

Need another word that means the same as "worry"? Find 100 synonyms and 30 related words for "worry" in this overview.

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The synonyms of "Worry" are: concern, interest, occupy, care, vex, concerning, perturbing, niggling, unsettling, harassing, harrying, fret, be worried, be concerned, be anxious, agonize, brood, dwell on, panic, get in a panic, lose sleep, get worked up, get in a fluster, get overwrought, be on tenterhooks, trouble, bother, cause anxiety, make anxious, disturb, distress, upset, disquiet, discompose, agitate, unsettle, perturb, frighten, alarm, scare, fluster, flurry, stress, strain, tax, harass, torment, plague, bedevil, besiege, irk, chew, bite, nibble, munch, crunch, champ, chomp, masticate, attack, savage, maul, mutilate, mangle, go for, tear at, tear to pieces, claw, gnaw at, lacerate, shake, pull at, headache, vexation, anxiety, disturbance, perturbation, uneasiness, unease, disquietude, disconcertment, fretfulness, restlessness, nervousness, nerves, agitation, edginess, tension, tenseness, problem, cause for concern

Worry as a Noun

Definitions of "Worry" as a noun

According to the <u>Oxford Dictionary of English</u>, "worry" as a noun can have the following definitions:

- A strong feeling of anxiety.
- A source of anxiety.



- Something or someone that causes anxiety; a source of unhappiness.
- The state of being anxious and troubled over actual or potential problems.



Synonyms of "Worry" as a noun (28 Words)

A state of agitation or turbulent change or development. agitation

She was wringing her hands in **agitation**.

(psychiatry) a relatively permanent state of worry and nervousness

occurring in a variety of mental disorders, usually accompanied by

anxiety compulsive behavior or attacks of panic.

He felt a surge of anxiety.

Effort, trouble, or difficulty. bother

He saved me the **bother** of having to come up with a speech.

An object of concern or attention. care

No medical care was required.

cause for concern A justification for something existing or happening.



concern Something that interests you because it is important or affects you.

New York traffic is a constant concern.

disconcertment The state or feeling of being disturbed or unsettled. **Disconcertment** at a first reading is very common.

A feeling of mild anxiety about possible developments.

disquiet

Public disquiet about animal testing.

disquietude A state of uneasiness or anxiety.

Such passages reflect a sense of **disquietude** of alienation even.

distress Psychological suffering.

The death of his wife caused him great **distress**.

disturbance A noisy fight.

A helicopter landing can cause **disturbance** to residents.

edginess Feelings of anxiety that make you tense and irritable.

fretfulness An irritable petulant feeling.

headache Something or someone that causes anxiety; a source of unhappiness.

She complained of a severe **headache**.

nerves Control of your emotions.

He suffered an attack of nerves.

nervousness A sensitive or highly strung temperament.

There was a trace of **nervousness** in his voice.

(physics) a secondary influence on a system that causes it to deviate

perturbation slightly.

tenseness

Frank s atheism was more than a **perturbation** to Michael.

problem A state of difficulty that needs to be resolved.

Urban **problem**s such as traffic congestion and smog.

restlessness A feeling of agitation expressed in continual motion.

The **restlessness** of the wind.

A state of tension or exhaustion resulting from severe demands on

one's strength or resources.

strain

The mental strain of staying alert hour after hour was too much for

him.

The relative prominence of a syllable or musical note especially with

stress regard to stress or pitch.

The distribution of **stress** is uniform across the bar.

The physical condition of being stretched or strained.

He could feel the **tenseness** of her body.



upset

A relationship between ideas or qualities with conflicting demands or

tension implications.

He suffered from fatigue and emotional **tension**.

Public unrest or disorder.

trouble

That s the trouble with capitalism.

The trait of seeming ill at ease.

Public **unease** about defence policy.

uneasiness A feeling of anxiety or discomfort.

The media often express a general **uneasiness** with animal research.

