

Need another word that means the same as “up and down”? Find 30 related words for “up and down” in this overview.

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Associations of "Up and down" (30 Words)

ascend	(of a voice or sound) rise in pitch. <i>She ascended from a life of poverty to one of great renown.</i>
ascending	The act of changing location in an upward direction. <i>The ascending stems of chickweed.</i>
ascent	An upward slope or grade (as in a road). <i>His ascent to power.</i>
climb	An ascent especially of a mountain or hill by climbing. <i>This may be the hardest rock climb in the world.</i>
climbing	The sport or activity of climbing mountains or cliffs. <i>Climbing equipment.</i>
descending	Moving down a scale of quality. <i>A rocky descending path.</i>
downstairs	Situated downstairs. <i>The downstairs loo.</i>
downward	Towards a lower place, point, or level. <i>New rules on sick leave affect employees of all grades from managers downwards.</i>
elevate	Raise from a lower to a higher position. <i>The exercise will naturally elevate your chest and head.</i>
elevator	A machine consisting of an endless belt with scoops attached, used for raising grain to an upper storey for storage. <i>In the elevator she pressed the button for the lobby.</i>
escalator	A moving staircase consisting of an endlessly circulating belt of steps driven by a motor, which conveys people between the floors of a public building.
falling	Coming down freely under the influence of gravity. <i>Falling temperature.</i>

height	The distance from head to foot. <i>He s terrified of heights.</i>
high	Highly. <i>People in high places.</i>
ladder	With reference to tights or stockings develop or cause to develop a ladder. <i>The first time I put them on one of the stockings laddered.</i>
lift	Lifting device consisting of a platform or cage that is raised and lowered mechanically in a vertical shaft in order to move people from one floor to another in a building. <i>He lifted a war whoop.</i>
low	Below average in amount extent or intensity. <i>Practise a little low cunning.</i>
precipitate	A substance precipitated from a solution. <i>They were precipitated into a conflict for which they were quite unprepared.</i>
raise	Raise the level or amount of something. <i>He wants a raise and some perks.</i>
rise	Rise in rank or status. <i>I gained the crest of a rise and saw the plain stretched out before me.</i>
risen	(of e.g. celestial bodies) above the horizon. <i>The risen sun.</i>
rising	(of a sign) ascendant. <i>The Warsaw rising of 1944.</i>
scale	Measure by or as if by a scale. <i>The scale of the model.</i>
soar	Fly or rise high in the air. <i>The stock market soared after the cease fire was announced.</i>
stairs	A flight of stairs or a flight of steps.
stepladder	A short folding ladder with flat steps and a small platform.
uphill	Against difficulties. <i>An uphill struggle to gain worldwide recognition.</i>
upstairs	An upper floor. <i>No one was allowed to see the upstairs.</i>
upward	Extending or moving toward a higher place. <i>From childhood upward.</i>
vertically	In a vertical direction. <i>The wheel hangs vertically from a wire.</i>

