

Need another word that means the same as “upheaval”? Find 14 synonyms and 30 related words for “upheaval” in this overview.

Table Of Contents:

- [Upheaval as a Noun](#)
- [Definitions of "Upheaval" as a noun](#)
- [Synonyms of "Upheaval" as a noun \(14 Words\)](#)
- [Usage Examples of "Upheaval" as a noun](#)
- [Associations of "Upheaval" \(30 Words\)](#)

**The synonyms of “Upheaval” are: convulsion, turmoil, sturm und drang, turbulence, agitation, excitement, hullabaloo, uplift, upthrow, upthrust, disruption, upset, disturbance, trouble**

## Upheaval as a Noun

### Definitions of "Upheaval" as a noun

According to the [Oxford Dictionary of English](#), “upheaval” as a noun can have the following definitions:

- *(geology) a rise of land to a higher elevation (as in the process of mountain building).*
- *Disturbance usually in protest.*
- *A violent disturbance.*
- *A violent or sudden change or disruption to something.*
- *A state of violent disturbance and disorder (as in politics or social conditions generally).*
- *A rise of land to a higher elevation (as in the process of mountain building).*
- *An upward displacement of part of the earth's crust.*



## Synonyms of "Upheaval" as a noun (14 Words)

<b>agitation</b>	A state of agitation or turbulent change or development. <i>She was wringing her hands in <b>agitation</b>.</i>
<b>convulsion</b>	A violent disturbance. <i>Febrile <b>convulsions</b>.</i>
<b>disruption</b>	An act of delaying or interrupting the continuity. <i>He gave hints on what industry today he believes may be ripe for <b>disruption</b>.</i>
<b><u>disturbance</u></b>	A noisy fight. <i>There was a <b>disturbance</b> of neural function.</i>
<b>excitement</b>	Something that arouses a feeling of excitement. <i>He could hardly conceal his <b>excitement</b> when she agreed.</i>
<b>hullabaloo</b>	A commotion; a fuss. <i>Remember all the <b>hullabaloo</b> over the golf ball.</i>

<b>sturm und drang</b>	A state of violent disturbance and disorder (as in politics or social conditions generally).
<b>trouble</b>	Any of various periods of civil war or unrest in Ireland, especially in 1919-23 and (in Northern Ireland) between 1968 and 1998. <i>They had labor <b>trouble</b>.</i>
<b>turbulence</b>	Unstable flow of a liquid or gas. <i>The plane shuddered as it entered some <b>turbulence</b>.</i>
<b>turmoil</b>	Violent agitation. <i>He endured years of inner <b>turmoil</b>.</i>
<b>uplift</b>	A rise of land to a higher elevation (as in the process of mountain building). <i>It s one of the regions of the Himalayas where the rate of <b>uplift</b> is most extreme.</i>
<b>upset</b>	The act of upsetting something. <i>A stomach <b>upset</b>.</i>
<b>upthrow</b>	(geology) a rise of land to a higher elevation (as in the process of mountain building).
<b>upthrust</b>	An upward thrust. <i>The <b>upthrust</b> of Manhattan skyscrapers.</i>



## Usage Examples of "Upheaval" as a noun

- *Major upheavals in the financial markets.*
- *The first upheaval produced a hill which was called Roof Mountain.*
- *Times of political upheaval.*

## Associations of "Upheaval" (30 Words)

<b>agitation</b>	A state of agitation or turbulent change or development. <i>She was wringing her hands in <b>agitation</b>.</i>
<b>brouhaha</b>	A noisy and overexcited reaction or response to something. <i>The <b>brouhaha</b> over those infamous commercials.</i>
<b>cataclysmic</b>	Used to emphasize the extent of something bad or unwelcome. <i>The concert was a <b>cataclysmic</b> failure.</i>
<b>catastrophe</b>	A state of extreme (usually irremediable) ruin and misfortune. <i>The tax would be a <b>catastrophe</b> for the industry.</i>

<b>chaos</b>	The most ancient of gods; the personification of the infinity of space preceding creation of the universe. <i>Snow caused <b>chaos</b> in the region.</i>
<b><u>commotion</u></b>	A disorderly outburst or tumult. <i>They set off firecrackers to make a lot of <b>commotion</b>.</i>
<b>convulsion</b>	A violent social or political upheaval. <i>Toxic side effects like <b>convulsions</b>.</i>
<b>cramp</b>	Fasten with a cramp or cramps. <i>The facade is built of travertine blocks without mortar but held by metal <b>cramps</b>.</i>
<b>disorder</b>	Bring disorder to. <i>Recurrent food crises led to outbreaks of <b>disorder</b>.</i>
<b>disruption</b>	The act of causing disorder. <i>He gave hints on what industry today he believes may be ripe for <b>disruption</b>.</i>
<b><u>disturbance</u></b>	Activity that is a malfunction, intrusion, or interruption. <i>Children with learning difficulty and personality <b>disturbance</b>.</i>
<b>excitement</b>	Something that arouses a feeling of excitement. <i>He could hardly conceal his <b>excitement</b> when she agreed.</i>
<b><u>flap</u></b>	An act of flapping something typically a wing or arm up and down or from side to side. <i>He wrote on the <b>flap</b> of the envelope.</i>
<b><u>flutter</u></b>	An act of fluttering. <i>Mavis <b>fluttered</b> about nervously.</i>
<b>hubbub</b>	A busy, noisy situation. <i>She fought through the <b>hubbub</b>.</i>
<b><u>mayhem</u></b>	Violent and needless disturbance. <i>Complete <b>mayhem</b> broke out.</i>
<b>midst</b>	The middle part or point. <i>He left his flat in the <b>midst</b> of a rainstorm.</i>
<b>pandemonium</b>	A state of extreme confusion and disorder. <i>There was complete <b>pandemonium</b> everyone just panicked.</i>
<b>perturbation</b>	Anxiety; mental uneasiness. <i>These shifts and swings in wildlife populations are possibly related to climatic <b>perturbations</b>.</i>
<b>quake</b>	An earthquake. <i>A big <b>quake</b> east of the Rocky Mountains.</i>

<b><u>riot</u></b>	Take part in a riot disturb the public peace by engaging in a riot. <i>The garden was a <b>riot</b> of colour.</i>
<b>shakeup</b>	The imposition of a new organization; organizing differently (often involving extensive and drastic changes). <i>Top officials were forced out in the cabinet <b>shakeup</b>.</i>
<b><u>spasm</u></b>	A sudden and brief spell of an activity or sensation. <i>A <b>spasm</b> of coughing woke him.</i>
<b>tremor</b>	Undergo a tremor or tremors. <i>A muscle in my jaw <b>tremored</b> uncontrollably.</i>
<b><u>trepidation</u></b>	A feeling of alarm or dread. <i>The men set off in fear and <b>trepidation</b>.</i>
<b>tumult</b>	The act of making a noisy disturbance. <i>A <b>tumult</b> of shouting and screaming broke out.</i>
<b><u>turbulence</u></b>	A state of violent disturbance and disorder (as in politics or social conditions generally). <i>Political <b>turbulence</b>.</i>
<b><u>turmoil</u></b>	Disturbance usually in protest. <i>He endured years of inner <b>turmoil</b>.</i>
<b><u>unrest</u></b>	A state of dissatisfaction, disturbance, and agitation, typically involving public demonstrations or disorder. <i>Years of industrial <b>unrest</b>.</i>
<b><u>uproar</u></b>	Loud confused noise from many sources. <i>The room was in an <b>uproar</b>.</i>