

Need another word that means the same as “uplift”? Find 32 synonyms and 30 related words for “uplift” in this overview.

Table Of Contents:

- [Uplift as a Noun](#)
- [Definitions of "Uplift" as a noun](#)
- [Synonyms of "Uplift" as a noun \(3 Words\)](#)
- [Usage Examples of "Uplift" as a noun](#)
- [Uplift as a Verb](#)
- [Definitions of "Uplift" as a verb](#)
- [Synonyms of "Uplift" as a verb \(29 Words\)](#)
- [Usage Examples of "Uplift" as a verb](#)
- [Associations of "Uplift" \(30 Words\)](#)

**The synonyms of “Uplift” are: elate, intoxicate, lift up, pick up, boost, raise, buoy up, elevate, edify, inspire, lift, give a lift to, cheer up, perk up, enliven, brighten up, lighten, ginger up, gladden, encourage, stimulate, arouse, revive, restore, hoisted, reared, hitched up, held high, erect, upheaval, upthrow, upthrust**

## Uplift as a Noun

### Definitions of "Uplift" as a noun

According to the [Oxford Dictionary of English](#), “uplift” as a noun can have the following definitions:

- *Something that makes a person feel more cheerful, positive, or optimistic.*
- *An upward movement of part of the earth's surface.*
- *An instance of being raised or increased.*
- *Support from a garment, especially for a woman's bust.*
- *A rise of land to a higher elevation (as in the process of mountain building.*
- *A brassiere that lifts and supports the breasts.*
- *(geology) a rise of land to a higher elevation (as in the process of mountain building.*



## Synonyms of "Uplift" as a noun (3 Words)

- upheaval** A violent disturbance.  
*The first **upheaval** produced a hill which was called Roof Mountain.*
- upthrow** A rise of land to a higher elevation (as in the process of mountain building.  
(geology) a rise of land to a higher elevation (as in the process of mountain building.
- upthrust** building.  
*The **upthrust** of Manhattan skyscrapers.*



## Usage Examples of "Uplift" as a noun

- *Their love will prove an enormous uplift.*
- *An uplift bra.*
- *It's one of the regions of the Himalayas where the rate of uplift is most extreme.*
- *The whole club has seen an uplift in confidence.*
- *To get our whole group back together should be a big emotional uplift for the team.*
- *This uplift happened as recently as 45,000 years ago.*
- *There's been an uplift in revenue.*



## Uplift as a Verb

### Definitions of "Uplift" as a verb

According to the [Oxford Dictionary of English](#), "uplift" as a verb can have the following definitions:

- *Fill with high spirits; fill with optimism.*
- *Lift up or elevate.*
- *Lift to a higher position.*
- *Pick up or take away.*
- *Raise the level of; improve.*
- *Raise up (strata, mountains, etc.) by an upward movement of the earth's crust.*
- *Lift up from the earth, as by geologic forces.*
- *Cause (someone) to feel more cheerful, positive, or optimistic.*



## Synonyms of "Uplift" as a verb (29 Words)

- arouse** Awaken (someone) from sleep.  
*I was surprised to find that this look **aroused** me.*
- boost** Give a boost to be beneficial to.  
*A range of measures to **boost** tourism.*
- brighten up** Become clear.
- buoy up** Mark with a buoy.
- cheer up** Give encouragement to.
- edify** Instruct or improve (someone) morally or intellectually.  
*Rachel had edified their childhood with frequent readings from Belloc.*
- elate** Make (someone) ecstatically happy.  
*While the wealth of wildlife **elated** me it unnerved me as well.*
- elevate** Raise from a lower to a higher position.  
*The therapy can **elevate** serum amylase levels.*

<b>encourage</b>	Inspire with confidence; give hope or courage to. <i>The intention is to <b>encourage</b> new writing talent.</i>
<b>enliven</b>	Make (someone) more cheerful or animated. <i>The visit had clearly <b>enlivened</b> my mother.</i>
<b>ginger up</b>	Add ginger to in order to add flavor.
<b>give a lift to</b>	Place into the hands or custody of.
<b>gladden</b>	Make glad or happy. <i>The high childish laugh was a sound that <b>gladdened</b> her heart.</i>
<b>held high</b>	To close within bounds, limit or hold back from movement.
<b>hitched up</b>	To hook or entangle.
<b>hoisted</b>	Move from one place to another by lifting.
<b>inspire</b>	Create (a feeling, especially a positive one) in a person. <i>The film was successful enough to <b>inspire</b> a sequel.</i>
<b>intoxicate</b>	Excite or exhilarate (someone). <i>Van Gogh went to Provence where he was <b>intoxicated</b> by the Mediterranean sunlight.</i>
<b>lift</b>	Take illegally. <i>The European Community <b>lifted</b> its oil embargo against South Africa.</i>
<b>lift up</b>	Take (root crops) out of the ground.
<b>lighten</b>	Reduce the weight on; make lighter. <i>She <b>lightened</b> the load on the tired donkey.</i>
<b>perk up</b>	Raise.
<b>pick up</b>	Provoke.
<b>raise</b>	Raise the level or amount of something. <i><b>Raise</b> a smile.</i>
<b>reared</b>	Stand up on the hind legs, of quadrupeds.
<b>restore</b>	Restore by replacing a part or putting together what is torn or broken. <i>The government <b>restored</b> confidence in the housing market.</i>
<b>revive</b>	Regain life, consciousness, or strength. <i>She was beginning to <b>revive</b> from her faint.</i>
<b>stimulate</b>	Encourage or arouse interest or enthusiasm in. <i>The book <b>stimulated</b> her imagination.</i>