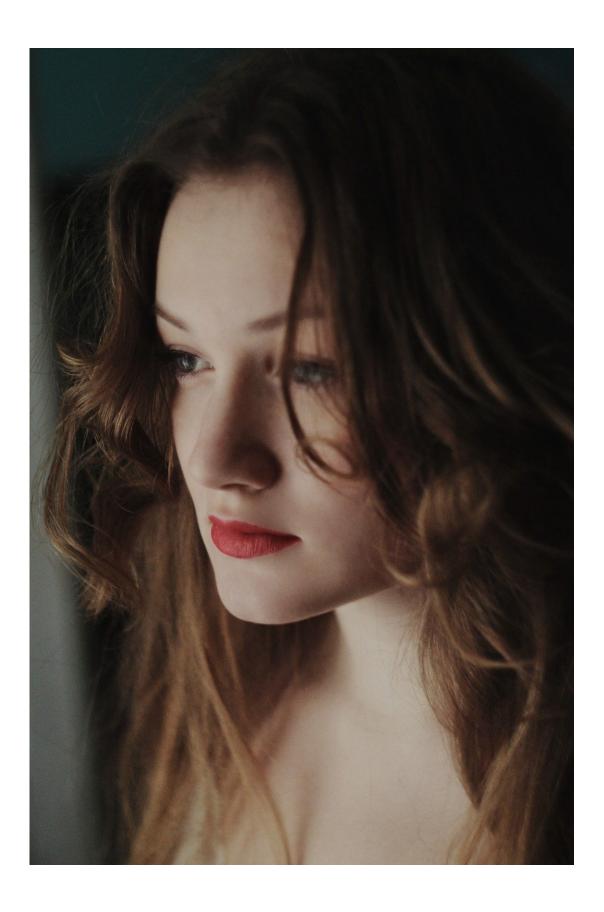
The act of upsetting something.

The greatest **upset** *in boxing history.*

vexation Something or someone that causes anxiety; a source of unhappiness.

Jenna bit her lip in vexation.

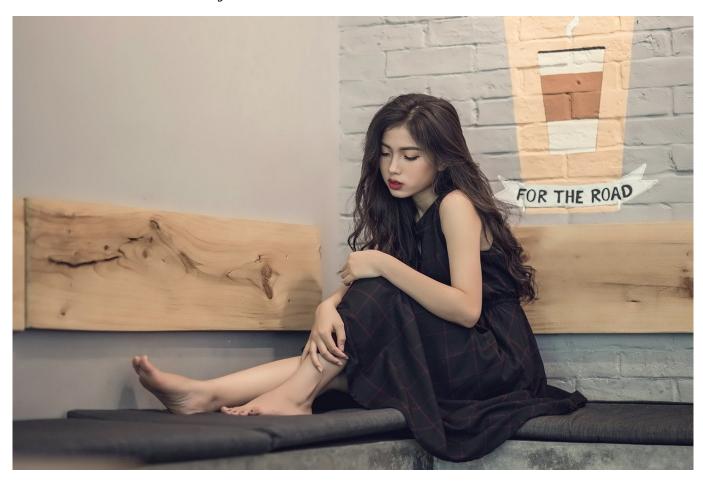






Usage Examples of "Worry" as a noun

- It's a major worry.
- He's demented with worry.
- His worry over the prospect of being fired.
- He's got financial worries.
- Her son had been a constant source of worry to her.
- It is not work but worry that kills.



Worry as a Verb

Definitions of "Worry" as a verb

According to the Oxford Dictionary of English, "worry" as a verb can have the following definitions:



- Feel or cause to feel anxious or troubled about actual or potential problems.
- Be on the mind of.
- Annoy or disturb.
- (of a dog or other carnivorous animal) tear at or pull about with the teeth.
- (of a dog) chase and attack (livestock, especially sheep.
- Lacerate by biting.
- Be concerned with.
- Be worried, concerned, anxious, troubled, or uneasy.
- Disturb the peace of mind of; afflict with mental agitation or distress.
- Touch or rub constantly.



Synonyms of "Worry" as a verb (72 Words)

agitate

Cause to be agitated excited or roused. The thought of questioning Toby **agitate**d him extremely.



agonize Cause to agonize.

I didn t **agonize** over the problem.

alarm Be fitted or protected with an alarm.

This door is locked and **alarm**ed between 11 p m and 6 a m.

attack Launch an attack or assault on begin hostilities or start warfare with.

The visiting team started to **attack**.

be anxious Be priced at.

be concerned Have the quality of being; (copula, used with an adjective or a

predicate noun.

be on tenterhooks Represent, as of a character on stage.be worried Represent, as of a character on stage.

Be confusing or perplexing to; cause to be unable to think clearly.

Projects like this are **bedevil**led by a shortage of cash.

Surround so as to force to give up.

The television station was **besiege**d with calls.

bite (of a person or animal) use the teeth to cut into or through something.

Once on the slab my boots failed to **bite**.

bother Feel concern about or interest in.

I m sorry to **bother** *you at this time of night.*

Be in a huff: be silent or sullen.

brood

Birds brood.

chew

Provide care for.

They don t care about human life.

cause anxiety Give rise to; cause to happen or occur, not always intentionally.

champ Chafe at the bit, like horses.

