

# weight-lifted

**The past tense of weight-lift is weight-lifted**

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## The Forms of Weight-lift

Infinitive	<b>to weight-lift</b>
Present Tense	<b>weight-lift / weight-lifts</b>
Past Tense	<b>weight-lifted</b>
Present Participle	<b>weight-lifting</b>
Past Participle	<b>weight-lifted</b>

## Conjugate Weight-lift

**Weight-lift in Present Simple (Indefinite) Tense**

**Singular**

**Plural**

I **weight-lift**                      We **weight-lift**  
You **weight-lift**                You **weight-lift**  
He/She/It **weight-lifts**      They **weight-lift**

**Weight-lift in Present Continuous (Progressive) Tense**

**Singular**

**Plural**

I **am weight-lifting**              We **are weight-lifting**  
You **are weight-lifting**        You **are weight-lifting**  
He/She/It **is weight-lifting**    They **are weight-lifting**

**Weight-lift in Present Perfect Tense**

**Singular**

**Plural**

I **have weight-lifted**              We **have weight-lifted**  
You **have weight-lifted**        You **have weight-lifted**  
He/She/It **has weight-lifted**    They **have weight-lifted**

**Weight-lift in Present Perfect Continuous Tense**

**Singular**

**Plural**

I **have been weight-lifting**        We **have been weight-lifting**  
You **have been weight-lifting**    You **have been weight-lifting**  
He/She/It **has been weight-lifting**    They **have been weight-lifting**

**Weight-lift in Past Simple (Indefinite) Tense**

**Singular**

**Plural**

I **weight-lifted**                      We **weight-lifted**  
You **weight-lifted**                You **weight-lifted**  
He/She/It **weight-lifted**      They **weight-lifted**

**Weight-lift in Past Continuous (Progressive) Tense**

**Singular**

**Plural**

I was weight-lifting      We were weight-lifting  
You were weight-lifting      You were weight-lifting  
He/She/It was weight-lifting      They were weight-lifting

**Weight-lift in Past Perfect Tense**

**Singular**

**Plural**

I had weight-lifted      We had weight-lifted  
You had weight-lifted      You had weight-lifted  
He/She/It had weight-lifted      They had weight-lifted

**Weight-lift in Past Perfect Continuous Tense**

**Singular**

**Plural**

I had been weight-lifting      We had been weight-lifting  
You had been weight-lifting      You had been weight-lifting  
He/She/It had been weight-lifting      They had been weight-lifting

**Weight-lift in Future Simple (Indefinite) Tense**

**Singular**

**Plural**

I will weight-lift      We will weight-lift  
You will weight-lift      You will weight-lift  
He/She/It will weight-lift      They will weight-lift

**Weight-lift in Future Continuous (Progressive) Tense**

**Singular**

**Plural**

I will be weight-lifting      We will be weight-lifting  
You will be weight-lifting      You will be weight-lifting  
He/She/It will be weight-lifting      They will be weight-lifting

**Weight-lift in Future Perfect Tense**

**Singular**

**Plural**

**I will have weight-lifted**

**We will have weight-lifted**

**You will have weight-lifted**

**You will have weight-lifted**

**He/She/It will have weight-lifted**

**They will have weight-lifted**

**Weight-lift in Future Perfect Continuous Tense**

**Singular**

**Plural**

**I will have been weight-lifting**

**We will have been weight-lifting**

**You will have been weight-lifting**

**You will have been weight-lifting**

**He/She/It will have been weight-lifting**

**They will have been weight-lifting**