## Usage Examples of "Uplift" as a verb

- *Dust is uplifted by wind.*
- *Audiences will be uplifted by this incredible tale of fighting for your dreams.*
- *Music can uplift your spirits.*
- *The earth's movement uplifted this part of town.*
- *The mountains were uplifted during the Jurassic period.*
- *The refreshing smell of essential oils like lavender and peppermint can instantly uplift your mood.*
- *Mona says the orchestra has uplifted her quality of life.*
- *We will be only too pleased to uplift any items you wish us to sell for you.*
- *What better way to uplift the spirits than to plan your next holiday?*





## Associations of "Uplift" (30 Words)

<b>advancement</b>	The process of promoting a cause or plan. <i><b>Advancement</b> of knowledge.</i>
<b><u>ameliorate</u></b>	To make better. <i>The reform did much to <b>ameliorate</b> living standards.</i>
<b>augment</b>	A vowel prefixed to past tenses of verbs in Greek and certain other Indo-European languages. <i>He <b>augmented</b> his summer income by painting houses.</i>
<b>augmentation</b>	The amount by which something increases. <i>The <b>augmentation</b> of the curriculum with new subjects.</i>
<b>develop</b>	Cause to grow and differentiate in ways conforming to its natural development. <i>The country is <b>developing</b> at a rapid rate and the economy is booming.</i>
<b>elate</b>	In high spirits; exultant or proud. <i>Their <b>elate</b> and animated faces.</i>
<b><u>elevate</u></b>	Raise from a lower to a higher position. <i>The therapy can <b>elevate</b> serum amylase levels.</i>
<b>enhance</b>	Make better or more attractive. <i>This will <b>enhance</b> your enjoyment.</i>
<b>enhancement</b>	An increase or improvement in quality, value, or extent. <i>This programme of <b>enhancements</b> will improve the daily experience of passengers.</i>
<b><u>enrich</u></b>	Improve or enhance the quality or value of. <i>Top party members had <b>enriched</b> themselves.</i>
<b><u>escalate</u></b>	Make or become more intense or serious. <i>We do not want to <b>escalate</b> the war.</i>
<b>evolve</b>	Undergo development or evolution. <i>The domestic dog is thought to have <b>evolved</b> from the wolf.</i>
<b>expansion</b>	A discussion that provides additional information. <i>The <b>expansion</b> of <math>a^2</math> is <math>a^2 + 2ab + b^2</math>.</i>
<b>improve</b>	Achieve or produce something better than. <i>The weather <b>improved</b> toward evening.</i>
<b>increase</b>	A change resulting in an increase. <i>The <b>increase</b> is scheduled for next month.</i>

<b>increment</b>	A regular increase in salary on an incremental scale. <i>Your first <b>increment</b> will be payable six months from your date of commencement.</i>
<b>meliorate</b>	Get better.
<b>mounting</b>	The action of mounting something. <i>The <b>mounting</b> of rapid fire guns.</i>
<u><b>optimize</b></u>	Rearrange or rewrite (data, software, etc.) to improve efficiency of retrieval or processing. <i>We manage our time so that we <b>optimize</b> our productivity.</i>
<b>productivity</b>	The state or quality of being productive. <i>Nutrient rich waters with high primary <b>productivity</b>.</i>
<b>promote</b>	Of an additive act as a promoter of a catalyst. <i>Some regulation is still required to <b>promote</b> competition.</i>
<b>promotion</b>	Act of raising in rank or position. <i>She s the <b>promotions</b> manager for the museum.</i>
<b>raise</b>	Raise in rank or condition. <i>A fence was being <b>raised</b> around the property.</i>
<u><b>reform</b></u>	The action or process of reforming an institution or practice. <i>The Church <b>reformed</b> me.</i>
<u><b>refurbish</b></u>	Make brighter and prettier. <i>We <b>refurbished</b> the guest wing.</i>
<b>rise</b>	Rise in rank or status. <i>I gained the crest of a <b>rise</b> and saw the plain stretched out before me.</i>
<b>sere</b>	Having lost all moisture. <i>The desert was edged with <b>sere</b> vegetation.</i>
<u><b>surge</b></u>	A sudden marked increase in voltage or current in an electric circuit. <i>Indignation <b>surged</b> up within her.</i>
<u><b>tenfold</b></u>	Containing ten or ten parts. <i>A <b>tenfold</b> increase in the use of insecticides.</i>
<u><b>upgrade</b></u>	Raise (an employee) to a higher grade or rank. <i>The airline <b>upgraded</b> me when I arrived late and Coach Class was full.</i>

