earth's crust. <i>Toxic side effects like convulsions.</i>
disorder	Bring disorder to. <i>The doctor prescribed some medicine for the disorder.</i>
disruption	Disturbance or problems which interrupt an event, activity, or process. <i>No industry is immune to digital disruption.</i>
<u>disturbance</u>	A disorderly outburst or tumult. <i>The disturbances were precipitated when four men were refused bail.</i>
<u>excite</u>	Cause to be agitated excited or roused. <i>The energy of an electron is sufficient to excite the atom.</i>
excitement	Something that arouses a feeling of excitement. <i>He could hardly conceal his excitement when she agreed.</i>
fickle	Liable to sudden unpredictable change. <i>Celebs trying to appeal to an increasingly fickle public.</i>
fluctuation	The quality of being unsteady and subject to changes. <i>Fluctuations in the yearly values could be caused by a variety of factors.</i>
foment	Bathe with warm water or medicated lotions. <i>His legs should be fomented.</i>
<u>instability</u>	A lack of balance or state of disequilibrium. <i>She showed increasing signs of mental instability.</i>
midst	The location of something surrounded by other things. <i>In the midst of the crowd.</i>
paranoiac	Suffering from or relating to paranoia. <i>The violent defensiveness of the paranoiac is directed against all who challenge his power.</i>
perturbation	A disposition that is confused or nervous and upset. <i>Frank's atheism was more than a perturbation to Michael.</i>
<u>precarious</u>	Not secure; beset with difficulties. <i>He made a precarious living as a painter.</i>
<u>provoke</u>	Evoke or provoke to appear or occur. <i>Her behavior provoked a quarrel between the couple.</i>
<u>shaky</u>	Not secure; beset with difficulties. <i>Seemed shaky on her feet.</i>
stir	Stir the feelings emotions or peace of. <i>Stir my drink.</i>
<u>trepidation</u>	A feeling of fear or anxiety about something that may happen. <i>The men set off in fear and trepidation.</i>

tumult	The act of making a noisy disturbance. <i>The whole neighbourhood was in a state of fear and tumult.</i>
<u>turbulence</u>	Instability in the atmosphere. <i>The industrial revolution was a period of great turbulence.</i>
<u>turmoil</u>	Violent agitation. <i>The country was in turmoil.</i>
<u>unstable</u>	Prone to psychiatric problems or sudden changes of mood. <i>The unstable cliff tops.</i>
<u>unsteady</u>	Not regular in pitch or rhythm. <i>Her unsteady walk.</i>
<u>upheaval</u>	A violent or sudden change or disruption to something. <i>Times of political upheaval.</i>
vex	Change the arrangement or position of. <i>Vex the subject of the death penalty.</i>

