

weight-lifted

The past tense of weight-lift is weight-lifted

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The Forms of Weight-lift

Infinitive	to weight-lift
Present Tense	weight-lift / weight-lifts
Past Tense	weight-lifted
Present Participle	weight-lifting
Past Participle	weight-lifted

Conjugate Weight-lift

Weight-lift in Present Simple (Indefinite) Tense

Singular

Plural

I **weight-lift** We **weight-lift**
You **weight-lift** You **weight-lift**
He/She/It **weight-lifts** They **weight-lift**

Weight-lift in Present Continuous (Progressive) Tense

Singular

Plural

I **am weight-lifting** We **are weight-lifting**
You **are weight-lifting** You **are weight-lifting**
He/She/It **is weight-lifting** They **are weight-lifting**

Weight-lift in Present Perfect Tense

Singular

Plural

I **have weight-lifted** We **have weight-lifted**
You **have weight-lifted** You **have weight-lifted**
He/She/It **has weight-lifted** They **have weight-lifted**

Weight-lift in Present Perfect Continuous Tense

Singular

Plural

I **have been weight-lifting** We **have been weight-lifting**
You **have been weight-lifting** You **have been weight-lifting**
He/She/It **has been weight-lifting** They **have been weight-lifting**

Weight-lift in Past Simple (Indefinite) Tense

Singular

Plural

I **weight-lifted** We **weight-lifted**
You **weight-lifted** You **weight-lifted**
He/She/It **weight-lifted** They **weight-lifted**

Weight-lift in Past Continuous (Progressive) Tense

Singular

Plural

I was weight-lifting We were weight-lifting
You were weight-lifting You were weight-lifting
He/She/It was weight-lifting They were weight-lifting

Weight-lift in Past Perfect Tense

Singular

Plural

I had weight-lifted We had weight-lifted
You had weight-lifted You had weight-lifted
He/She/It had weight-lifted They had weight-lifted

Weight-lift in Past Perfect Continuous Tense

Singular

Plural

I had been weight-lifting We had been weight-lifting
You had been weight-lifting You had been weight-lifting
He/She/It had been weight-lifting They had been weight-lifting

Weight-lift in Future Simple (Indefinite) Tense

Singular

Plural

I will weight-lift We will weight-lift
You will weight-lift You will weight-lift
He/She/It will weight-lift They will weight-lift

Weight-lift in Future Continuous (Progressive) Tense

Singular

Plural

I will be weight-lifting We will be weight-lifting
You will be weight-lifting You will be weight-lifting
He/She/It will be weight-lifting They will be weight-lifting

Weight-lift in Future Perfect Tense

Singular

Plural

I will have weight-lifted

We will have weight-lifted

You will have weight-lifted

You will have weight-lifted

He/She/It will have weight-lifted **They will have weight-lifted**

Weight-lift in Future Perfect Continuous Tense

Singular

Plural

I will have been weight-lifting

We will have been weight-lifting

You will have been weight-lifting

You will have been weight-lifting

He/She/It will have been weight-lifting **They will have been weight-lifting**