He was already on the plane **champ**ing to get off to Lagos.

Chew food to bite and grind with the teeth.

He was **chew**ing a mouthful of toast.

chomp Munch or chew noisily or vigorously.

The boy **chomp**ed his sandwich.

claw Attack as if with claws.

His fingers **claw**ed at the air.

Be relevant to.

concernThose **concern**ed in industry academia and government.

concerning Be relevant to.



Make a crunching sound especially when walking or driving over

<u>crunch</u> gravel or an icy surface.

His shoes were **crunch**ing on the gravel.

discompose Cause to lose one's composure.

Nothing could **discompose** her.

disquiet Make (someone) worried or uneasy.

It **disquiet**s us that he may be out of jail.

distressBring into difficulties or distress especially financial hardship.

I didn t mean to **distress** you.

disturb Destroy the peace or tranquility of.

I am **disturb**ed by the document I have just read.

dwell on Originate (in.

(especially of snow or leaves) be moved in small swirling masses by

flurry sudden gusts of wind.

The waiter flurried between them.

Be flustered behave in a confused manner.

The false start **fluster**ed me a bit.

fret Provide a musical instrument with frets.

Squelchy clay that **fret**ted between his toes.

Drive out by frightening.

frighten The government denies legal responsibility presumably to **frighten** off

other claimants.

get in a fluster Apprehend and reproduce accurately.

get in a panic Go through (mental or physical states or experiences.

get overwrought Purchase.

interest

get worked up Overcome or destroy.

gnaw at Bite or chew on with the teeth.

go for Follow a certain course.

harass Subject to aggressive pressure or intimidation.

This man **harass**es his female co workers.

harassing Annoy continually or chronically.

harrying Make a pillaging or destructive raid on (a place), as in wartimes.

Excite the curiosity of engage the interest of.

Efforts were made to interest her in a purchase.

Irritate; annoy.

It **irk**s her to think of the runaround she received.



Criticize forcefully or severely. lacerate

The point had **lacerate**d his neck.

lose sleep Retreat.

make anxious Make, formulate, or derive in the mind.

Press with a mangle. mangle **Manale** the sheets.

Grind and knead.

masticate Try to **masticate** slowly.

Take part in a maul. maul

The body was badly **maul**ed in battle.

Eat (something) steadily and often audibly. munch

Russell **munch**ed his breakfast toast.

Destroy or injure severely. mutilate

The fine carved screen was **mutilate**d in the 18th century.

Take small bites out of. nibble She **nibble**d at her food.

Argue over petty things.

niggling Fill or preoccupy the mind.

occupy The young prince will soon **occupy** the throne.

Feel or cause to feel panic.

panic The crowd **panic**ked and stampeded for the exit.

Make (someone) anxious or unsettled.

She was rather **perturb**ed by the news that her father was seriously perturb

perturbing Disturb in mind or make uneasy or cause to be worried or alarmed.

Annoy continually or chronically. <u>plaque</u> He has been **plague**d by ill health.

Bring, take, or pull out of a container or from under a cover. pull at

Criticize harshly or violently.

savage Police are rounding up dogs after a girl was **savage**d.

Become scared.

scare I don t think I **scare** easily.

Shake a body part to communicate a greeting feeling or cognitive

shake state.

My faith has been **shake**n.



upset

vex

Separate by passing through a sieve or other straining device to

strain separate out coarser elements.

Straining our ears to hear.

stress Put stress on utter with an accent.

They **stress**ed the need for reform.

Levy a tax on.

An officer **tax**ing a bill of costs.

tear at To separate or be separated by force.

tear to pieces Strip of feathers.

torment Torment emotionally or mentally.

The children **torment**ed the stuttering teacher.

trouble Take the trouble to do something concern oneself.

Could I trouble you for a receipt.

unsettle Disturb the composure of.

The crisis has **unsettle**d financial markets.

unsettling Disturb the composure of.

