

# upstood

**The past tense of upstand is upstood**

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## The Forms of Upstand

Infinitive	<b>to upstand</b>
Present Tense	<b>upstand / upstands</b>
Past Tense	<b>upstood</b>
Present Participle	<b>upstanding</b>
Past Participle	<b>upstood</b>

## Conjugate Upstand

**Upstand in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **upstand**

We **upstand**

You **upstand**

You **upstand**

He/She/It **upstands** They **upstand**

## **Upstand in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am upstanding**

We **are upstanding**

You **are upstanding**

You **are upstanding**

He/She/It **is upstanding** They **are upstanding**

## **Upstand in Present Perfect Tense**

**Singular**

**Plural**

I **have upstood**

We **have upstood**

You **have upstood**

You **have upstood**

He/She/It **has upstood** They **have upstood**

## **Upstand in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been upstanding**

We **have been upstanding**

You **have been upstanding**

You **have been upstanding**

He/She/It **has been upstanding** They **have been upstanding**

## **Upstand in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **upstood**

We **upstood**

You **upstood**

You **upstood**

He/She/It **upstood** They **upstood**

## **Upstand in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was upstanding      We were upstanding  
You were upstanding      You were upstanding  
He/She/It was upstanding      They were upstanding

**Upstand in Past Perfect Tense**

**Singular**

**Plural**

I had upstood      We had upstood  
You had upstood      You had upstood  
He/She/It had upstood      They had upstood

**Upstand in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been upstanding      We had been upstanding  
You had been upstanding      You had been upstanding  
He/She/It had been upstanding      They had been upstanding

**Upstand in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will upstand      We will upstand  
You will upstand      You will upstand  
He/She/It will upstand      They will upstand

**Upstand in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be upstanding      We will be upstanding  
You will be upstanding      You will be upstanding  
He/She/It will be upstanding      They will be upstanding

**Upstand in Future Perfect Tense**

**Singular**

**Plural**

**I will have upstood**

**We will have upstood**

**You will have upstood**

**You will have upstood**

**He/She/It will have upstood**

**They will have upstood**

**Upstand in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been upstanding**

**We will have been upstanding**

**You will have been upstanding**

**You will have been upstanding**

**He/She/It will have been upstanding**

**They will have been upstanding**