

Need another word that means the same as “up and down”? Find 30 related words for “up and down” in this overview.

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- [Associations of "Up and down" \(30 Words\)](#)

Associations of "Up and down" (30 Words)

| | |
|--------------------------|---|
| ascend | (of a voice or sound) rise in pitch. <i>She ascended from a life of poverty to one of great renown.</i> |
| ascending | The act of changing location in an upward direction. <i>The ascending stems of chickweed.</i> |
| ascent | An upward slope or grade (as in a road). <i>His ascent to power.</i> |
| climb | An ascent especially of a mountain or hill by climbing. <i>This may be the hardest rock climb in the world.</i> |
| climbing | The sport or activity of climbing mountains or cliffs. <i>Climbing equipment.</i> |
| descending | Moving down a scale of quality. <i>A rocky descending path.</i> |
| downstairs | Situated downstairs. <i>The downstairs loo.</i> |
| downward | Towards a lower place, point, or level. <i>New rules on sick leave affect employees of all grades from managers downwards.</i> |
| elevate | Raise from a lower to a higher position. <i>The exercise will naturally elevate your chest and head.</i> |
| elevator | A machine consisting of an endless belt with scoops attached, used for raising grain to an upper storey for storage. <i>In the elevator she pressed the button for the lobby.</i> |
| escalator | A moving staircase consisting of an endlessly circulating belt of steps driven by a motor, which conveys people between the floors of a public building. |
| falling | Coming down freely under the influence of gravity. <i>Falling temperature.</i> |

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| height | The distance from head to foot. <i>He s terrified of heights.</i> |
| high | Highly. <i>People in high places.</i> |
| ladder | With reference to tights or stockings develop or cause to develop a ladder. <i>The first time I put them on one of the stockings laddered.</i> |
| lift | Lifting device consisting of a platform or cage that is raised and lowered mechanically in a vertical shaft in order to move people from one floor to another in a building. <i>He lifted a war whoop.</i> |
| low | Below average in amount extent or intensity. <i>Practise a little low cunning.</i> |
| precipitate | A substance precipitated from a solution. <i>They were precipitated into a conflict for which they were quite unprepared.</i> |
| raise | Raise the level or amount of something. <i>He wants a raise and some perks.</i> |
| rise | Rise in rank or status. <i>I gained the crest of a rise and saw the plain stretched out before me.</i> |
| risen | (of e.g. celestial bodies) above the horizon. <i>The risen sun.</i> |
| rising | (of a sign) ascendant. <i>The Warsaw rising of 1944.</i> |
| scale | Measure by or as if by a scale. <i>The scale of the model.</i> |
| soar | Fly or rise high in the air. <i>The stock market soared after the cease fire was announced.</i> |
| stairs | A flight of stairs or a flight of steps. |
| stepladder | A short folding ladder with flat steps and a small platform. |
| uphill | Against difficulties. <i>An uphill struggle to gain worldwide recognition.</i> |
| upstairs | An upper floor. <i>No one was allowed to see the upstairs.</i> |
| upward | Extending or moving toward a higher place. <i>From childhood upward.</i> |
| vertically | In a vertical direction. <i>The wheel hangs vertically from a wire.</i> |