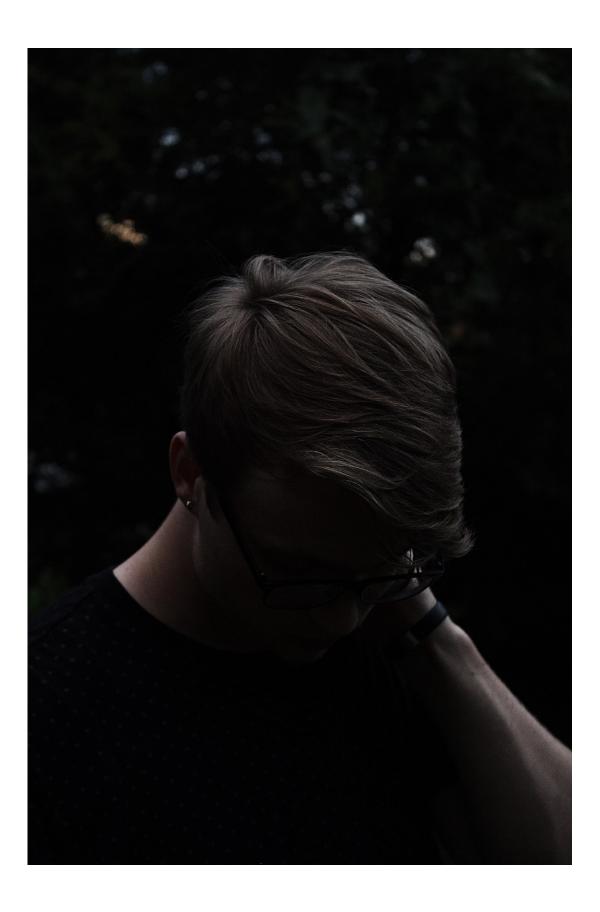
Cause to lose one's composure.

The dam will **upset** the ecological balance.

Subject to prolonged examination, discussion, or deliberation.

The memory of the conversation still **vex**ed him.







Usage Examples of "Worry" as a verb

- A farmer shot a dog that had been worrying sheep.
- *I began to worry whether I had done the right thing.*
- I worry about my job.
- The noise never really stops, but it doesn't worry me.
- I found my dog contentedly worrying a bone.
- He worried about his soldier sons in the war.
- I worry about the second Germanic consonant shift.
- There was no need to worry her.
- I cannot sleep-my daughter's health is worrying me.
- I worry about my grades.







Associations of "Worry" (30 Words)

afraid Anxious about the well-being or safety of.

Afraid for his life.

annoy

Cause annoyance in disturb especially by minor irritations.

Your damned cheerfulness has always **annoy**ed me.

annoyance The act of troubling or annoying someone.

He turned his charm on Tara much to Hegarty s annoyance.

Slightly angry; irritated.

annoyed Kelly was annoyed with him.

anxious Eagerly desirous.

Cast anxious glances behind her.

anxiously With anxiety or apprehension.

We watched anxiously.

apprehensive Anxious or fearful that something bad or unpleasant will happen.

Apprehensive about her job.

bother A person or thing that causes annoyance or difficulty.

A spot of bother.

ChagrinFeel distressed or humiliated.

He was **chagrin**ed when his friend poured scorn on him.

concern Anxiety; worry.

The story **concern**s a friend of mine.

distracted Having the attention diverted especially because of anxiety.

Charlotte seemed too **distracted** to give him much attention.

distress

Bring into difficulties or distress especially financial hardship.

Please don t distress yourself.

disturb Change the arrangement or position of.

I am **disturb**ed by the document I have just read.

disturbing Causing distress or worry or anxiety.

Distressing or **disturbing** news.

headache A continuous pain in the head.

She complained of a severe **headache**.

inconvenience To cause inconvenience or discomfort to.

The **inconvenience** of having to change trains.

incubus A nightmare.

Debt is a big **incubus** in developing countries.



irritation A sudden outburst of anger.

Any food produced **irritation** of the stomach.

An act which is harmful or offensive to the public or a member of it and

nuisance for which there is a legal remedy.

It s a **nuisance** having all those people clomping through the house.

offend Cause to feel upset, annoyed, or resentful.

The smell of ash **offend**ed him.

solicitude Care or concern for someone or something.

I was touched by his **solicitude**.

terrifying Causing extreme fear.

The **terrifying** events of the past few weeks.

trouble Take the trouble to do something concern oneself.

Their helicopter developed engine **trouble**.

Conducive to or feeling mental discomfort.

uncomfortable The teacher's presence at the conference made the child very

uncomfortable.

Lacking a sense of security or affording no ease or reassurance.

She felt quilty now and a little **uneasy**.

upsetThe act of upsetting something.

She didn t realize the **upset** she caused me.

Make (someone) feel annoyed, frustrated, or worried, especially with

trivial matters.

Vex
I wouldn t vex it will be just great if whoever borrow the pump just bring

it back.

The state of being annoyed, frustrated, or worried.

The **vexation**s of life under canvas.

worried Anxious or troubled about actual or potential problems.

Worried parents.

worrying Causing anxiety about actual or potential problems; alarming.

Vigorous **worrying** finally loosened the saw.



