

Need another word that means the same as “up and down”? Find 30 related words for “up and down” in this overview.

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## Associations of "Up and down" (30 Words)

<b>ascend</b>	(of a voice or sound) rise in pitch. <i>She <b>ascended</b> from a life of poverty to one of great renown.</i>
<b>ascending</b>	The act of changing location in an upward direction. <i>The <b>ascending</b> stems of chickweed.</i>
<b>ascent</b>	An upward slope or grade (as in a road). <i>His <b>ascent</b> to power.</i>
<a href="#">climb</a>	An ascent especially of a mountain or hill by climbing. <i>This may be the hardest rock <b>climb</b> in the world.</i>
<a href="#">climbing</a>	The sport or activity of climbing mountains or cliffs. <i><b>Climbing</b> equipment.</i>
<b>descending</b>	Moving down a scale of quality. <i>A rocky <b>descending</b> path.</i>
<b>downstairs</b>	Situated downstairs. <i>The <b>downstairs</b> loo.</i>
<b>downward</b>	Towards a lower place, point, or level. <i>New rules on sick leave affect employees of all grades from managers <b>downwards</b>.</i>
<a href="#">elevate</a>	Raise from a lower to a higher position. <i>The exercise will naturally <b>elevate</b> your chest and head.</i>
<b>elevator</b>	A machine consisting of an endless belt with scoops attached, used for raising grain to an upper storey for storage. <i>In the <b>elevator</b> she pressed the button for the lobby.</i>
<b>escalator</b>	A moving staircase consisting of an endlessly circulating belt of steps driven by a motor, which conveys people between the floors of a public building.
<a href="#">falling</a>	Coming down freely under the influence of gravity. <i><b>Falling</b> temperature.</i>

<b>height</b>	The distance from head to foot. <i>He s terrified of <b>heights</b>.</i>
<b>high</b>	Highly. <i>People in <b>high</b> places.</i>
<b>ladder</b>	With reference to tights or stockings develop or cause to develop a ladder. <i>The first time I put them on one of the stockings <b>laddered</b>.</i>
<b>lift</b>	Lifting device consisting of a platform or cage that is raised and lowered mechanically in a vertical shaft in order to move people from one floor to another in a building. <i>He <b>lifted</b> a war whoop.</i>
<b>low</b>	Below average in amount extent or intensity. <i>Practise a little <b>low</b> cunning.</i>
<b>precipitate</b>	A substance precipitated from a solution. <i>They were <b>precipitated</b> into a conflict for which they were quite unprepared.</i>
<b>raise</b>	Raise the level or amount of something. <i>He wants a <b>raise</b> and some perks.</i>
<b>rise</b>	Rise in rank or status. <i>I gained the crest of a <b>rise</b> and saw the plain stretched out before me.</i>
<b>risen</b>	(of e.g. celestial bodies) above the horizon. <i>The <b>risen</b> sun.</i>
<b>rising</b>	(of a sign) ascendant. <i>The Warsaw <b>rising</b> of 1944.</i>
<b>scale</b>	Measure by or as if by a scale. <i>The <b>scale</b> of the model.</i>
<b>soar</b>	Fly or rise high in the air. <i>The stock market <b>soared</b> after the cease fire was announced.</i>
<b>stairs</b>	A flight of stairs or a flight of steps.
<b>stepladder</b>	A short folding ladder with flat steps and a small platform.
<b>uphill</b>	Against difficulties. <i>An <b>uphill</b> struggle to gain worldwide recognition.</i>
<b>upstairs</b>	An upper floor. <i>No one was allowed to see the <b>upstairs</b>.</i>
<b>upward</b>	Extending or moving toward a higher place. <i>From childhood <b>upward</b>.</i>
<b>vertically</b>	In a vertical direction. <i>The wheel hangs <b>vertically</b> from a wire.</i>

